# Tobacco 21: Raising the Legal Sales Age

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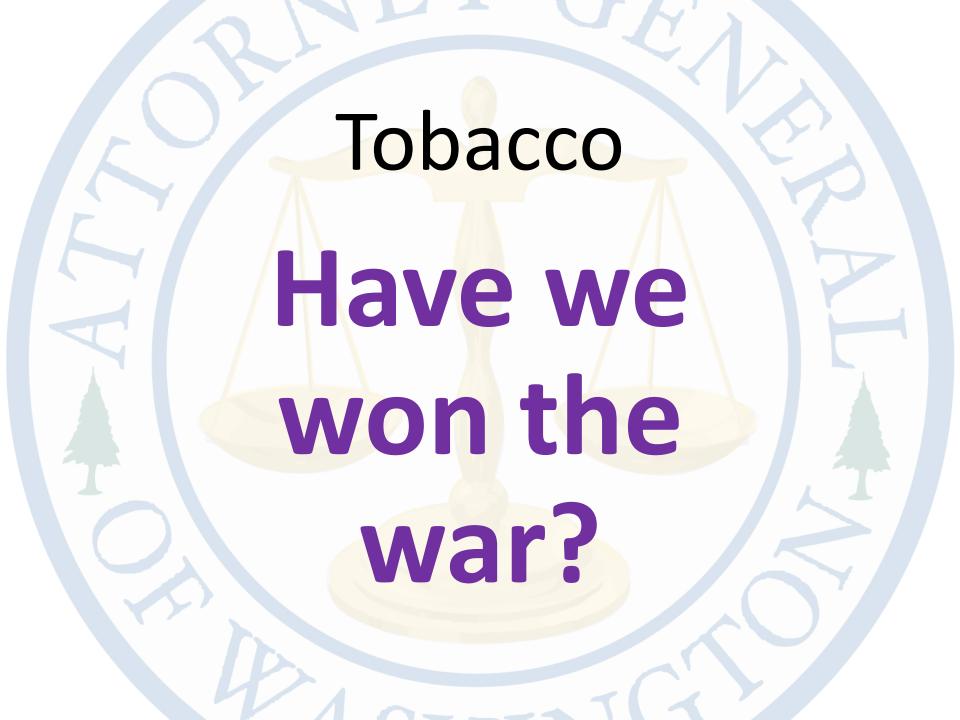
#### Tobacco 21

## INTRODUCTION

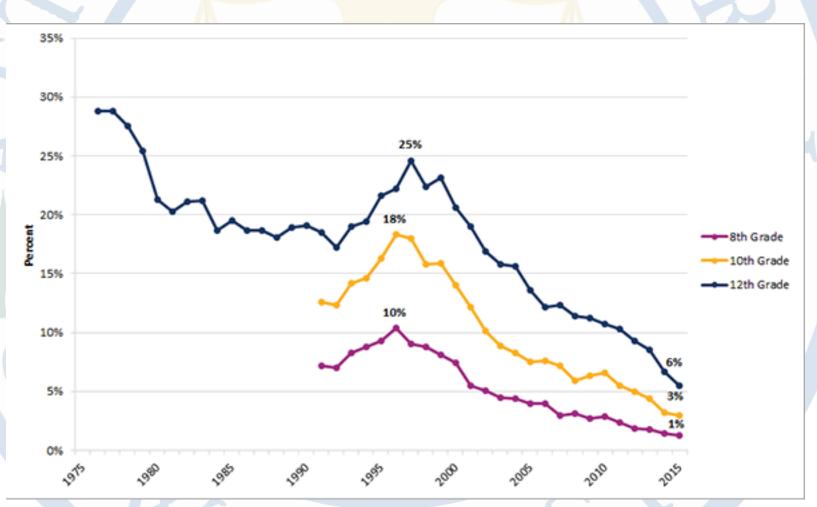
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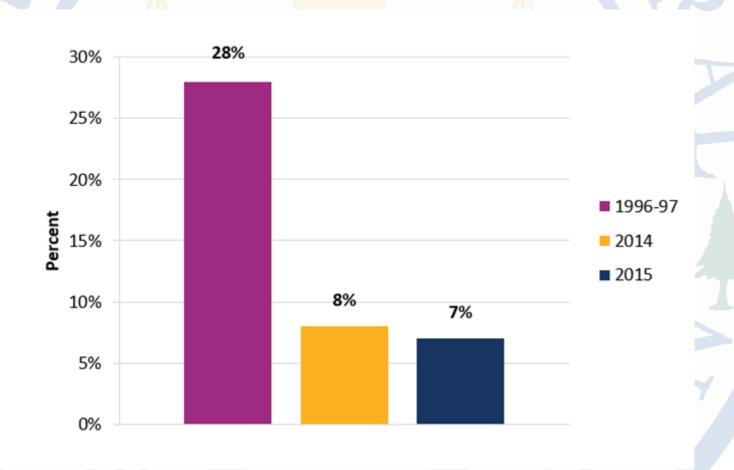




#### Youth tobacco use



### Youth tobacco use





#### In 2015

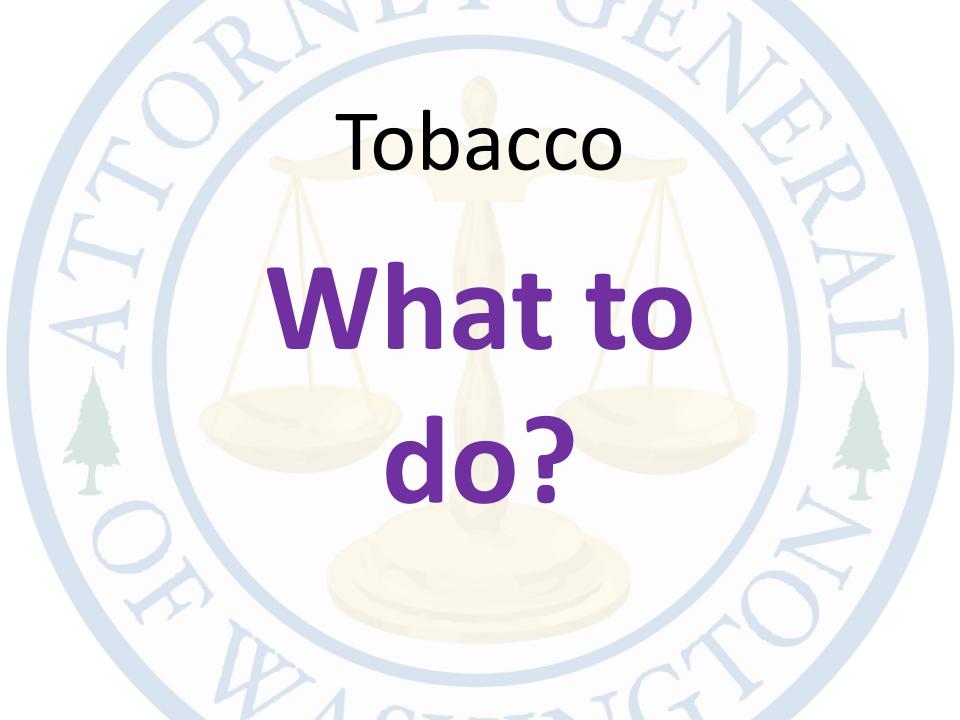
25.3% of high school students had used a tobacco product in the last 30 days

#### In 2015

Youth 30-day use of any tobacco products:

-stopped declining in 2013

-has been increasing since





#### What Is the Science Base On Tobacco 21?

- 2009 Family Smoking Prevention and Tobacco Control Act directs the Food and Drug Administration to study the public health implications of raising the tobacco sale age.
- 2013 FDA contracts with the Institute of Medicine to:
  - Examine the existing academic literature on tobacco use initiation
  - Predict the likely public health outcomes of raising the tobacco sale age
- 2015 The report, The Public Health Implications of Raising the Minimum Age of Legal Access to Tobacco Products predicts substantial improvements in public health.

# IOM Study – Age to 21 Reduces smoking initiation:

- \*25%@15-17
- \*15% @ under 15
  - \*15%@18-20

## Tobacco 21

## Smoking Delayed = Smoking Prevented



#### Why Raise the Age?

Tobacco companies know that if they don't capture new users by their early 20's, it's unlikely that they ever will.

"If a man has never smoked by age 18, the odds are three-to-one that he never will. By age 24, the odds are twenty-to-one."

—RJ Reynolds, September 10, 1982

## IOM Study – Age to 21 Reduces smoking prevalence by 12%

## IOM Study – Age to 21

- over the long term, there will be:
  - 223,000 fewer premature deaths
  - 50,000 fewer deaths from lung cancer
  - 4.2 million fewer years of life lost.

#### Tobacco 21

- About 95% of adult smokers begin smoking before they turn 21
- Many smokers transition to regular use during the ages of 18-21
- Nationally, 18-20 year olds are twice as likely as 16-17 year olds to be current smokers

#### Tobacco 21

"Raising the legal minimum age for cigarette purchaser to 21 could gut our key young adult market (17-20) where we sell about 25 billion cigarettes and enjoy a 70 percent market share."

—Philip Morris report, January 21, 1986

#### Nicotine is Addictive

- Nicotine is addictive, and adolescents and young adults are more susceptible to it
- Symptoms of dependence withdrawal, tolerance—can occur after just minimal exposure to nicotine
- 3 out of 4 teen smokers end up smoking into adulthood, even if they intend to quit after a few years

#### Social Sources

 Two-thirds of 10<sup>th</sup> grade students and nearly half of 8<sup>th</sup> grade students say it's easy to get cigarettes

Older youth smokers (18-19 years)
 are a major supplier of cigarettes for
 younger kids who rely on friends and
 classmates to buy them

#### Social Sources

 More 18-19 year olds in high school means younger kids have daily contact with students who can legally purchase tobacco

Retailer violation rate is low
 (9.6%) – kids are getting cigarettes
 from other sources



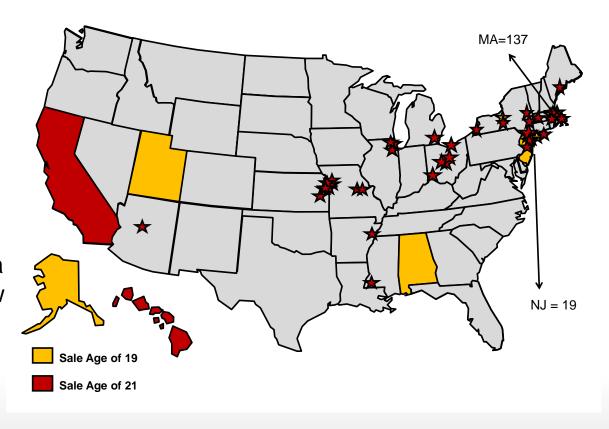
# Increasing the Sale Age to 21: An Emerging Strategy

Two states – California and Hawaii - and at least 200 localities have raised the tobacco sale age to 21.

Hawaii's law became effective January 1, 2016.

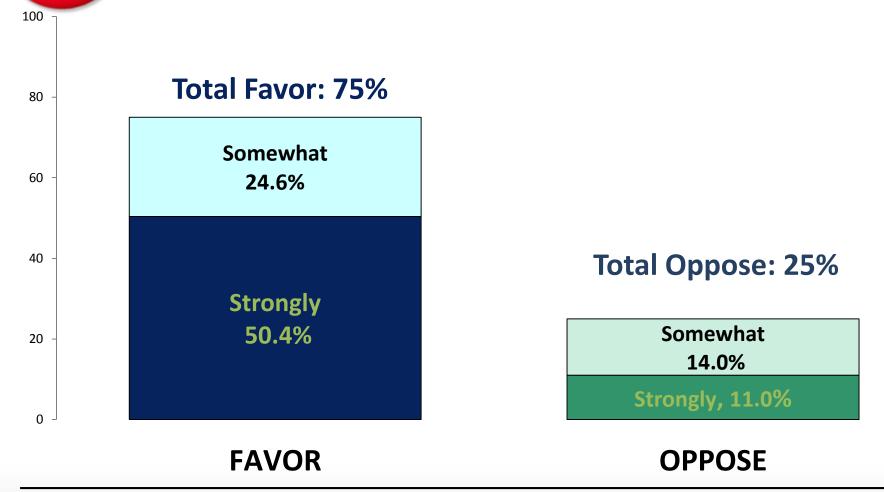
California's law took effect June 9, 2016.

We will look forward to learning about the impacts of these state laws as data comes in over the next few years.





# Americans Favor Raising the Tobacco Sale Age to 21

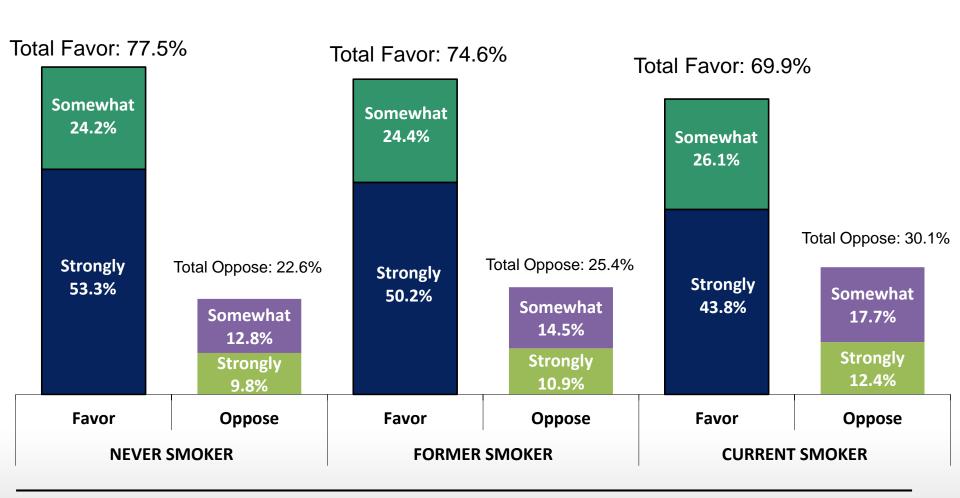


Do you favor or oppose raising the legal minimum sale age to purchase all tobacco products from 18 to 21?

Source: King, BA, et al, American Journal of Preventive Medicine, 2015



#### Never Smokers, Former Smokers, and Current Smokers Support Raising the Tobacco Sale Age to 21

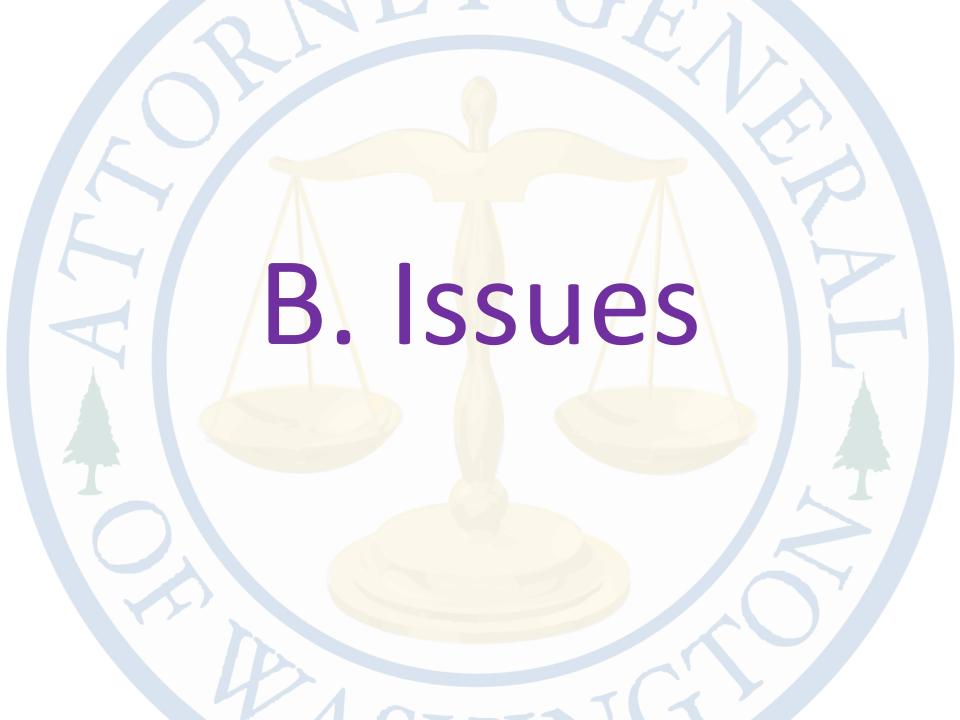


Do you favor or oppose raising the legal minimum sale age to purchase all tobacco products from 18 to 21?



#### Model Legislation Basics

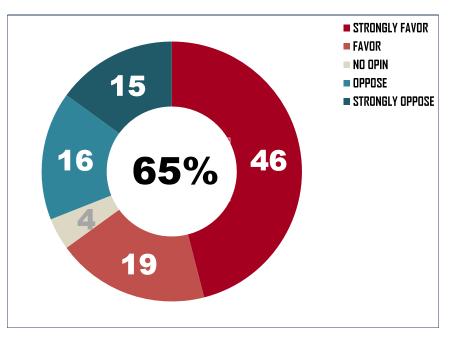
- Prohibit sales to individuals under 21
- Penalize the sale instead of the possession hold vendors and the tobacco industry accountable
- Address enforcement issues during drafting stage
  - Enforcement authority and responsibility
  - Plan for compliance checks, signage, retailer education
- Fiscal impact expected to be small prevalence impacts build over time





#### CAMPAIGN FOR TOBACCO-FREE KIDS

Nearly two-thirds of Washington voters (65%) support raising the legal age for the sale of tobacco products from 18 to 21, including 46% who "strongly favored" the proposal.



There will be a proposal before the state legislature to raise the legal age for the sale of cigarettes and other tobacco products in Washington State from 18 to 21. Are you inclined to favor or oppose Washington changing the law to raise that age? Would you (favor/oppose) or strongly (favor/oppose)]?

Support was uniformly high across the board, with support above 55% in every demographic category in the survey, including:

Democrats (72%), Independents (59%) and Republicans (66%);



"It's hard for me to think that we can treat 18 year olds as adults and say they're old enough to send to war but not old enough to buy cigarettes."

--a Washington state legislator

"If someone is young enough to fight for their country, they should be free from addiction to a deadly drug."

--Read Admiral John Fuller
U.S. Navy

#### 2011 Dept of Defense Study

24.6% of active duty servicemembers smoke cigarettes

19.5% of active duty servicemembers use smokeless tobacco

#### Soldiers & Sailors 18-20

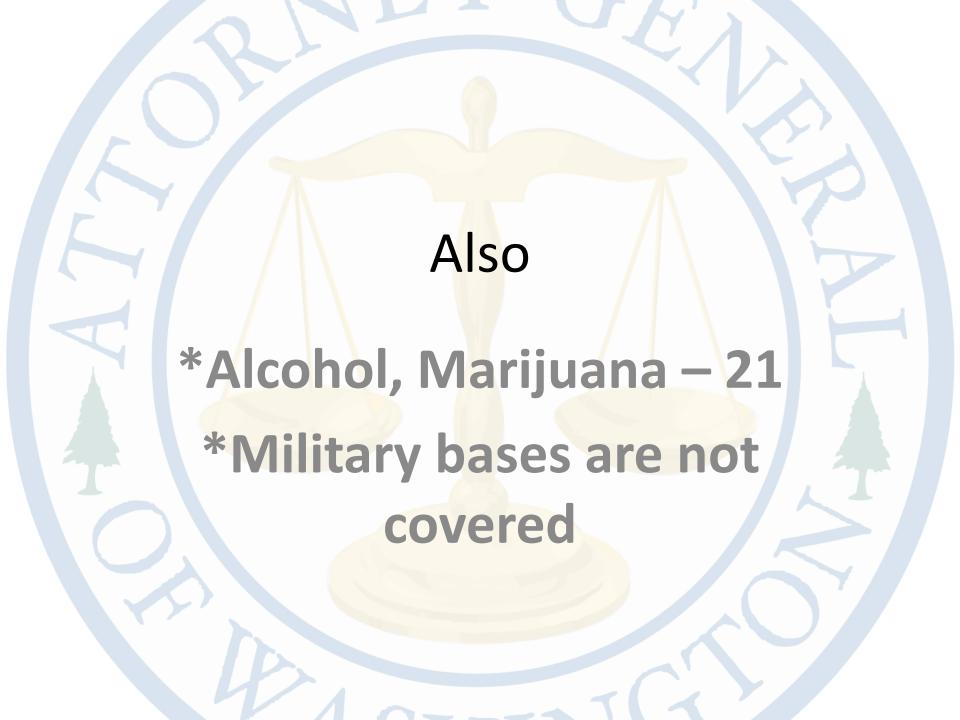
## 26.3% smoke

Marines 30.7%

Army 26.8%

Navy 24.3%

Air Force 16.7%



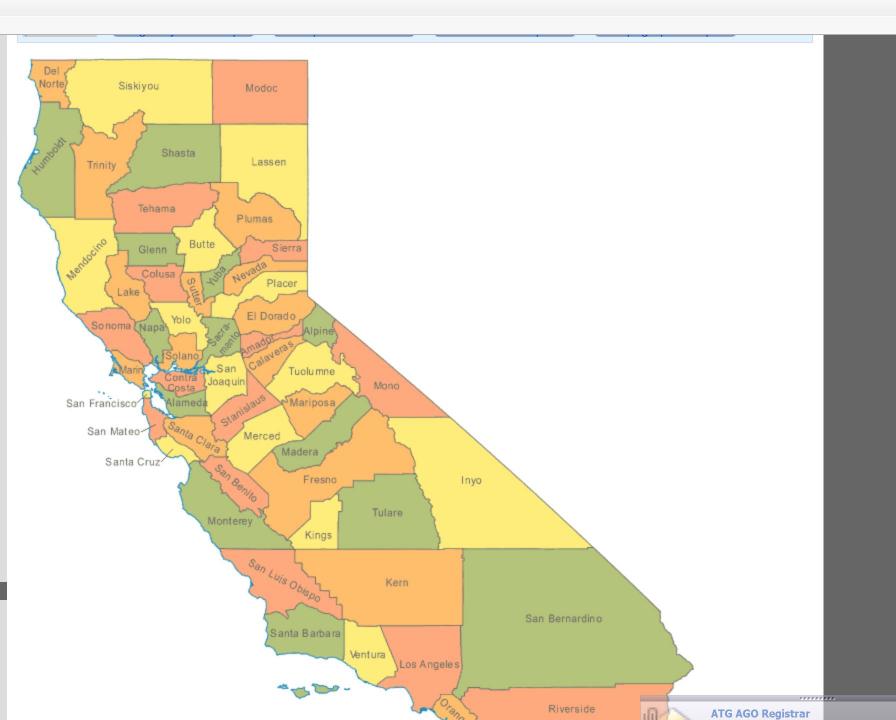


#### Is this really about the military?

\*Libertarian - freedom of choice

\*Smoking infantrymen can't run very fast

\*But "Military" has emotional appeal





# Too Late!! Grandfather clause

## Too Late!! Delayed implementation date



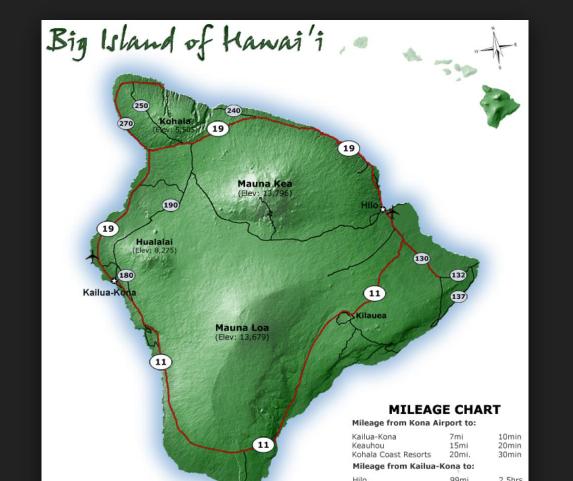
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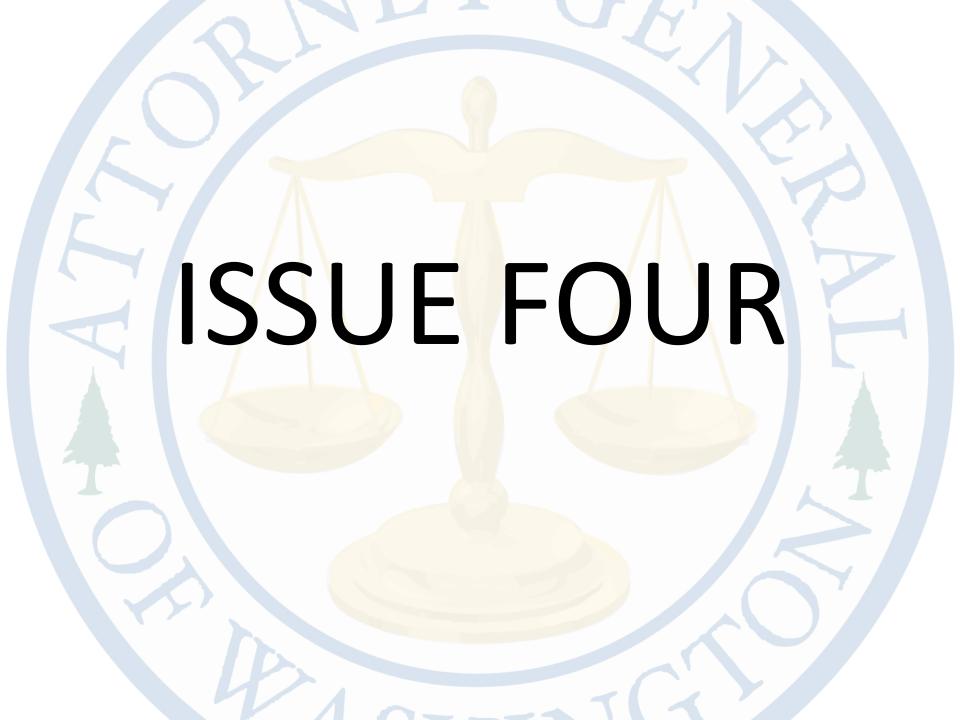


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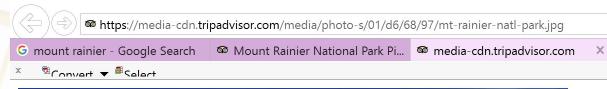
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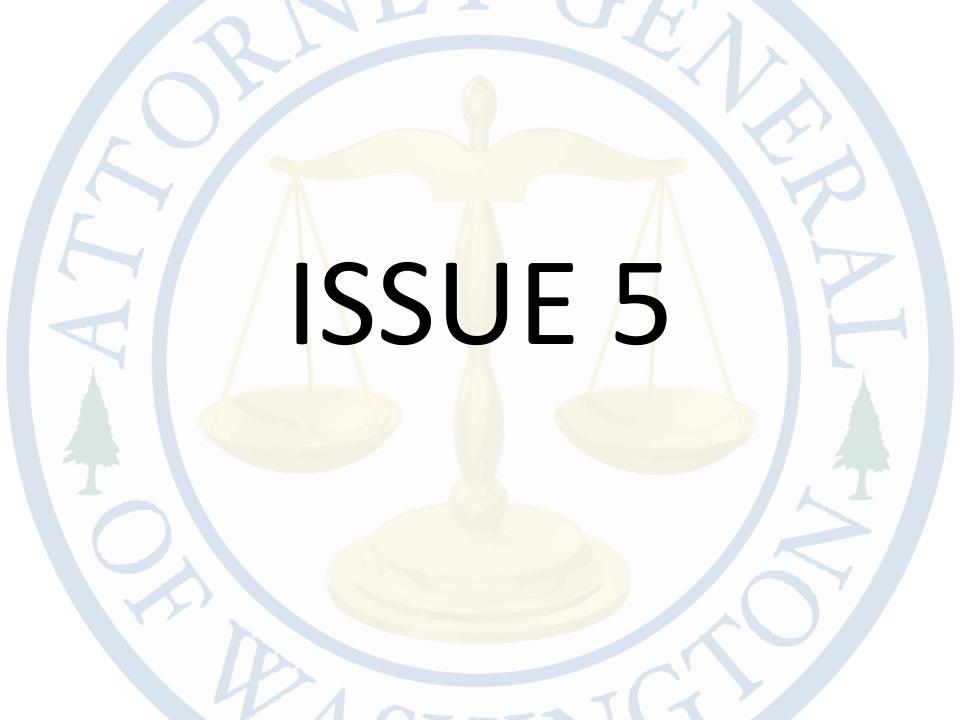
## "We can't figure out how we can afford it with all the other things we need to pay for."

-- A Washington state legislator

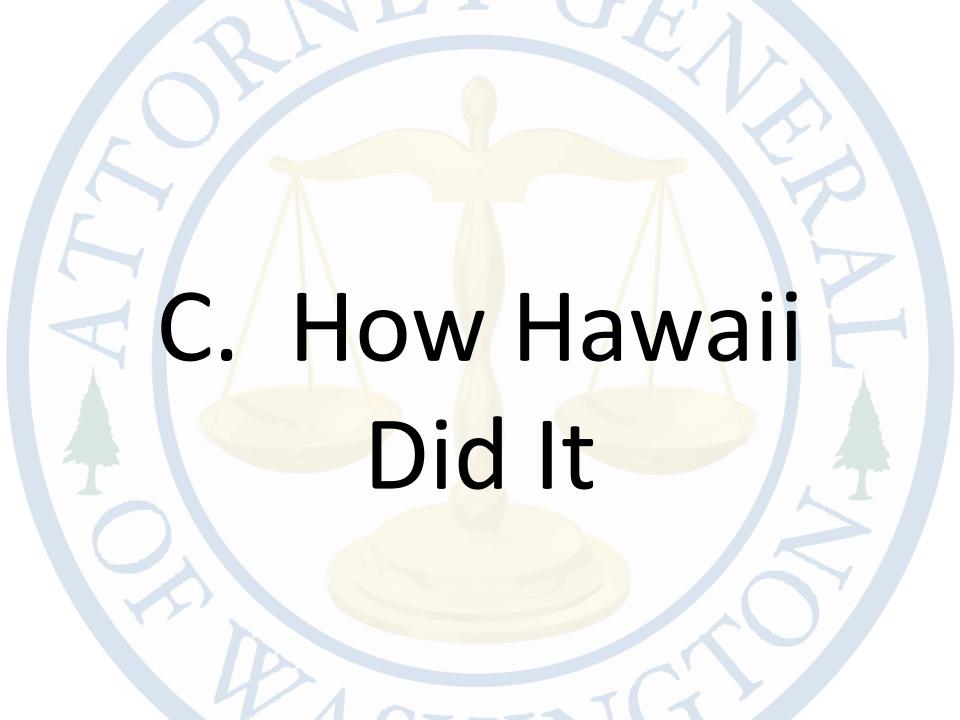
## "The Legislature just balanced their budget on the backs of teenage smokers."

-- Attorney General Bob Ferguson





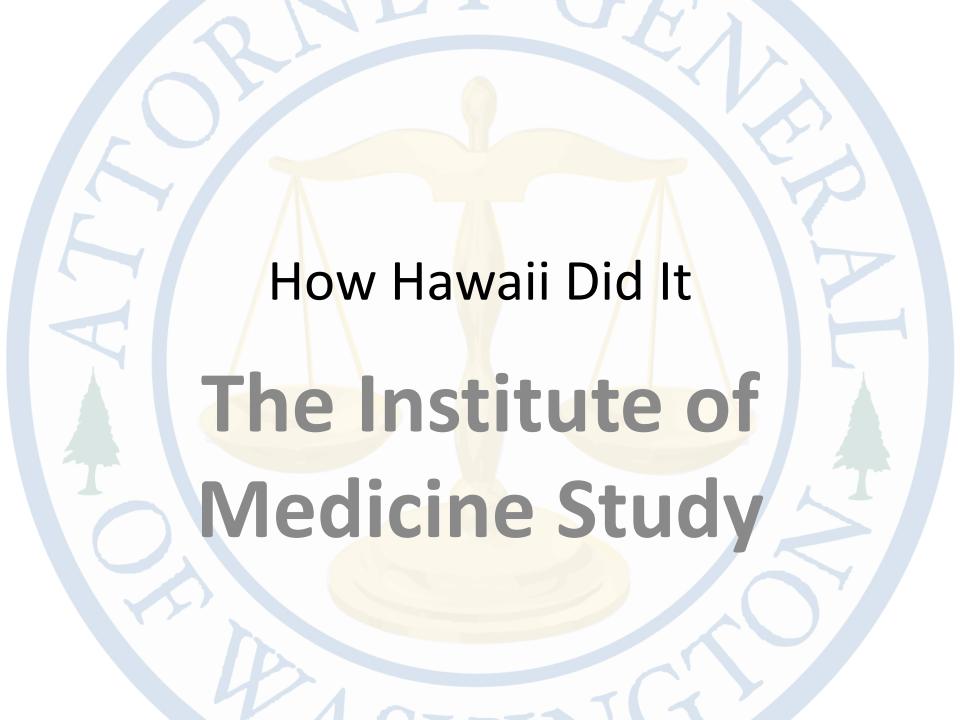
### Equity: criminal penalties for minors in possession



### How Hawaii Did It

Coalition for a Tobacco Free Hawaii
Youth Youth Youth Youth
Equity

Military
Nanny State

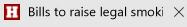


## How Hawaii Did It And as January 1, 2016 approached...









Pentagon Letter.pdf

Pentagon Letter.pdf



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#### OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE

1500 DEFENSE PENTAGON WASHINGTON, DC 20301-1500

December 28, 2015

MEMORANDUM FOR ASSISTANT SECRETARY OF THE ARMY (MANPOWER & RESERVE AFFAIRS)

ASSISTANT SECRETARY OF THE NAVY (MANPOWER & RESERVE AFFAIRS)

ASSISTANT SECRETARY OF THE AIR FORCE (MANPOWER & RESERVE AFFAIRS)

DIRECTOR, DEFENSE COMMISSARY AGENCY

Effective January 1, 2016, State of Hawaii law prohibits the sale or furnishing of tobacco products, including electronic smoking devices and smokeless tobacco, to persons under the age of 21 years. The law also prohibits persons under 21 from purchasing or possessing tobacco products.

Although state law generally does not regulate federal activities, as a matter of policy, Defense Resale activities, including Morale, Welfare, and Recreation points of sale, located on places subject to concurrent jurisdiction in the State of Hawaii will not sell or furnish tobacco products, including electronic smoking devices and smokeless tobacco, to persons under the age of 21 years.

Defense Resale activities on areas of exclusive federal jurisdiction, including U.S. Naval

#### Stakeholder Engagement



ABOUT GET THE FACTS IN THE NEWS PARTNERS TAKE ACTION



### Stakeholder Engage

Sign-on letter: organizations representing health, community, prevention, local government, insurance, education are signing on to a letter urging Washington lawmakers to pass this bill. This letter will be delivered en masse to legislators during session. Community and Health Organizations Support Tobacco 21 for Washington









































#### Stakeholder Engagement

CITY COUNCIL OF \_\_\_\_\_ / \_\_\_ BOARD OF HEALTH
RESOLUTION SUPPORTING RAISING THE LEGAL SALES AGE FOR TOBACCO
& VAPOR PRODUCTS FROM 18 TO 21

WHEREAS tobacco use remains the leading cause of preventable death in the United States, killing more than 8300 Washingtonians each year—more than alcohol, AIDS, car crashes, illegal drugs, murders, and suicides combined —and causing cancer, heart disease, and respiratory diseases, among other health disorders, that add an estimated \$2.81 billion in annual health care costs in Washington alone;

WHEREAS, in 2014, the number of Washington 10<sup>th</sup> graders using either cigarettes, smokeless tobacco, or electronic cigarettes was 20 out of 100;

WHEREAS in 2015 the Institute of Medicine (IOM) concluded that raising the legal sales age for tobacco products to 21 would reduce tobacco initiation among youth, especially those aged 15-17, improve health across the lifespan, and save lives;

WHEREAS, the IOM projected that if the legal sales age for tobacco products were raised to 21 nationwide, there would be approximately 223,000 fewer premature deaths, 50,000 fewer deaths from lung cancer, and 4.2 million fewer years of life lost for persons born in the US between 2000 and 2010, and result in pear immediate reductions

 Resolutions: City and County Councils, School Boards, Boards of Health are encouraged to pass resolutions supporting the bill and urging lawmakers to pass it.

### Stakeholder Engagement

- Youth Advocates (HS and college)
  - Social media campaign video testimonials, selfies
  - Youth Lobby Day at the







