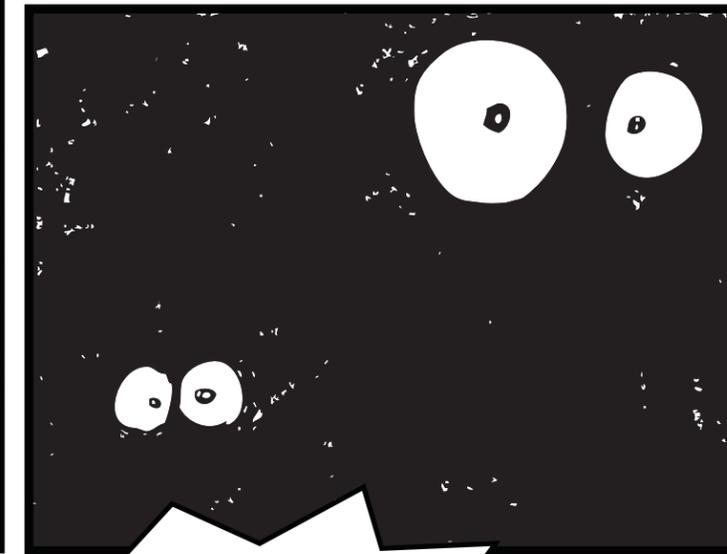


# READY FREDDIE!



**Coloring and Fun Activities!**



**THIS BOOK WAS DEVELOPED BY A STEERING COMMITTEE OF EMERGENCY PREPAREDNESS PUBLIC EDUCATORS IN KING COUNTY, WASHINGTON REPRESENTING THE FOLLOWING AGENCIES:**

- AMERICAN RED CROSS SERVING KING & KITSAP COUNTIES
- CITY OF BELLEVUE OFFICE OF EMERGENCY MANAGEMENT
- CITY OF FEDERAL WAY EMERGENCY MANAGEMENT
- CITY OF KENT OFFICE OF EMERGENCY MANAGEMENT
- CITY OF SEATTLE OFFICE OF EMERGENCY MANAGEMENT
- CITY OF SHORELINE OFFICE OF EMERGENCY MANAGEMENT
- KING COUNTY OFFICE OF EMERGENCY MANAGEMENT
- PUBLIC HEALTH - SEATTLE & KING COUNTY
- PUGET SOUND ENERGY

CONCEPT DEVELOPMENT BY MEREDITH LI-VOLLMER AND KIMBERLY BEHYMER  
STORY BY MEREDITH LI-VOLLMER  
ILLUSTRATIONS BY THOMAS WEBB  
DESIGN BY BAUER GRAPHICS, INC.



# WHEN THE POWER GOES OUT

IN THE PUGET SOUND AREA, THE POWER GOES OUT A LOT BECAUSE OF WEATHER, TREES...



WHEN THE POWER GOES OUT IN YOUR HOME, STAY WARM WITH LOTS OF CLOTHES AND BLANKETS.



OR FIND A WARM PLACE TO HANG OUT. TALK TO YOUR FAMILY ABOUT GOING TO A FRIEND'S HOME IF THEY HAVE POWER...



...OR A LIBRARY, MALL, OR OTHER PLACE WITH HEAT.



LISTEN TO THE NEWS TO FIND OUT IF YOUR CITY HAS PLACES TO GO TO STAY WARM.



WHEN YOU DON'T HAVE ELECTRICITY, USE FLASHLIGHTS.



NEVER BRING A GAS OR CHARCOAL GRILL INSIDE FOR COOKING OR HEAT.

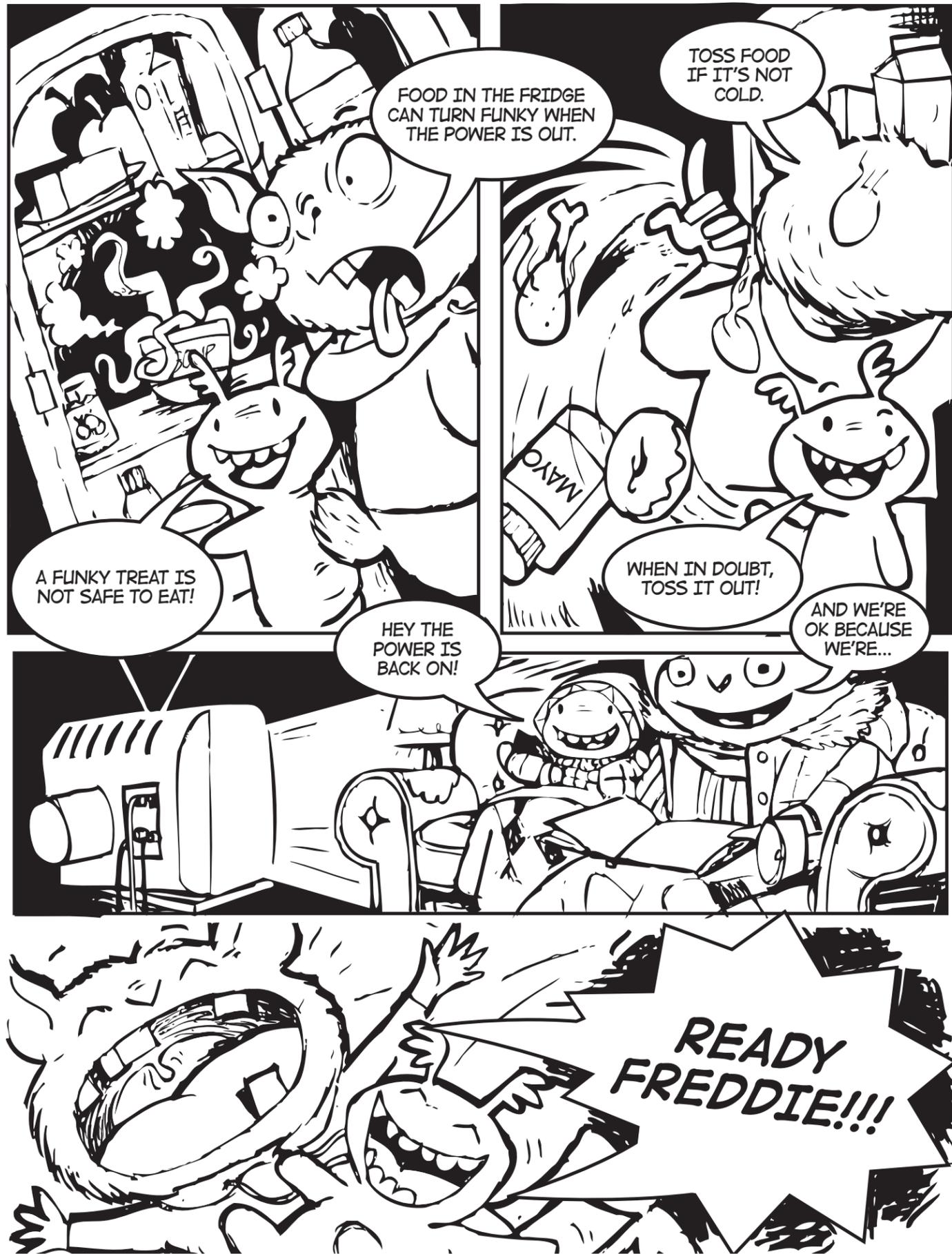


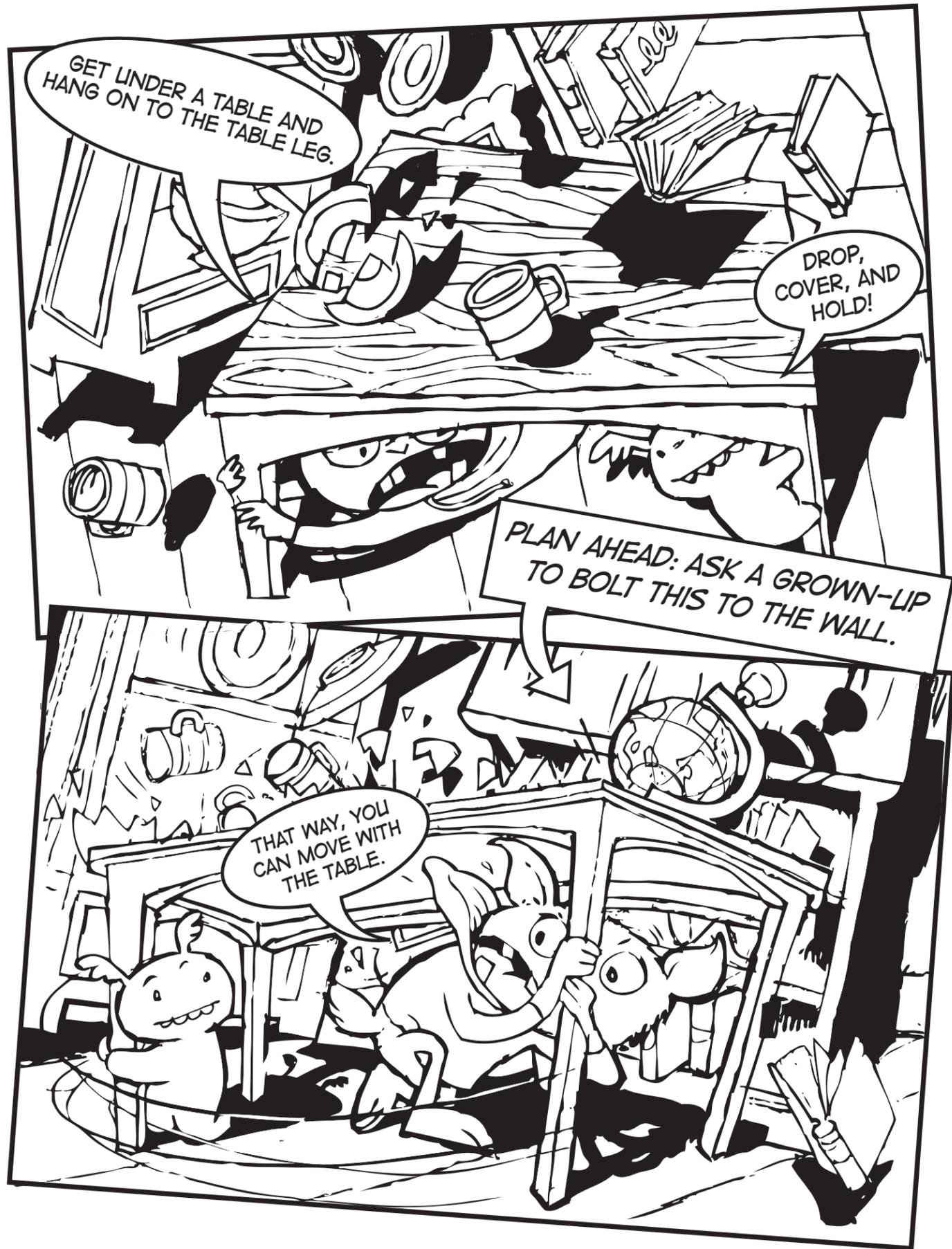
IF POWER LINES FALL DOWN, STAY FAR AWAY.

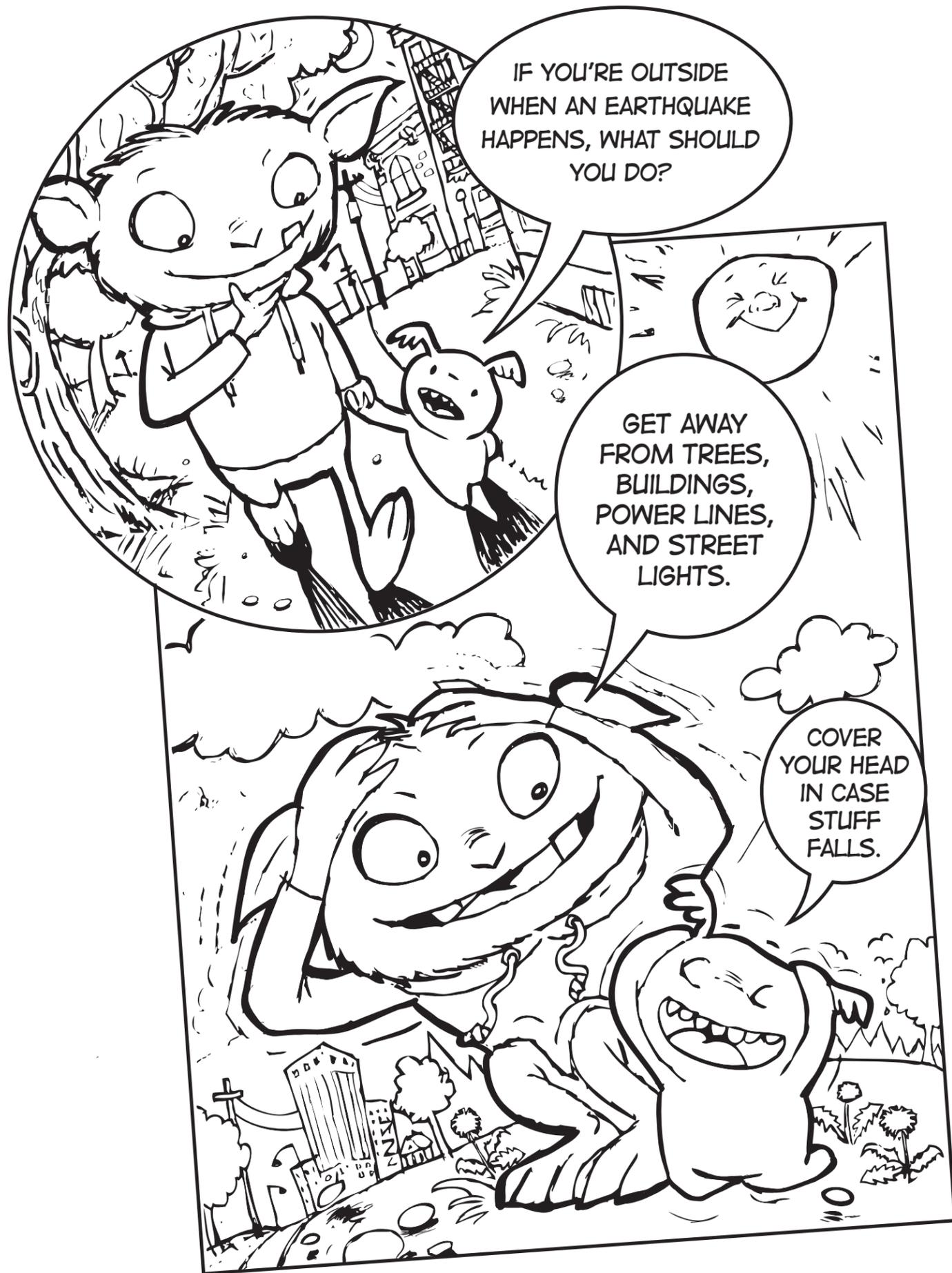


POWER LINES ARE SHOCKING!





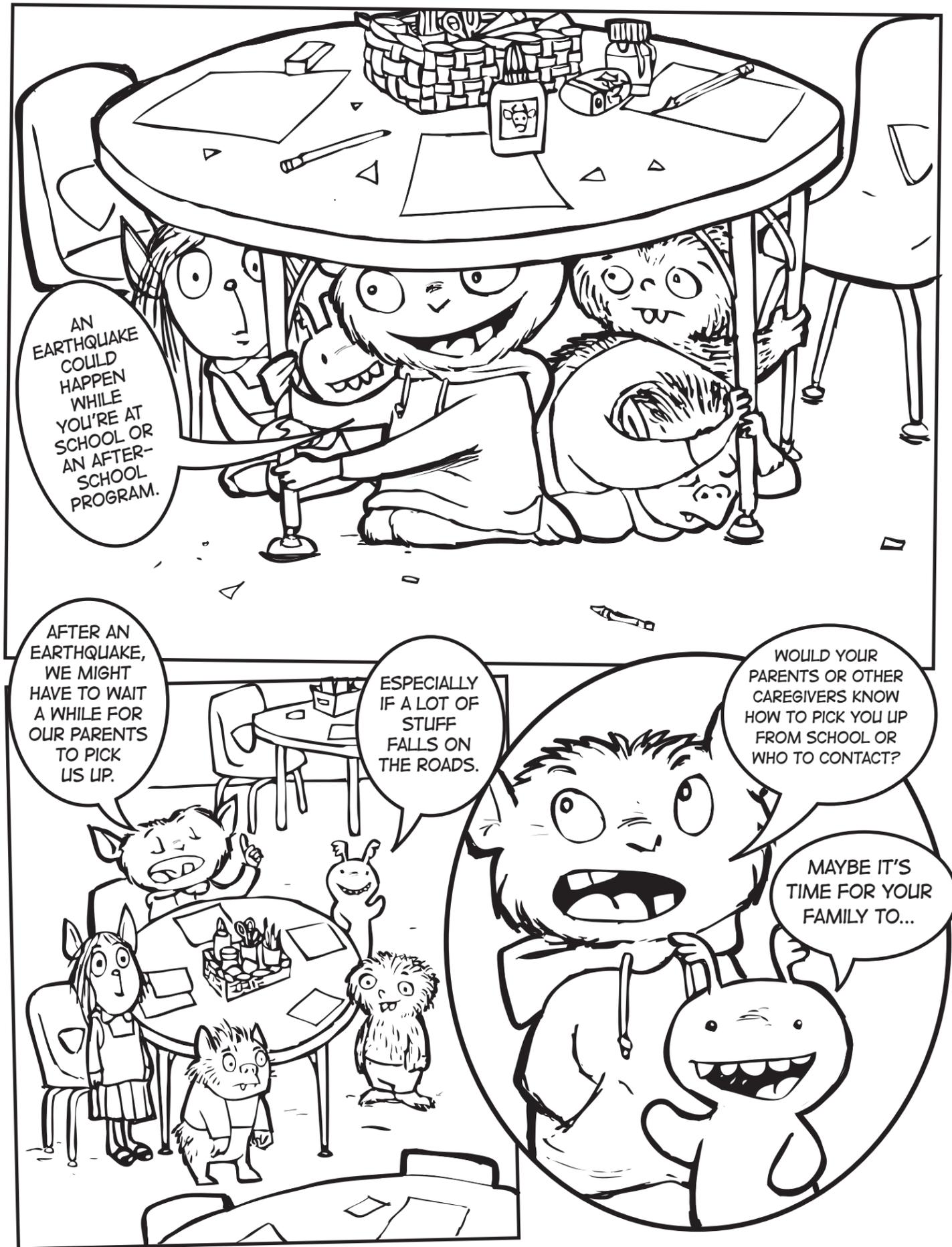




IF YOU'RE OUTSIDE  
WHEN AN EARTHQUAKE  
HAPPENS, WHAT SHOULD  
YOU DO?

GET AWAY  
FROM TREES,  
BUILDINGS,  
POWER LINES,  
AND STREET  
LIGHTS.

COVER  
YOUR HEAD  
IN CASE  
STUFF  
FALLS.



AN  
EARTHQUAKE  
COULD  
HAPPEN  
WHILE  
YOU'RE AT  
SCHOOL OR  
AN AFTER-  
SCHOOL  
PROGRAM.

AFTER AN  
EARTHQUAKE,  
WE MIGHT  
HAVE TO WAIT  
A WHILE FOR  
OUR PARENTS  
TO PICK  
US UP.

ESPECIALLY  
IF A LOT OF  
STUFF  
FALLS ON  
THE ROADS.

WOULD YOUR  
PARENTS OR OTHER  
CAREGIVERS KNOW  
HOW TO PICK YOU UP  
FROM SCHOOL OR  
WHO TO CONTACT?

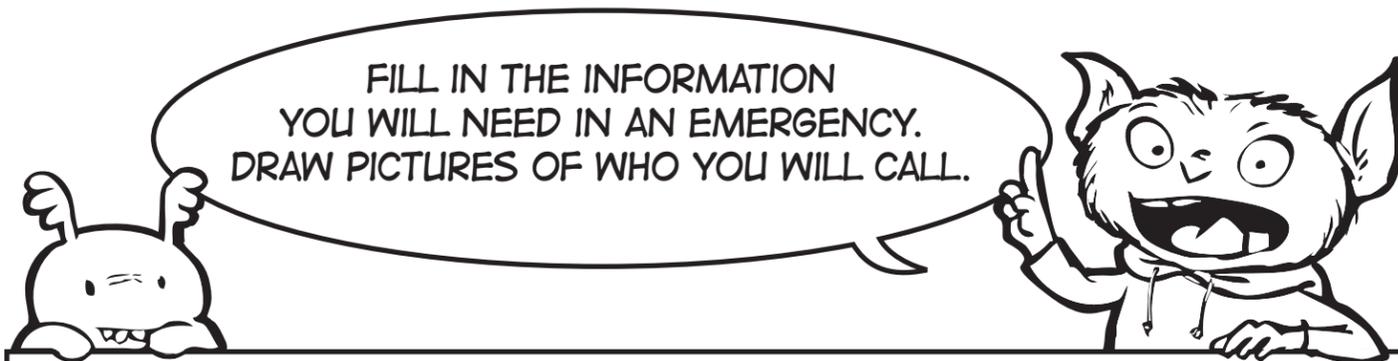
MAYBE IT'S  
TIME FOR YOUR  
FAMILY TO...



FIND OUT WHAT YOUR SCHOOL WILL DO IN EMERGENCIES.



DECIDE WHO TO CALL IF AN EMERGENCY HAPPENS



## EMERGENCY CONTACT INFORMATION

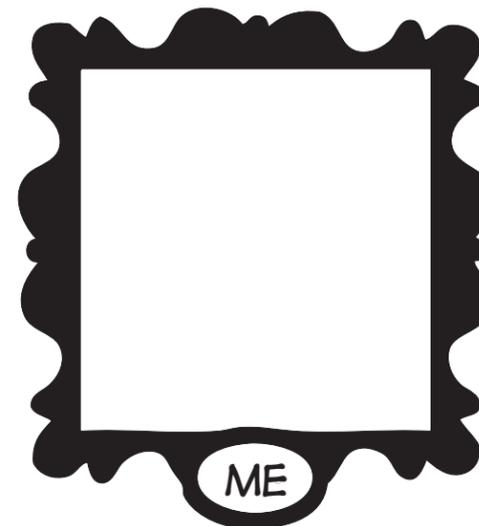
MY PHONE NUMBER:

\_\_\_\_\_

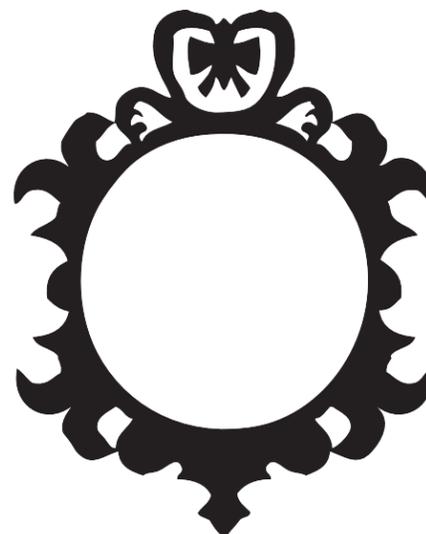
MY ADDRESS:

\_\_\_\_\_

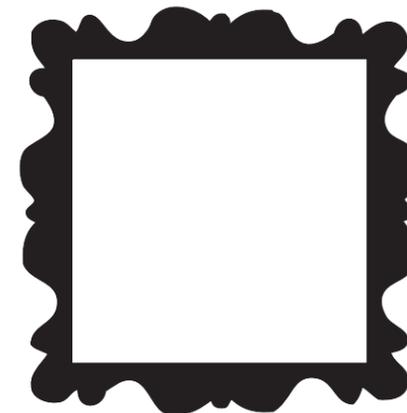
\_\_\_\_\_



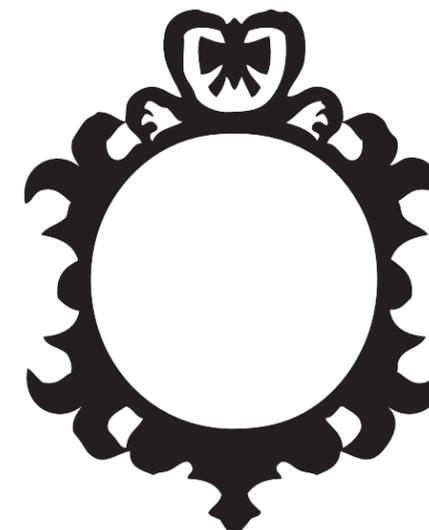
PHONE NUMBERS OF PEOPLE IN MY FAMILY:



\_\_\_\_\_  
\_\_\_\_\_



\_\_\_\_\_  
\_\_\_\_\_



\_\_\_\_\_  
\_\_\_\_\_



**MAKE A  
KIT!**

PUT TOGETHER STUFF YOU'LL  
NEED IN AN EMERGENCY.

REMEMBER,  
WE NEED ENOUGH  
FOOD AND WATER FOR  
AT LEAST 3 DAYS.

YEAH!  
AND BE SURE TO  
PACK A  
CAN-OPENER!

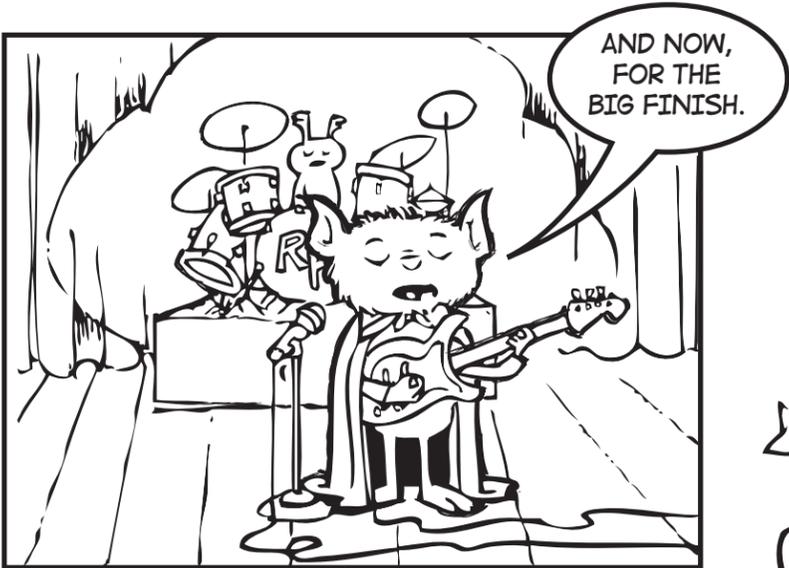


DON'T FORGET  
FOOD FOR  
YOUR PET!



CAN YOU HELP READY AND FREDDIE  
FIND THE THINGS ON THIS LIST?

- 1  WATER
- 2  FOOD
- 3  CLOTHES
- 4  FLASHLIGHT
- 5  RADIO
- 6  FIRST AID
- 7  PET FOOD
- 8  TOOTHBRUSH
- 9  CAN OPENER
- 10  BATTERIES

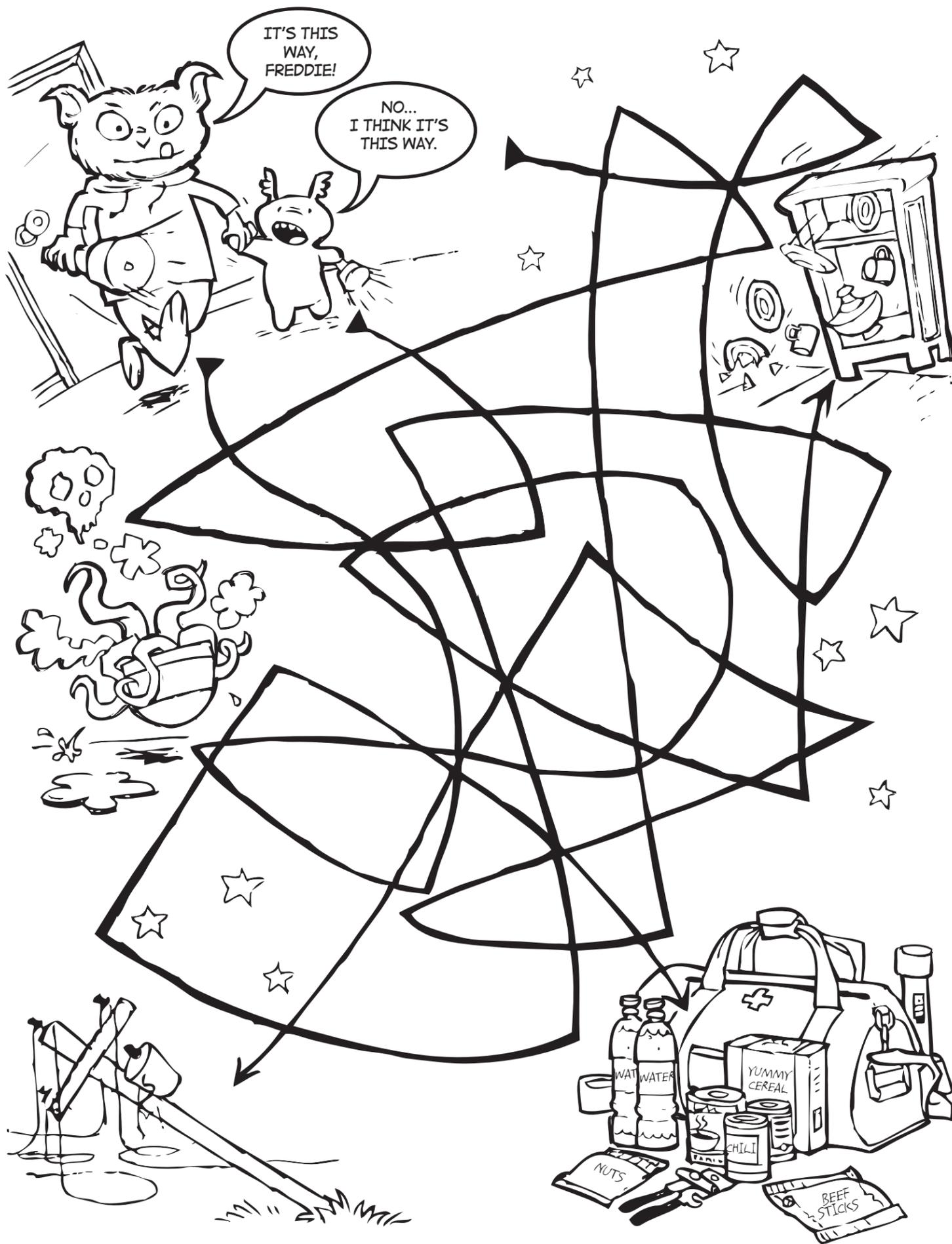


**Are you  
READY FREDDIE??!!!**



**Make yourself a plan and build yourself a kit,  
And if disaster comes you will be ready for it!**





## **PARENTS AND CAREGIVERS, HERE ARE SOME SIMPLE TIPS FOR YOUR FAMILY TO BECOME READY FREDDIE!**

### **MAKE AN EMERGENCY PLAN.**

1. Learn what hazards can cause disasters where you live at [3days3ways.org](http://3days3ways.org). Determine your family's needs and how you can survive these hazards. Consider the special needs of others, such as the elderly or persons with disabilities, in your planning.
2. Develop and practice a communications plan. How will you contact each other if a disaster happens? Would you know what to do if phone lines shut down? Have an out-of-state contact for family members to call if local lines don't work.
3. Develop and practice an evacuation plan should you need to leave home. Be ready to follow evacuation requests and orders issued by local officials.

### **BUILD AN EMERGENCY KIT.**

This is a list of basic items for your kit. Add more when you can.

- Water (1 gallon per person per day)
- Nonperishable food (3-5 days of food per person)
- Clothes (1 change of clothes and footwear per person)
- Medications (3 days worth)
- Flashlight and batteries
- Manual can opener
- Battery powered radio and batteries
- Hygiene items (soap, toilet paper, toothbrush)
- First aid (bandages, antiseptic, nonprescription medicine)
- Blanket
- Special needs items such as extra eyeglasses, charged batteries for wheelchairs and hearing aids, pet food, diapers

### **GET INVOLVED.**

For more information about getting ready for emergencies:

King County Partners in Emergency Preparedness - [3Days3ways.org](http://3Days3ways.org)

American Red Cross Serving Kitsap & King Counties - [seattleredcross.org](http://seattleredcross.org)

U.S. Department of Homeland Security - [ready.gov](http://ready.gov)

Federal Emergency Management Agency - [fema.gov](http://fema.gov)

