

Nurse-Family Partnership

A Nurse Home Visiting Program for first-time parents and their families.
(Based on the David Olds Nurse Home Visitor protocols.)

What: The Nurse Family Partnership is a research-based program that provides intensive home visiting services to first time, income qualifying expectant parents.

How: Each Public Health Nurse follows approximately 25 families until their child reaches their 2nd birthday. Families are offered an average of 2 home/community visits per month, with weekly visits for the first 4 weeks of enrollment and the first 6 weeks after the baby is born. Access to community-based services, including mental health services are provided via referral to assist parents to meet their goals.

Why: In replicated research studies this intensive home visiting model was found to have very positive outcomes, including a reduction in maternal challenges due to substance and/or alcohol use, fewer ER visits for childhood injuries, a reduction and/or delay of subsequent pregnancies. The babies involved in this program perform better in school and have fewer arrests later in life.

Referral Criteria:

- First live birth
- Less than **28** weeks pregnant
- Eligible for Medicaid (Apple Health)

*City of Seattle up to **300% FPL, 2025** rates: (1 person/\$46,950, 2 people/\$63,450, 3 people/\$79,950)

Languages Served:

- Amharic, English, Ilocano, Mandarin, Somali, Spanish, Swahili, Tagalog and Vietnamese.

For more information or to make a referral contact: 206-477-6262



Kingcounty.gov/NFP/Enrollment

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