

**Free and Low-Cost Bicycle Helmets in King County**

Organization	Contact Info	Details
<p><b>Bicycle Rescue for Youth</b> 26823 312<sup>th</sup> Ave SE Ravensdale, WA 98051</p>	<p><a href="http://www.bicyclerescueforyouth.org">www.bicyclerescueforyouth.org</a> (206) 369-8230</p>	<p>Offers free refurbished bikes to youth from low-income families in South King County, usually at community events and food banks. Every recipient of a bike also receives a new bicycle helmet fit personally to their head.</p>
<p><b>Bike Works</b> 3715 S Hudson Street, Suite #111 Seattle, WA 98118</p> <p><i>Community Bike Shop:</i> 3709 S Ferdinand Street Seattle, WA 98118</p>	<p><a href="http://www.bikeworks.org/bikes-for-all/">www.bikeworks.org/bikes-for-all/</a></p> <p>Email: <a href="mailto:info@bikeworks.org">info@bikeworks.org</a> Office: (206) 695-2522 Bike Shop: (206) 725-8867</p>	<p>Bike Works' "Bikes-for-All" program provides free bicycles to youth, adults, and families living in SE Seattle and parts of South King County. Applications from individuals and organizations are accepted on a rolling basis and fulfilled on a first come, first serve basis via the Bikes-for-All website.</p>
<p><b>Bothell Fire Department</b> 10726 Beardslee Blvd Bothell, WA 98011</p>	<p><a href="http://www.bothellwa.gov/466/Bike-Helmet-Program">www.bothellwa.gov/466/Bike-Helmet-Program</a></p> <p>Appointments: Monday - Friday 9:00 a.m. – 4:00 p.m. <a href="mailto:FireEducation@bothellwa.gov">FireEducation@bothellwa.gov</a></p>	<p>Offers bike helmets and fittings for children who may not be able to access them due to financial or other barriers. Helmets are available in sizes S, M, L, and XL. Appointments are held at Station 42. Children must be present to be fitted for the helmet.</p>
<p><b>Cascade Bicycle Club</b> 7787 62<sup>nd</sup> Ave. NE Seattle, WA 98115</p>	<p><a href="http://www.cascade.org/resources/beginner-tips-biking">www.cascade.org/resources/beginner-tips-biking</a> Email: <a href="mailto:info@cascade.org">info@cascade.org</a></p>	<p>Offers \$15 helmets in sizes S, M, L, &amp; XL (no toddler sizes), payable in cash or check.</p>
<p><b>Eastside Fire and Rescue</b> 175 Newport Way NW Issaquah, WA 98027</p>	<p><a href="http://www.info@esf-r.org">www.info@esf-r.org</a></p> <p>Appointments: 425-313-3200 Monday - Thursday 8:00 a.m. - 5:00 pm.</p>	<p>Serving Issaquah, Mercer Island, North Bend, Sammamish, the Snoqualmie Tribe, Woodinville, and Fire Districts 10, 38 and 45. Free helmets for children and their adult caregivers. Must schedule a fitting appointment.</p>
<p><b>Fall City</b> <b>King County Fire District #27</b> 4301 334th Place SE Fall City, WA 98024</p>	<p><a href="http://www.king27fire.com/public-education">www.king27fire.com/public-education</a> (425) 222-5841</p>	<p>Low-cost helmets (suggested donation of \$10) are available at the fire station. Call or visit the station for additional details.</p>

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<b>Lime Bikes</b>	Email: Parker Dawson <a href="mailto:parker.dawson@li.me">parker.dawson@li.me</a>	Free helmets for distribution events and other channels.
<b>Puget Sound Regional Fire Authority</b> 20811 84 <sup>th</sup> Ave South Kent, WA 98032	<a href="http://www.pugetsoundfire.org/">www.pugetsoundfire.org/</a> (253) 856-4480	Free helmets are available for residents of the cities of Covington, Kent, Maple Valley, SeaTac, Tukwila, and Fire Districts 37 & 43. Please call for more information and to schedule a fitting.
<b>Redmond Police Department</b> 8701 160th Ave NE Redmond, WA 98052	<a href="http://www.redmond.gov/708/Services-We-Offer">www.redmond.gov/708/Services-We-Offer</a>  Appointments: (425) 556-2500 Tuesday, 10:00 a.m. – 12:00 p.m. Thursday, 1:00 p.m. – 3:00 p.m. Email: <a href="mailto:pneorr@redmond.gov">pneorr@redmond.gov</a>	Offers \$10 helmets for children and adults (cash only). Call or email to make an appointment for a fitting.
<b>Seattle Department of Transportation</b> in partnership with <b>Seattle Customer Service Centers (CSCs)</b>  Addresses and hours of each CSC: <a href="#">Customer Service Centers - Customer Service Centers   seattle.gov</a>	<a href="http://www.seattle.gov/transportation/projects-and-programs/programs/bike-program/how-to-use-scooter-share-and-bike-share#helmets">www.seattle.gov/transportation/projects-and-programs/programs/bike-program/how-to-use-scooter-share-and-bike-share#helmets</a>  Email: <a href="mailto:ScooterShare@seattle.gov">ScooterShare@seattle.gov</a> or <a href="mailto:BikeShare@seattle.gov">BikeShare@seattle.gov</a> (206) 375-2344	Free adult helmets at six Seattle CSCs located throughout the city. Helmets are provided by Bird and Lime and limited to 1 per adult. Sizes are limited. Check out the <a href="#">flyer</a> for more information. Flyer also available in <a href="#">Amharic</a> , <a href="#">Korean</a> , <a href="#">Somali</a> , <a href="#">Spanish</a> , <a href="#">Tagalog</a> , <a href="#">Traditional Chinese</a> , and <a href="#">Vietnamese</a> .
<b>Seattle Safe Routes to School</b>	<a href="http://www.seattle.gov/transportation/projects-and-programs/safety-first/safe-routes-to-school/incentives">www.seattle.gov/transportation/projects-and-programs/safety-first/safe-routes-to-school/incentives</a>	Free helmets for schools who are promoting biking to school (Seattle K-12 schools - public or private) available.
<b>Valley Regional Fire Authority Headquarters - Station #31</b> 1101 D Street NE Auburn, WA 98002	<a href="http://www.vrfa.org/docs/bike-wheels-safety/">www.vrfa.org/docs/bike-wheels-safety/</a> (253) 288-5800	Offers bike helmets for people living in Auburn, Algona, and Pacific. Free for those with limited incomes. Donations appreciated. Measure head circumference using this guide: <a href="http://www.vrfa.org">www.vrfa.org</a> . Then call station to place order and arrange pick up. Custom fitting available upon request.

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Unique or Bulk Providers	Contact Info	Details
<b>BOLD Helmets</b>	<a href="http://www.boldhelmets.com/collections">www.boldhelmets.com/collections</a>	Helmets specifically designed for Sikh kids.
<b>Helmets R Us</b>	<a href="http://www.helmetsrus.net/">www.helmetsrus.net/</a> (253) 627-2121	Offers bulk helmet orders via website. Several styles and sizes available. Minimum 24 per order but purchaser can mix and match sizes and types. Shipping charges additional.
<b>ProRider Economy Bike Helmets</b>	<a href="http://www.prorider.com/org/">www.prorider.com/org/</a> 1(800) 642-3123	Offers several styles and sizes. Shipping charges additional but company will waive if helmets are picked up in person (from their Kent warehouse).

**More Information:**

[Bike helmets and bicycle safety](#)

