

Middle School FLASH Family Homework

One of the goals of the FLASH unit is to increase parent and teen communication about sexual health. Research shows that teens would like to talk more about these issues with a parent or other trusted adult, and that these conversations play a very important role in helping teens prevent pregnancy, STDs and HIV. FLASH includes Family Homework to make these discussions easier and more frequent.

Each FLASH lesson has a Family Homework question for the student and adult to talk about together. It is a chance to talk about the topics in FLASH and share your beliefs, and the beliefs of your family or culture. Teachers will not ask about Family Homework conversations. Family Homework is recommended but it is not required. Students can complete an individual homework assignment for the same credit.

Thank you for taking the time to read about Family Homework. We hope it helps you and your teen have valuable discussions. To complete the Family Homework assignments, simply discuss the question for each day's lesson. Adults should initial each lesson they discussed with their young person and sign in the space provided below.

Signature of adult

Name of student

FLASH Family Homework Questions	Initials of adult
Lesson 1: Reproductive System and Pregnancy Did you learn anything about pregnancy or the reproductive system today that surprised you?	
Lesson 2: Sexual Orientation and Gender Identity What identity of yours do you feel especially proud of?	
Lesson 3: Rules of Dating If you could choose one rule for all teens and young adults to follow about dating, what would it be?	
Lesson 4: Saying No When do you think it's okay for a person to start dating?	
Lesson 5: Preventing STDs What do you think would help people learn how to prevent STDs, including HIV?	
Lesson 6: Condoms to Prevent HIV and Other STDs What advice would you give a young adult about using condoms?	