

# King County Substance Use Disorder Overview

Presentation to RLS&JC 2-25-21

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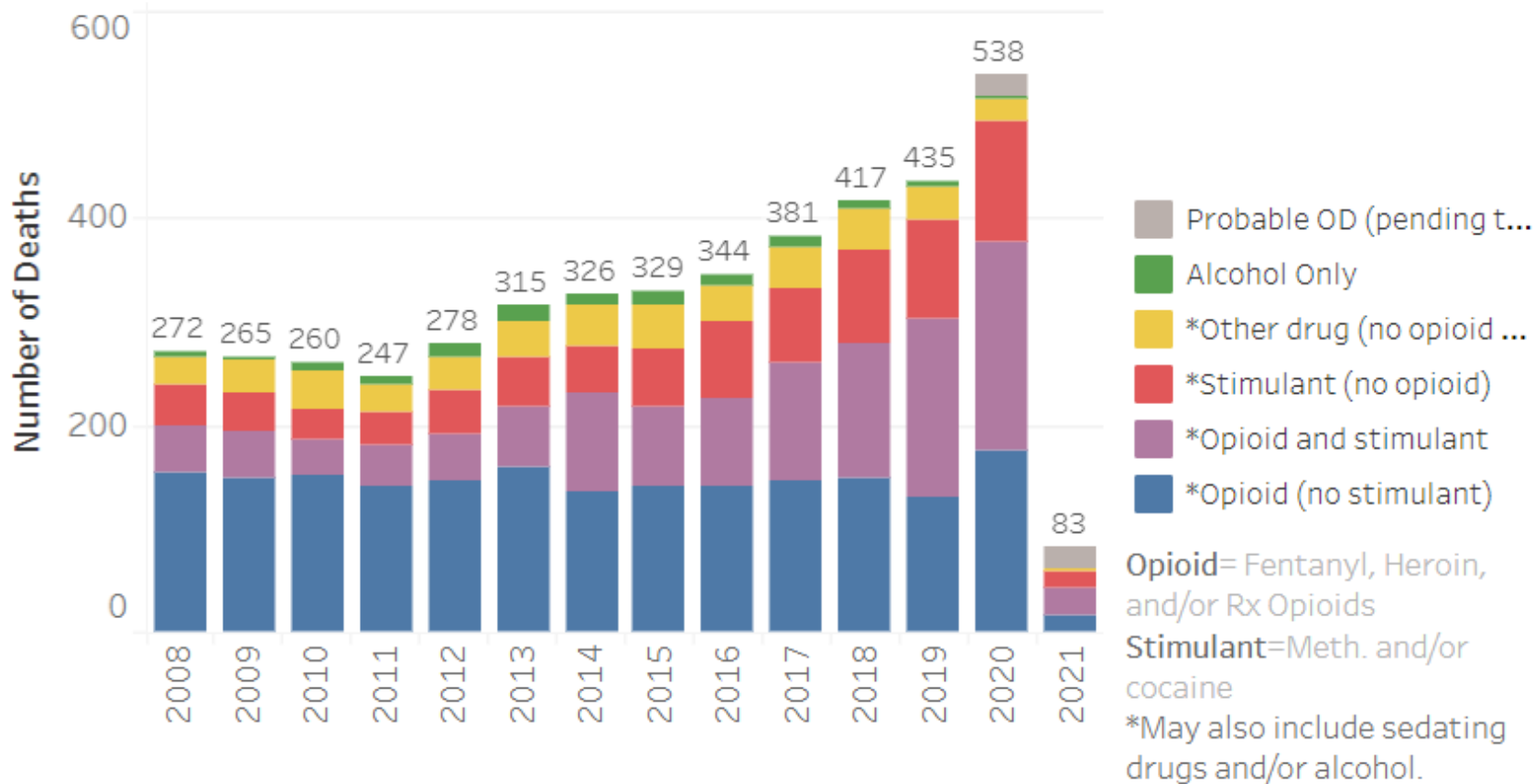
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# Kingcounty.gov/overdose

## Drug & Alcohol Poisoning Deaths, King County

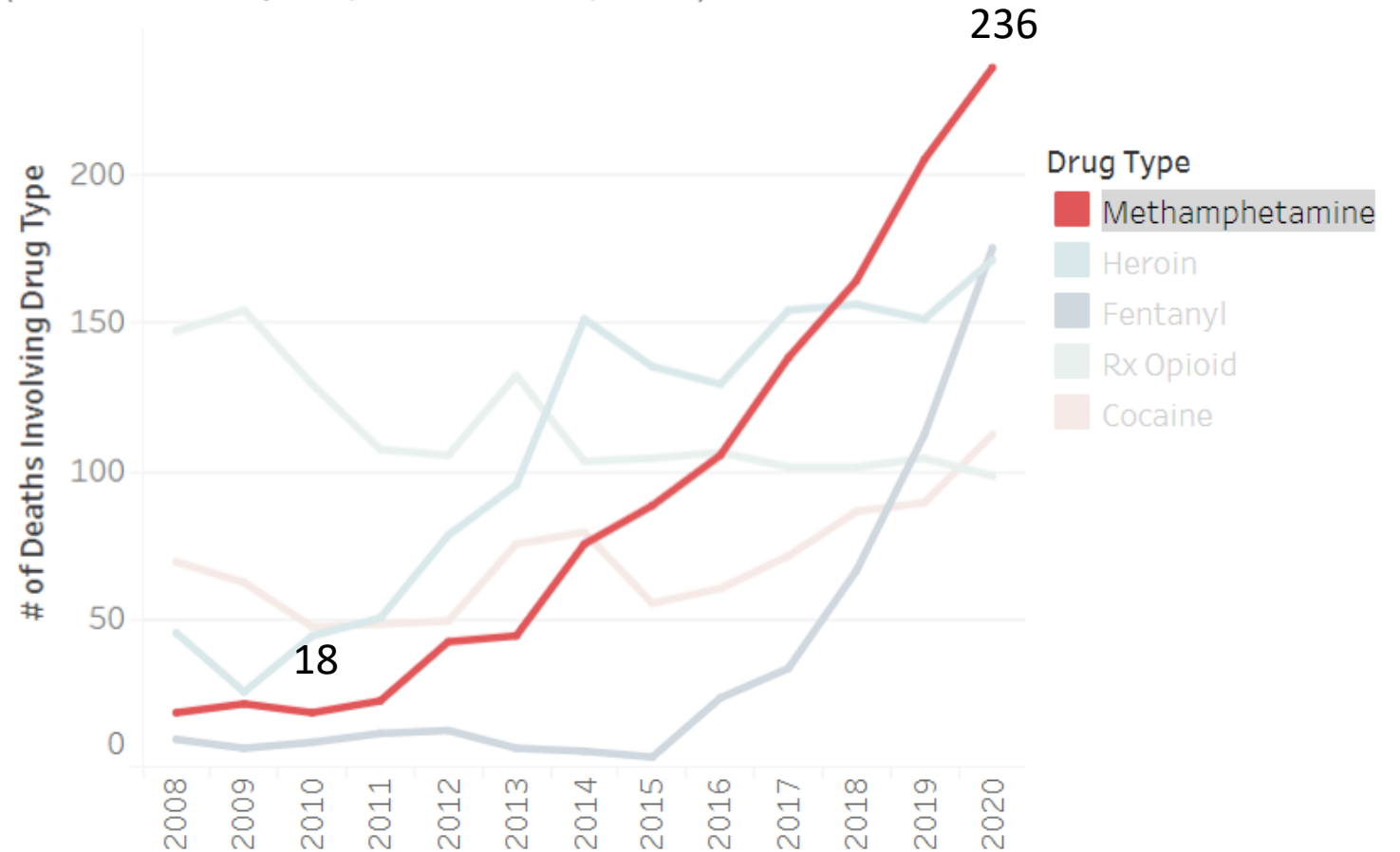
(Note: Bar chart can be viewed in terms of counts or rates; each decedent with a toxicology-confirmed overdose death is represented once.)



# Changing dynamics of the overdose epidemic in King County

## Drugs Involved in Confirmed Overdose Deaths

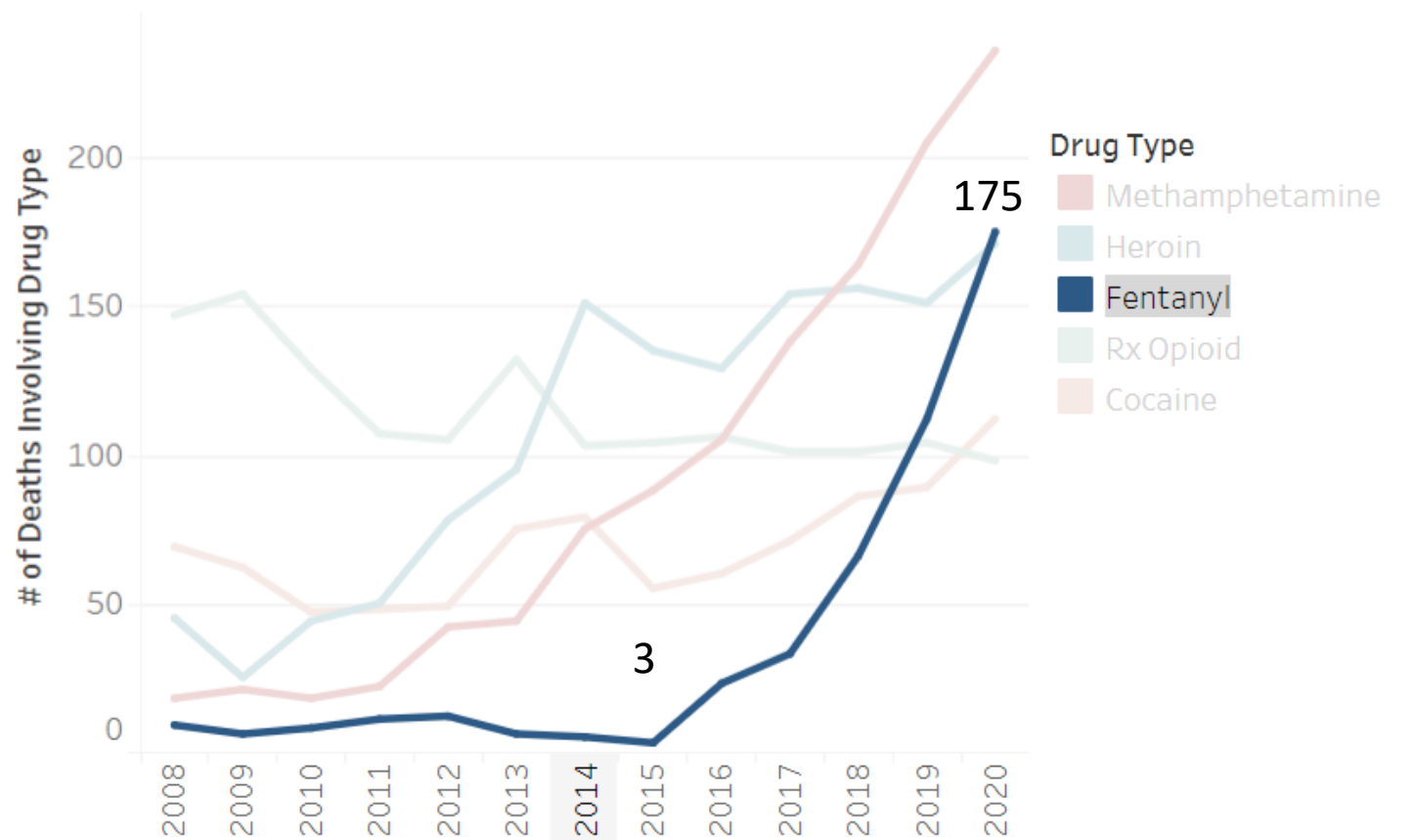
(Note: Decedent may be represented in multiple lines)



# Changing dynamics of the overdose epidemic in King County

Drugs Involved in Confirmed Overdose Deaths

(Note: Decedent may be represented in multiple lines)



# 3 primary forms

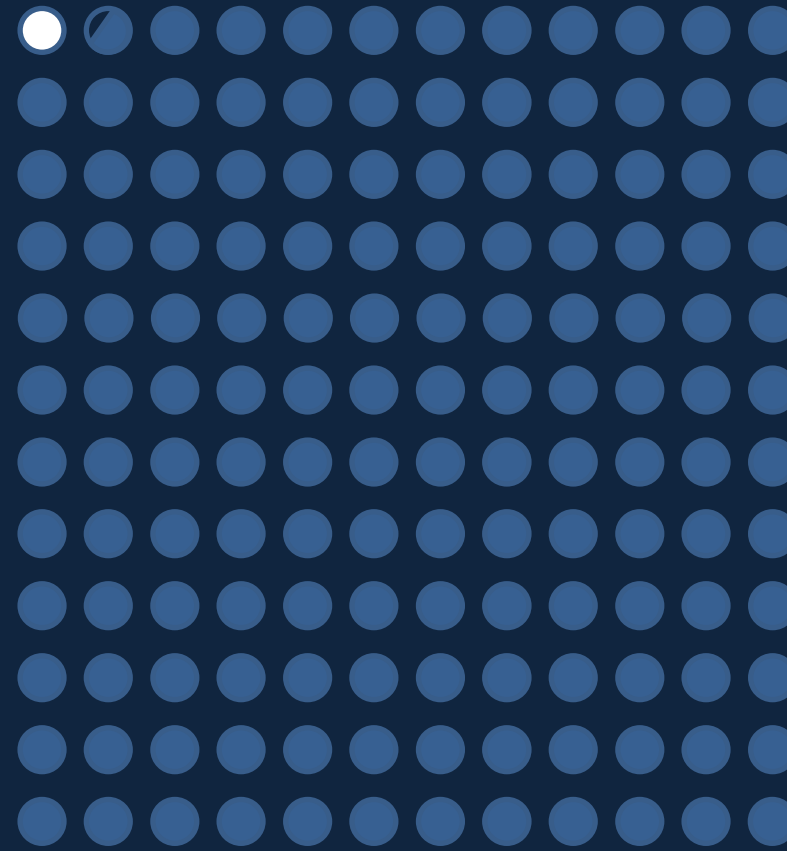


- Counterfeit Pills
- White Powder
- Black Tar



# Illicit counterfeit “oxycodone” pills

Seattle Police Department  
seized 221,000 fake “oxy”  
pills,



● = fake  
(contain  
fentanyl)

● = oxycodone

July, 2020

NEWS

## Record-setting drug bust: Millions of dollars' worth of fentanyl seized from Lynnwood home

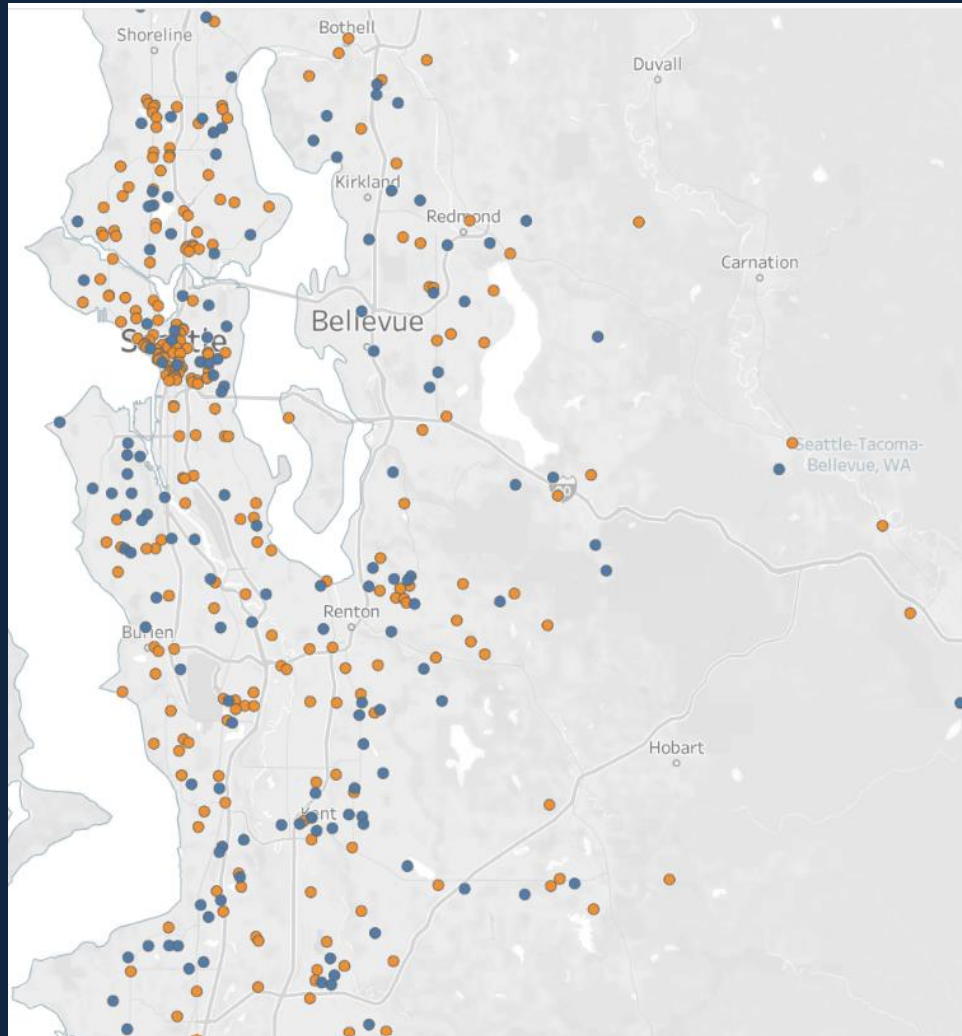
The Snohomish Regional Drug Task Force found \$14 million to \$23 million worth of fentanyl. Two people have been arrested.

Investigators said the home operation..., could produce 1.4 million counterfeit pills, enough to kill about 700,000 people.

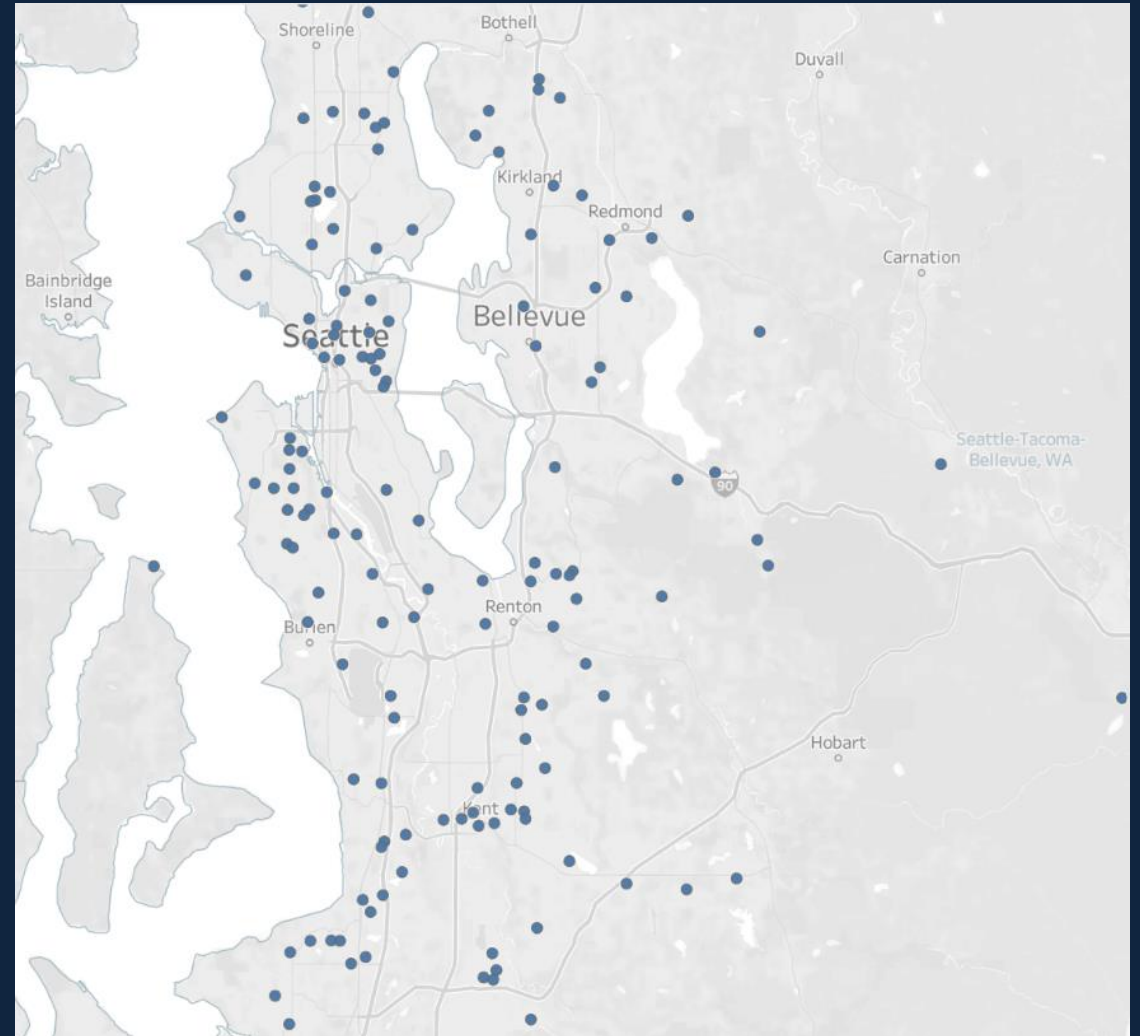
August, 2020

**\$6.4 million worth of fentanyl seized in Snoqualmie traffic stop**

# Overdose Mapping – Jan 2020 to Present



All Drug Overdose Deaths



Fentanyl Only

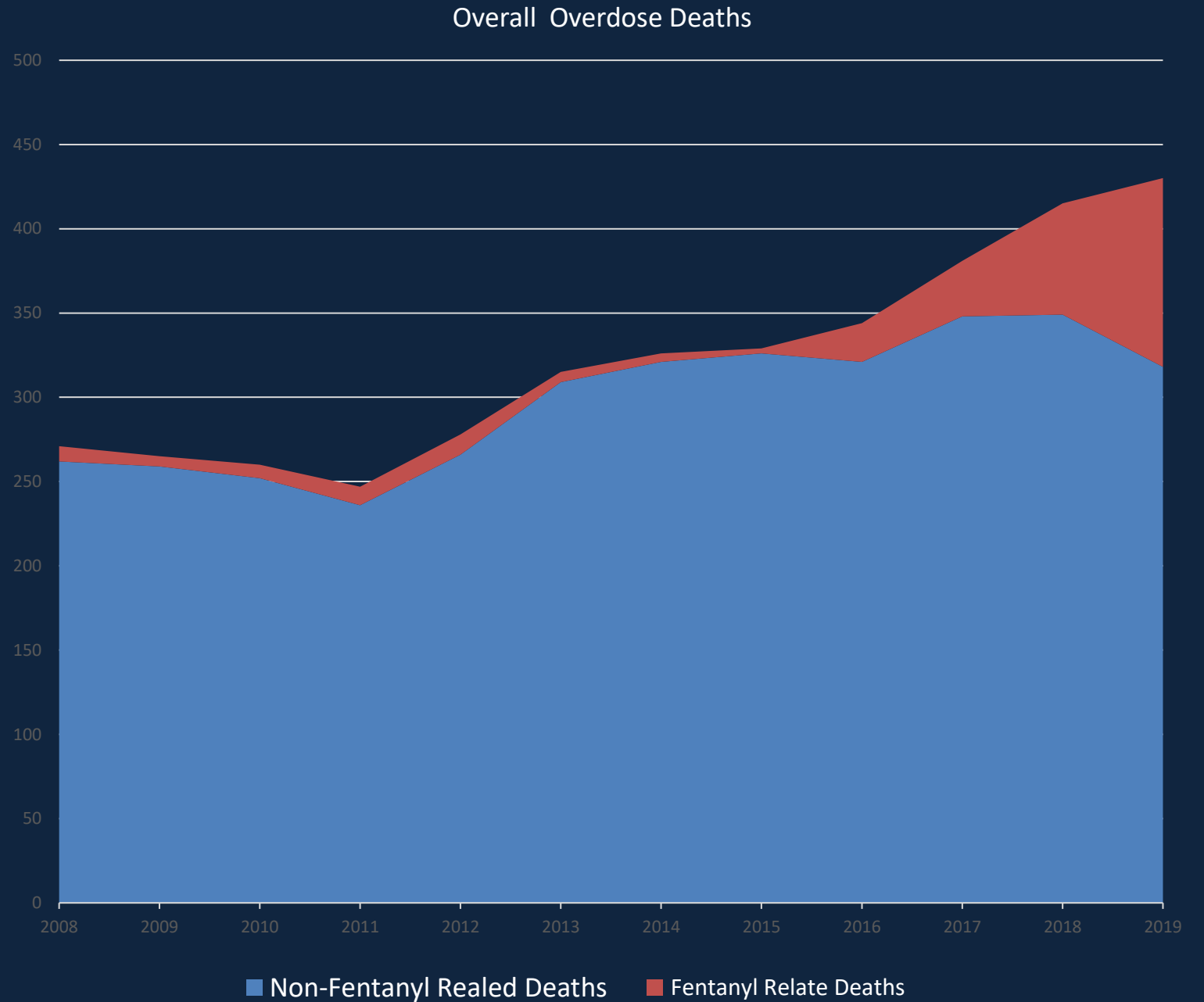


# Individuals Dying of Fentanyl Are Younger

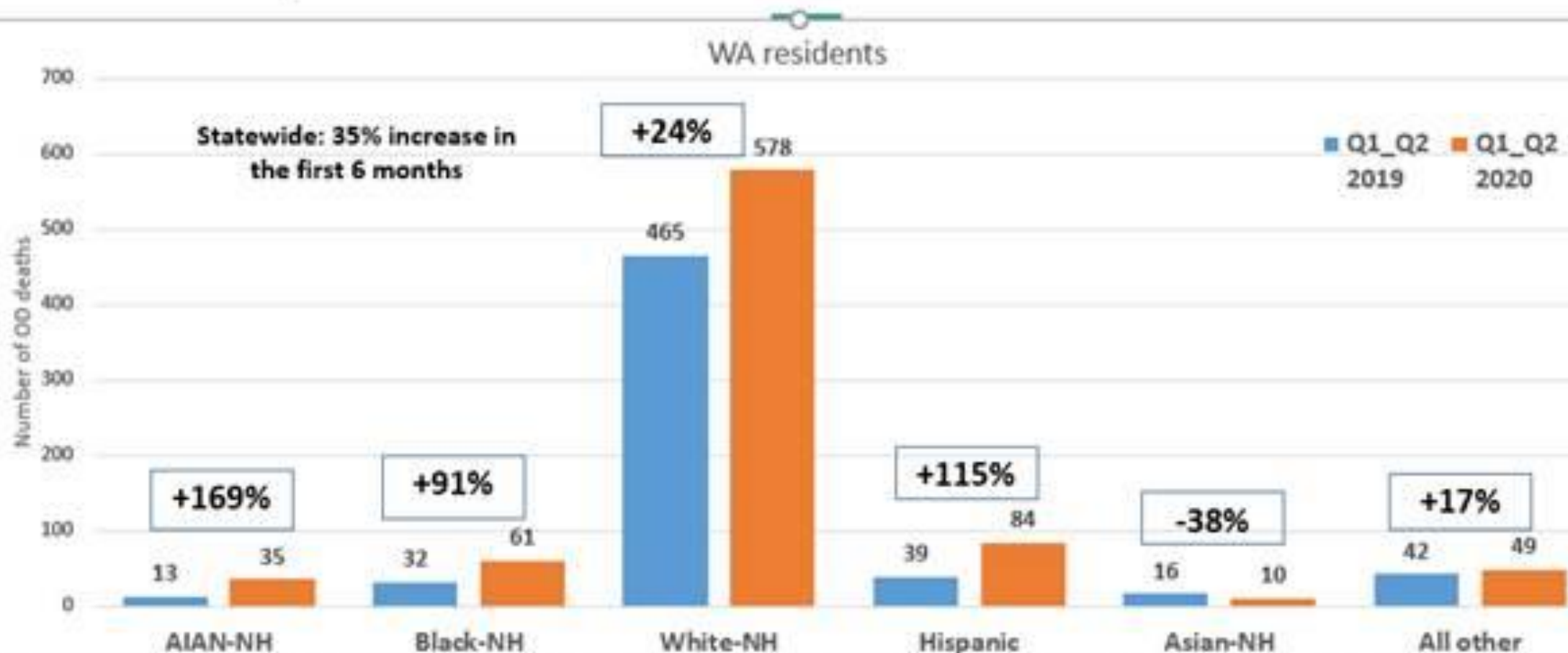
	Fentanyl Involved	Non-Fentanyl Involved
Under 40	73%	34%
Over 40	27%	66%

	Fentanyl Involved	Non-Fentanyl Involved
Teenager	11%	1%

# Changing Tide



# Overall drug overdose death counts by race compare first 6 months of 2019 and 2020



2019 data is not finalized, and 2020 data will change. NH: Non-Hispanic AIAN: American Indian/Alaskan Native  
Data as of 7Dec2020

Washington State Department of Health

All other includes: Native Hawaiian and other Pacific islanders, multi-racial and other (NOS)

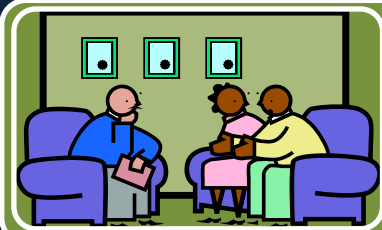
# King County Substance Use Disorder Continuum of Care



# Behavioral Health and Recovery Division (BHRD)

- King County Integrated Care Network (KCICN)
- Behavioral Health Administrative Services Organization (BH-ASO)
- Locally Funded Programs (includes MIDD Behavioral Health Tax programming)

# Continuum of Care



Outpatient Substance Use Disorder (SUD) Services



SUD Residential



Withdrawal Management / Secure Detoxification



Crisis Response System



Specialty Services

**System Values**





Outpatient SUD  
Services



**BHRD currently contracts with 23 SUD Outpatient Providers delivering services throughout King County.**

- Many offer both MH and SUD outpatient services.
- 4 Providers provide MAT (methadone dosing) as part of their SUD outpatient programming.



# Substance Use Disorder (SUD) Outpatient Treatment services including:

- Assessments
- Individual counseling
- Case management
- Group treatment
- Family counseling
- Crisis response
- Care coordination
- Collaborative treatment planning
- Outreach/engagement
- Dosing/medication assisted treatment (MAT)
- Peer support
- Pregnant and Parenting Women (PPW) enhancement
- Interpreter services
- Urinalysis
- Transportation to residential

# Access to Outpatient Services

- Contact an outpatient provider to schedule an assessment
- Assessment by a Substance Use Disorder Professional
- Must meet ASAM criteria for outpatient or intensive outpatient level of care

Call BHRD Client  
Services :

**206-263-8997 or  
1-800-790-8049**

BHRD Website –  
Provider Search



Residential  
Services



**BHRD currently contracts with 15 Residential Providers:**

- Both in and out of King County
- Includes adult and youth providers



# Substance Use Disorder (SUD) Residential Treatment

- Intensive Inpatient (youth/adult)
- Co-Occurring Disorder Treatment (youth/adult)
- Long-term Care
- Recovery House (youth/ adult)
- Pregnant and Parenting Women (PPW)

# Residential Referral Process



- Referrals can either go through an Outpatient Provider or directly to a Residential Provider
- Residential Provider completes an assessment and requests authorization from King County or MCO (CHPW only)





**Acute Withdrawal  
Management**



# Acute Withdrawal Management

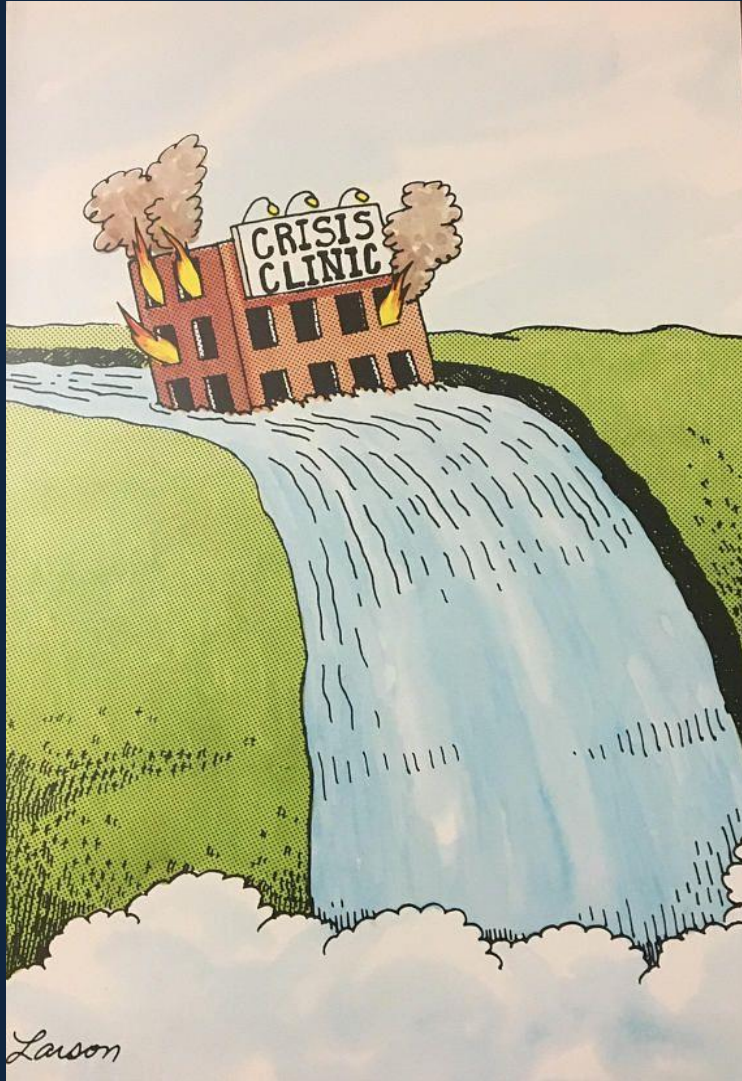
- 3 AWM providers, both in and out of King County
- May be referred by outpatient providers, or self-refer
- Available 24/7
- Must meet ASAM criteria
- Will be screened and referred for treatment placement following discharge





Crisis  
Response

# Crisis Response Services



- Outpatient BH after-hours crisis response (24/7 emergent response)
- Crisis Line/Warm Line/Teen Line
- Mobile Crisis Team
- Next Day Appointments
- Emergency Service Patrol

Crisis Connections:

**206-461-3222**



Specialty  
Services

# Heroin and Prescription Opiate Addiction Task Force – MIDD Sales Tax

## **Prevention:**

- Raise awareness & knowledge of the possible adverse effects of opioid use, including overdose and opioid use disorder
- Promote safe storage/disposal of meds
- Improve screening practices to prevent use

# Heroin and Prescription Opiate Addiction Task Force - MIDD Sales Tax

## **Treatment:**

- Create innovative low-barrier treatment access near where people live – *low-barrier buprenorphine treatment, MOUD in Shelters/encampments, jail buprenorphine, treatment on demand*

## **User Health:**

- Expand distribution of naloxone in County

Call BHRD Client  
Services :

**206-263-8997 or**

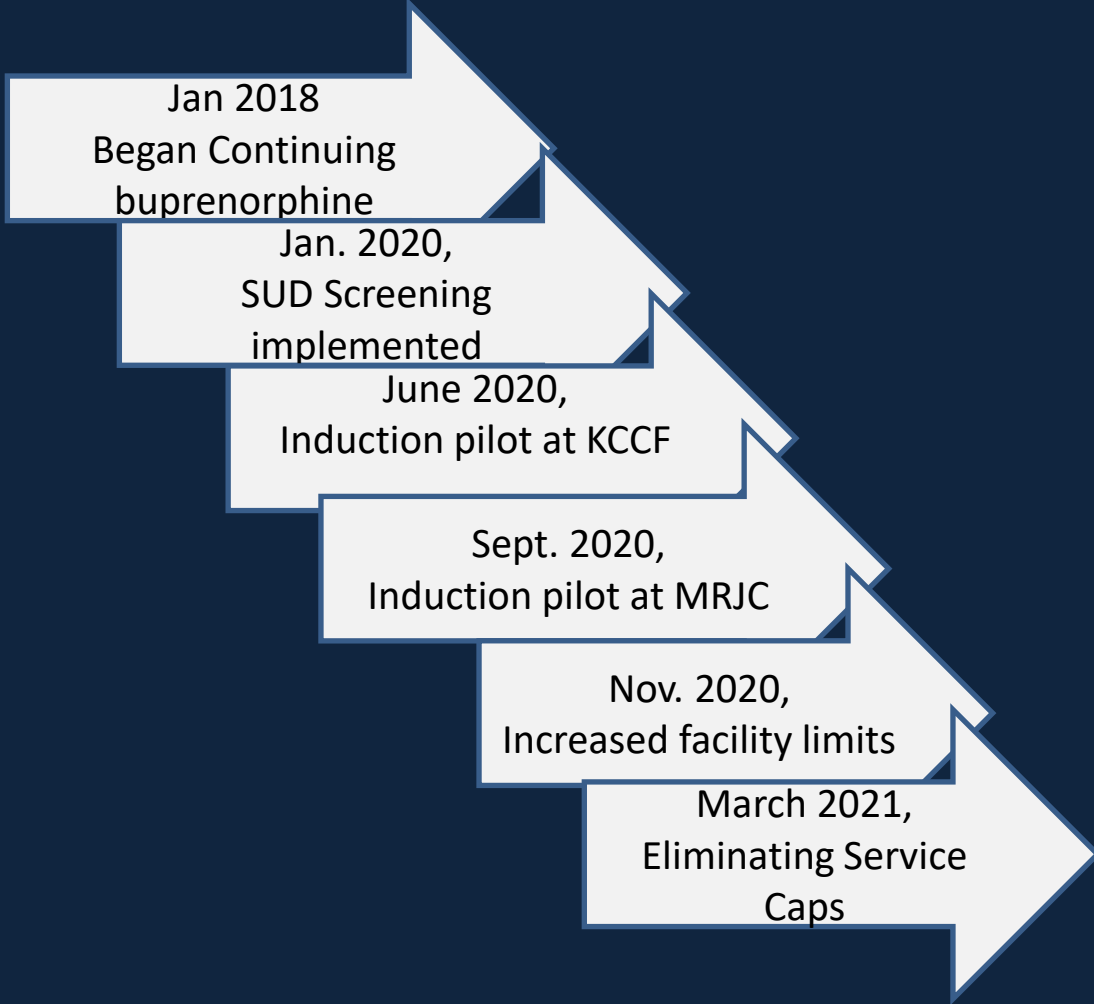
**1-800-790-8049**

# Other COVID Response

- Increased naloxone access
- Teleprescribing expansion
- Drug Alert Line



# Jail Based Medications for Opioid Use Disorder



2020 Continuation	2020 Induction & Withdrawal	2020 Naloxone Kits
347	163	591

# Fentanyl Awareness Campaign

## Don't be faked out.



Knock-off pills sold on the street or online contain the deadly substance **fentanyl.**

**Be ready to help your friends.**

Encourage them not to use "Diacodone" or "Percocet" pills. Pills not obtained from a pharmacy are fake and contain fentanyl.



## Narcan saves lives

Naloxone, or "Narcan", can be used to stop an overdose.



Anyone can get Narcan without a prescription.

**Be ready to help your friends.**

You can get Narcan at nearby pharmacies and clinics. Use this snapchat to find out more information about Narcan and where to get it or visit [stepoverdose.org](http://stepoverdose.org).



## Look for these signs of an opioid overdose

**ABNORMAL BREATHING**



**CAN'T BE WOKEN UP**



**SKIN CHANGES**



QUESTIONS