

High School FLASH Family Homework

One of the goals of the FLASH unit is to increase parent and teen communication about sexual health. Research shows that teens would like to talk more about these issues with a parent or other trusted adult, and that these conversations play a very important role in helping teens prevent pregnancy, STDs and HIV. FLASH includes Family Homework to make these discussions easier and more frequent.

Each FLASH lesson has a Family Homework question for the student and adult to talk about together. It is a chance to talk about the topics in FLASH and share your beliefs, and the beliefs of your family or culture. Teachers will not ask about Family Homework conversations. Family Homework is recommended but it is not required. Students can complete an individual homework assignment for the same credit.

Thank you for taking the time to read about Family Homework. We hope it helps you and your teen have valuable discussions. To complete the Family Homework assignments, simply discuss the question for each day's lesson. Adults should initial each lesson they discussed with their young person and sign in the space provided below.

Signature of adult

Name of student

FLASH Family Homework Questions	Initials of adult
Lesson 1: Climate Setting There is no question for today's lesson. Please read the information on this page about FLASH Family Homework.	
Lesson 2: Reproductive System Why do you think it's important to learn about the reproductive system?	
Lesson 3: Pregnancy Did you learn anything about pregnancy today that surprised you?	
Lesson 4: Sexual Orientation & Gender Identity Why is it important for people to feel good about their identities?	
Lesson 5: Gender Stereotypes What are some gender stereotypes that you think are harmful? What should we do to try to change them?	
Lesson 6: Healthy Relationships	

<p>Describe a relationship you have seen or read about. What characteristics of this relationship do you think are healthy, unhealthy, or warning signs of abuse?</p>	
<p>Lesson 7: Coercion and Consent Why do you think it's important to always have consent in a sexual situation? What should a person do if they're not sure if they have the other person's consent?</p>	
<p>Lesson 8: Online Safety What do you each already do to stay safe online? How can you help each other to stay safe online?</p>	
<p>Lesson 9: Abstinence How do you feel about teens dating? When do you think a person is ready to have sex?</p>	
<p>Lesson 10: Birth Control Methods How do you feel about people using birth control to prevent pregnancy?</p>	
<p>Lesson 11: Preventing HIV and other STDs What do you think a person should discuss with their partner about STDs and HIV?</p>	
<p>Lesson 12: Condoms When do you think someone should use a condom?</p>	
<p>Lesson 13: Testing for STDs and HIV What advice would you give teens who are worried that they might have an STD or HIV? For example, who should they tell, and where should they go for help?</p>	
<p>Lesson 14: Communication and Decision Making What kinds of things are important to think about when making a decision with someone else?</p>	