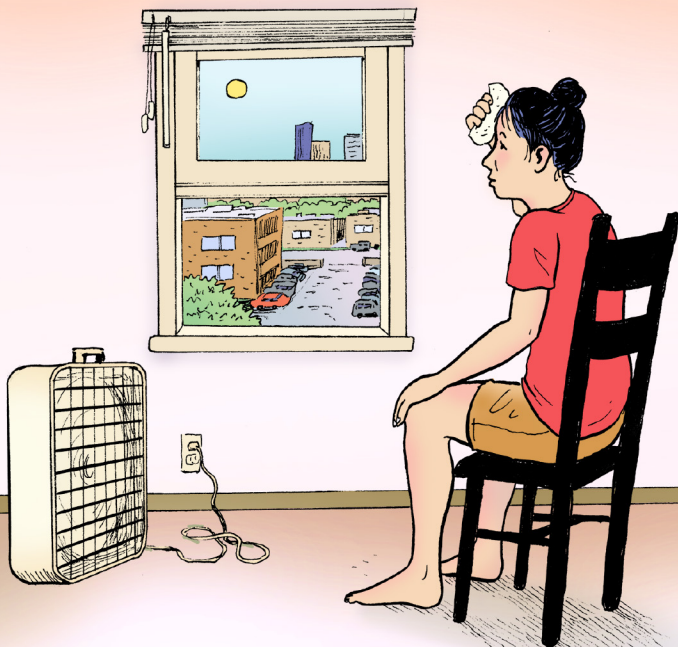


Withstanding the Heat: **A DOMESTIC VIOLENCE SURVIVOR STORY**



Whenever there's a heat wave,
I get really anxious. It comes from
an abusive relationship that I was in
several years ago...



When it got hot, my husband was easily irritated by even little things.



Maybe he'll be ok if I can make everything just right. If I can get to the store, I can make cheeseburgers—he likes that.

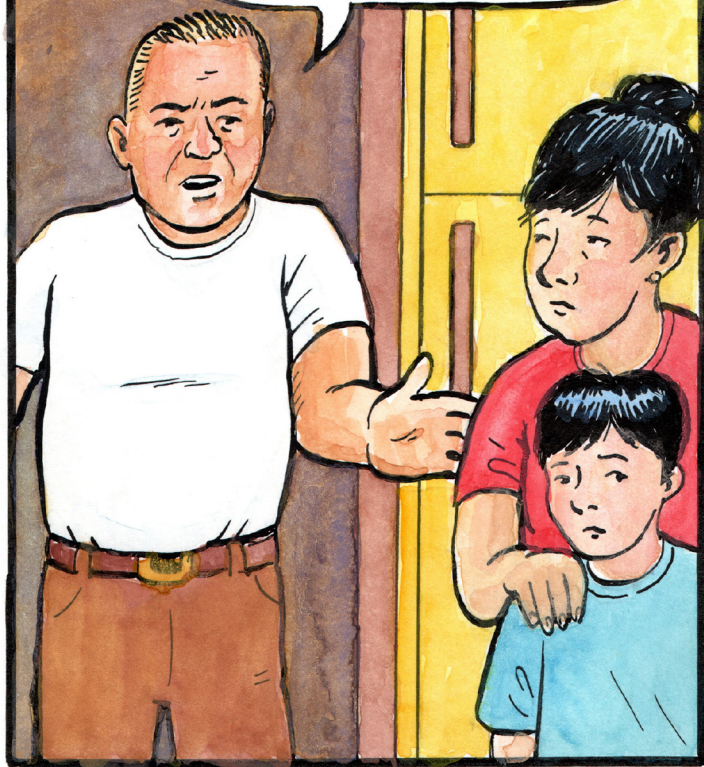


Mom! What are you doing? You know what happens when he drinks!

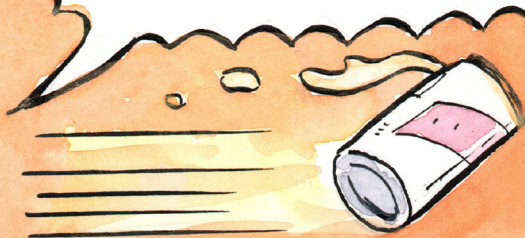
I know, but it's even worse if he doesn't get what he wants! Today, he'll want it cold.



I couldn't get any sleep because
it's so *@#% hot! And then I come
home and it's a *@#% mess in
here! Give me a beer.



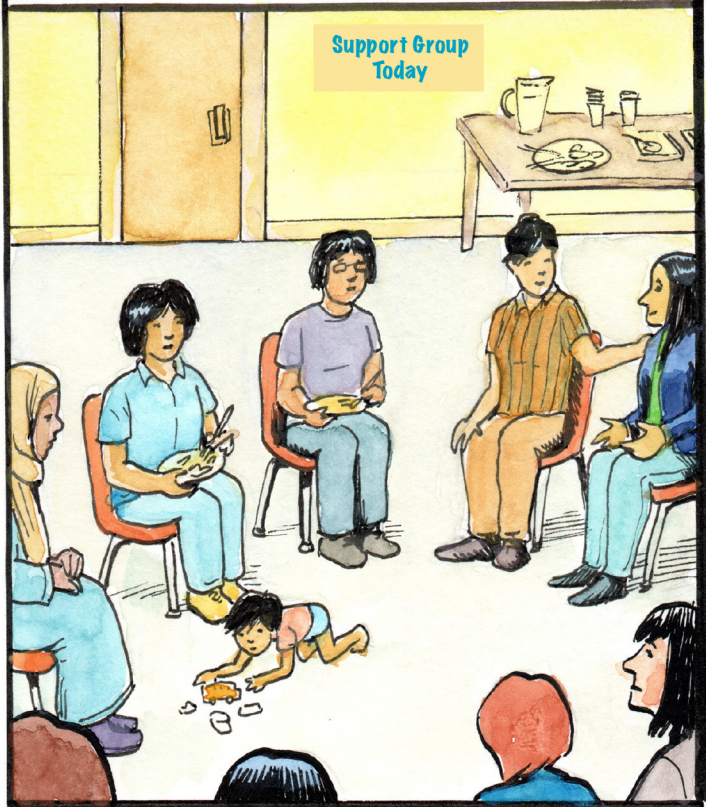
What the *@#% is this?!
I don't drink
this brand!



Hot days were terrifying.



It wasn't easy, but eventually I got out of that relationship. I found out that my experience was similar to others'.



It's not just hot weather.
All extreme weather brings
more risk of violence, especially
for women like us.



I remember how I felt
during a bad snow storm...

No buses are running,
roads are closed. There's no
way I can escape.



Even if I could speak English, if I call
the police, I could be deported.
I feel so trapped!



I know how isolating it can be,
especially if you don't have family
or friends nearby. This organization
can help. They helped me.



still, I can't help feeling stressed when
the weather gets extreme.
But we're going to be okay.

