## Free and Low-Cost Bicycle Helmets in King County

Organization	Contact Info	Details
Bicycle Rescue for Youth	Website: <a href="https://www.bicyclerescueforyouth.org">www.bicyclerescueforyouth.org</a> 206-369-8230	Offers free refurbished bikes to youth from low-income families in South King County, usually at community events and food banks. Every recipient of a bike also receives a new bicycle helmet fit personally to their head.  Also ask about basic bicycle maintenance classes for youth.
Bike Works  Office and Classrooms: 3715 S Hudson Street, Suite #111 (Lower Level) Seattle, WA 98118  Community Bike Shop: 3709 S Ferdinand Street Seattle, WA 98118	Email: info@bikeworks.org  Main Website: www.bikeworks.org  Bikes-for-All Website: https://bikeworks.org/bikes-for-all/  Webstore: https://shop.bikeworks.org/  Office: (206) 695-2522  Bike Shop: (206) 725-8867	Bike Works' "Bikes-for-All" program provides free bicycles and helmets to youth, adults, and families living in SE Seattle and parts of South King County.  Applications from individuals and organizations are accepted on a rolling basis and fulfilled on a first come, first serve basis via the Bikes-for-All website.  The Community Bike Shop is open every day except Wednesday. Please check website for current business hours: <a href="https://bikeworks.org/bike-shop/">https://bikeworks.org/bike-shop/</a>
Bothell Fire Department  18415 101st Avenue NE Bothell, WA 98011	For appointments, contact Erin: (425) 806-6260  Website: <a href="https://www.bothellwa.gov/466/Bike-Helmet-Program">https://www.bothellwa.gov/466/Bike-Helmet-Program</a> (425) 806-6242	Offers bike helmets and fittings for ages 8 and up. Helmets are available in sizes S, M, L, and XL. A \$10 suggested donation is encouraged for those able to pay.  To set up a helmet appointment, email FireEducation@bothellwa.gov or call 425-806-6260.

Cascade Bicycle Club  7787 62 <sup>nd</sup> Ave. NE, Seattle 98115 Island, North Bend, Sammamish  7787 62nd Ave NE  Seattle, WA 98115	Email: info@cascade.org  Website: https://cascade.org/resources/beginner-tips-biking/helmet-fit  206-522-2222	Offers \$15 helmets in sizes S, M, L, & XL (no toddler sizes), payable in cash or check. These helmets are Model 09 from Helmets R Us ( <a href="https://helmetsrus.net/">https://helmetsrus.net/</a> ).  Offers \$15 helmets in sizes S, M, L, & XL (no toddler sizes), payable in cash or check. These helmets are Model 09 from Helmets R Us ( <a href="https://helmetsrus.net/">https://helmetsrus.net/</a> ).  To buy a helmet, stop by the Cascade Bicycle Club office any time Monday – Friday between 10 AM and 3 PM.
Eastside Fire and Rescue  Serving Issaquah, Mercer Island, North Bend, Sammamish, the Snoqualmie Tribe, Woodinville, and Fire Districts 10 and 38.  175 Newport Way NW, Issaquah 98027	Contact Catherine, Public Information Officer, at <a href="mailto:cbreault@esf-r.org">cbreault@esf-r.org</a> or 425-471-9407 to schedule a time to come in person to get fitted.	Offers free helmets for children and their adult caregivers
Fall City - King County Fire District #27  4301 334th Place SE Fall City, WA 98024	Website: https://www.king27fire.com/public-education  (425) 222-5841	Low-cost helmets (suggested donation of \$10) are available at the fire station. Call or visit the station for additional details.
Puget Sound Regional Fire Authority Serving the cities of Covington, Kent, Maple Valley, SeaTac, Tukwila, and Fire Districts 37 & 43	For information, contact Public Education: (253) 856-4482  Website: <a href="https://pugetsoundfire.org/">https://pugetsoundfire.org/</a>	Free helmets available for Puget Sound Fire area residents. Please call for more information or to schedule a helmet fitting.
Redmond Police Department  8701 160th Ave NE Redmond, WA 98052	For appointment, contact Aggie Dennehy: <a href="mailto:adennehy@redmond.gov">adennehy@redmond.gov</a> or 425-556-2500  Website: <a href="mailto:https://www.redmond.gov/708/Services-We-Offer">https://www.redmond.gov/708/Services-We-Offer</a>	Offers \$10 helmets for children and adults (cash only). Call or email to make an appointment for a fitting.

Seattle Children's Hospital  4800 Sand Point Way NE Seattle, WA 98105	Email: <a href="mailto:classes@seattlechildrens.org">classes@seattlechildrens.org</a> Website: <a href="https://www.seattlechildrens.org/health-safety/keeping-kids-healthy/prevention/health-safety/">https://www.seattlechildrens.org/health-safety/keeping-kids-healthy/prevention/health-safety/</a>	Offers free helmets for kids 1 – 18 years old at community events and health fairs. To get a helmet, kids must be present to be properly fitted. Families can find a list of helmet giveaway events on the website. The website also includes a "How to Fit Your Child's Bike Helmet" video and helmet fitting instructions in multiple languages.
Seattle Department of Transportation in Partnership with Seattle Customer Service Centers (CSCs)  Distribution at the Ballard CSC, Central CSC, Lake City CSC, Southeast CSC, Southwest CSC, and University CSC.  Link for addresses and hours of each CSC: Customer Service Centers   seattle.gov	Email: ScooterShare@seattle.gov or BikeShare@seattle.gov  Phone: (206) 375-2344  Website: Seattle.gov/ScooterShare  Helmet Info on Website: https://seattle.gov/transportation/projects-and-programs/programs/bike-program/how-to-use-scooter-share-and-bike-share#helmets	The Seattle Department of Transportation's Scooter Share and Bike Share programs give out free helmets at six Seattle Customer Service Centers (CSCs) located throughout the city. The locations handing out helmets include the Ballard CSC, Central CSC, Lake City CSC, Southeast CSC, Southwest CSC, and University CSC. The Downtown CSC is excluded from this program.  Helmets are limited to 1 per adult, and sizes are limited. Helmets are provided by Bird, Lime, and Veo. Check out our flyer for more information (also available in Amharic, Korean, Somali, Spanish, Tagalog, Traditional Chinese, and Vietnamese).
Shoreline Fire Department - King County Fire District #16  Kenmore Station # 51 7220 NE 181st Street Kenmore, WA 98028	Website: <a href="https://www.shorelinefire.com/">https://www.shorelinefire.com/</a> (425) 354-1780	Station 51 Business hours: Monday thru Friday 8:30 a.m. until 3:30 pm.  Come in person to get personally fitted.  Requested donations: Toddler size \$8.00 Small through Large \$9.00 (Med & Large sizes may not always be available)

Valley Regional Fire Authority  Headquarters Station #31: 1101 D Street NE Auburn, WA 98002	Website: <a href="https://www.vrfa.org/docs/bike-wheels-safety/">https://www.vrfa.org/docs/bike-wheels-safety/</a> (253) 288-5800	Offers bike helmets for people living in Auburn, Algona, and Pacific. Free for those with limited incomes.  Donations are also appreciated. Measure head circumference using bike helmet size guide on this website: <a href="www.vrfa.org">www.vrfa.org</a> . Then call station to place order and arrange pick up. Custom fitting available upon request.
Unique or Bulk Providers	Contact Info	Details
BOLD Helmets	Website: https://www.boldhelmets.com/en-us	Helmets specifically designed for Sikh kids. Helmets cost \$69.99 each and are shipped from Canada.
Helmets R Us	Website: <a href="https://helmetsrus.net/">https://helmetsrus.net/</a> (253) 627-2121	Offers bulk helmet orders via website. Several styles and sizes available. Prices range from \$3.50 - \$11.95 per helmet. Minimum 24 per order but purchaser can mix and match sizes and types. Shipping charges additional.
ProRider Economy Bike Helmets	Website: <a href="https://www.prorider.com/org/">https://www.prorider.com/org/</a> 1-800-642-3123	Offers several styles and sizes. Prices start at \$5.95 per helmet. Shipping charges additional but company will waive if helmets are picked up in person (from their Kent warehouse).

To access this information electronically, simply search on the web for "King County free bike helmets".

Then click on the kingcounty.gov website that pops up.