**High School FLASH: Facilitator Fidelity Log**

**Lesson 9: Abstinence**

1. Please fill out basic information about the session.

|  |  |  |
| --- | --- | --- |
| Facilitator name: | Location and class period: | Date: |

1. Please indicate which activities were completed, whether modifications were made, and if so, a description of the modifications.

|  |  |  |
| --- | --- | --- |
|  | **Activity completed?** | **Please describe any modifications** |
| **NO** | **YES, completely** | **YES, with modification(s)** |  |
| 1. Warm-up
 |  |  |  |
| 1. Define abstinence
 |  |  |  |
| 1. Introduce refusal skill steps
 |  |  |  |
| 1. Lead refusal skill demo
 |  |  |  |
| 1. Practice
 |  |  |  |
| 1. Debrief
 |  |  |  |
| 1. Assign homework
 |  |  |  |
| 1. Exit ticket
 |  |  |  |

1. Please indicate which of the following FLASH key concepts you stated during your teaching.

|  |  |
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|  | **Concept covered?** |
| **NO** | **YES** | **Not Applicable** |
| Abstinence is choosing not to have oral, anal, and vaginal sex. |  |  |  |
| Most high school students are abstinent. |  |  |  |
| Abstaining from oral, anal and vaginal sex means a person does not have to worry about pregnancy or STDs. |  |  |  |
| People of every sexual orientation and gender identity choose abstinence. |  |  |  |
| People can choose abstinence at any point in their life, whether or not they have had sex before. |  |  |  |