

# MA OGTAHAY IN BAARITAANKA MAKAAANKA AFKIISA UU JOOJIN KARO KANSARKA KAHOR INTA UUSAN BILAABAN?



Baaritaanka makaanka afkiisa waa mid ka mid ah siyaabaha ugu wanaagsan ee aad naftaada uga dhawri karto kansarka makaanka.

# MA OGTAHAY IN BAARITAANKA KANSARKA NAASAHA UU NOLOSHAADA BADBAADIN KARO?



Tijaabada baaritaanka waxaa waqti hore lagu ogaan karaa kansarka naasaha marka ay fursadaha badbaadadu aad u sarreeyaan.

Soo ogoow haddii aad u qalanto baaritaan **BILAASH** ah adigoo wacaya Public Health – Seattle & King County ee Community Health Access Program (CHAP, Barnaamijka Helitaanka Caafimaadka Bulshada) ee Seattle & King County (CHAP) at 800-756-5437

Waxaad sidoo kale halkan bixiyahaaga ku weydiin kartaa isla hadeertaan!



Public Health  
Seattle & King County 

[kingcounty.gov](http://kingcounty.gov)

