

Free and Low-Cost Bicycle Helmets in King County

Organization	Contact Info	Details
Bicycle Rescue for Youth 26823 312 th Ave SE Ravensdale, WA 98051	Website: www.bicyclerescueforyouth.org (206) 369-8230	Offers free refurbished bikes to youth from low-income families in South King County, usually at community events and food banks. Every recipient of a bike also receives a new bicycle helmet fit personally to their head.
Bike Works 3715 S Hudson Street, Suite #111 Seattle, WA 98118 Community Bike Shop: 3709 S Ferdinand Street Seattle, WA 98118	Website: https://bikeworks.org/bikes-for-all/ Email: info@bikeworks.org Office: (206) 695-2522 Bike Shop: (206) 725-8867	Bike Works' "Bikes-for-All" program provides free bicycles and helmets to youth, adults, and families living in SE Seattle and parts of South King County. Applications from individuals and organizations are accepted on a rolling basis and fulfilled on a first come, first serve basis via the Bikes-for-All website.
Bird Bikeshare	Email: Shiraz Rosenthal shiraz.rosenthal@bird.co	Free helmets for distribution through events and other distribution channels.
Bothell Fire Department 18415 101st Avenue NE Bothell, WA 98011	Website: https://www.bothellwa.gov/466/Bike-Helmet-Program For appointments, contact Erin: FireEducation@bothellwa.gov (425) 806-6260	Offers bike helmets and fittings for ages 8 and up. Helmets are available in sizes S, M, L, and XL. A \$10 suggested donation is encouraged for those able to pay.
Cascade Bicycle Club 7787 62 nd Ave. NE, Seattle, WA 98115	Website: https://cascade.org/resources/beginner-tips-biking Email: info@cascade.org (206) 522-2222	Offers \$15 helmets in sizes S, M, L, & XL (no toddler sizes), payable in cash or check. To buy a helmet, stop by the Cascade Bicycle Club office.
Eastside Fire and Rescue 175 Newport Way NW, Issaquah, WA 98027	For appointments, contact Catherine Breault, Public Information Officer: cbreaultH@esf-r.org (425) 471-9407	Serving Issaquah, Mercer Island, North Bend, Sammamish, the Snoqualmie Tribe, Woodinville, and Fire Districts 10 and 38. Offers free helmets for children and their adult caregivers. Must schedule an appointment.

Organization	Contact Info	Details
Fall City King County Fire District #27 4301 334th Place SE Fall City, WA 98024	Website: https://www.king27fire.com/public-education (425) 222-5841	Low-cost helmets (suggested donation of \$10) are available at the fire station. Call or visit the station for additional details.
First Five Years and Beyond 302 West Harrison St., Suite 101 Kent, WA 98032	Website: https://www.firstfivebeyond.org/ (206) 832-6518	Offers free helmets. Contact: janet@ffyb.org
Lime Bikes	Email: Parker Dawson parker.dawson@li.me	Free helmets for distribution events and other distribution channels.
Puget Sound Regional Fire Authority 20811 84 th Ave South Kent, WA 98032	Website: https://pugetsoundfire.org/ Contact Public Education: (253) 856-4482	Free helmets are available for Puget Sound Fire area residents of the cities of Covington, Kent, Maple Valley, SeaTac, Tukwila, and Fire Districts 37 & 43. Please call for more information and to schedule a fitting.
Redmond Police Department 8701 160th Ave NE Redmond, WA 98052	Website: https://www.redmond.gov/708/Services-We-Offer For appointments, contact Aggie Dennehy: adennehy@redmond.gov (425) 556-2500	Offers \$10 helmets for children and adults (cash only). Call or email to make an appointment for a fitting.
Seattle Children's Hospital 4800 Sand Point Way NE Seattle, WA 98105	Website: https://www.seattlechildrens.org/health-safety/injury-prevention/bike-helmet-safety/ Email: classes@seattlechildrens.org	Offers free helmets for kids at some community events. Kids must be present to be properly fitted. Upcoming events will be listed on their website and social media.
Seattle Department of Transportation (SDOT) in partnership with Seattle Customer Service Centers (CSCs) Link for addresses and hours of each CSC: Customer Service Centers - Customer Service Centers seattle.gov	Website: https://seattle.gov/transportation/projects-and-programs/programs/bike-program/how-to-use-scooter-share-and-bike-share#helmets Email: ScooterShare@seattle.gov or BikeShare@seattle.gov (206) 375-2344	Free adult helmets at six Seattle CSCs located throughout the city. Helmets are provided by Bird and Lime and limited to 1 per adult. Sizes are limited. Check out the flyer for more information. Flyer also available in Amharic , Korean , Somali , Spanish , Tagalog , Traditional Chinese , and Vietnamese .

Organization	Contact Info	Details
Seattle Safe Routes to School	Website: https://www.seattle.gov/transportation/projects-and-programs/safety-first/safe-routes-to-school/incentives	Free helmets for schools who are promoting biking to school (Seattle K-12 schools - public or private) available
Valley Regional Fire Authority Headquarters - Station #31 1101 D Street NE Auburn, WA 98002	Website: https://www.vrfa.org/docs/bike-wheels-safety/ (253) 288-5800	Offers bike helmets for people living in Auburn, Algona, and Pacific. Free for those with limited incomes. Donations are also appreciated. Measure head circumference using bike helmet size guide on this website: www.vrfa.org . Then call station to place order and arrange pick up. Custom fitting available upon request.

Unique or Bulk Providers	Contact Info	Details
BOLD Helmets	Website: https://www.boldhelmets.com/collections	Helmets specifically designed for Sikh kids.
Helmets R Us	Website: https://helmetsrus.net/ (253) 627-2121	Offers bulk helmet orders via website. Several styles and sizes available. Minimum 24 per order but purchaser can mix and match sizes and types. Shipping charges additional.
ProRider Economy Bike Helmets	Website: https://www.prorider.com/org/ 1(800) 642-3123	Offers several styles and sizes. Shipping charges additional but company will waive if helmets are picked up in person (from their Kent warehouse).

To access this information: [Bike helmets and bicycle safety](#)

