

RECOVERY NAVIGATOR PROGRAM

The RNP is new mandated by the Engrossed Senate Bill 5476 addressing the State versus Blake decision

Will assist persons with Substance Use Disorders in accessing outreach, treatment, and recovery support services

This program is a community-based outreach/engagement program that seeks to engage individuals who may benefit from behavioral health treatment

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Questions

- How will the RNP intersect with your Program?
- Ideas for referral into the RNP?
- Ideas for development (Time to have input on how this program is designed)?
- **Low Barrier approach**, how will that help within your work and programs?

This program will be responsive in design - monitor successes -
build on what works - continue to develop

**RECOVERY NAVIGATOR
PROGRAM DESIGN**

**PRIORITY
POPULATION**

THE RECOVERY NAVIGATOR PROGRAM INTENDS TO PROVIDE SOCIAL SERVICES TO INDIVIDUALS WHO INTERSECT WITH LAW ENFORCEMENT BECAUSE OF SIMPLE DRUG POSSESSION

OR FOLKS WHO HAVE FREQUENT CRIMINAL LEGAL SYSTEM CONTACT BECAUSE OF UNMET BEHAVIORAL HEALTHCARE NEEDS

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Targeted and Priority Population

- Individuals that **intersect with police because of simple drug possession**
- Individuals who **have frequent criminal legal system contact** because of unmet behavioral healthcare needs
- Deep experiences of complex trauma, cognitive disabilities, persistent poverty, and often lifelong experiences of punishment, failure, betrayal, and marginalization
 - *Individuals who are not served by office-based, appointment-based, time-delimited care models*

RECOVERY NAVIGATOR PROGRAM

- Facilitate connections to the behavioral health treatment system in King County
- The Recovery Navigator Program (RNP) is designed to be a low barrier
- Person centered
- Informed by people with lived experience, is culturally and linguistically appropriate. Closely aligned with the LEAD Program
- RNP will provide intake and referral services, comprehensive biopsychosocial assessments, intensive case management, and warm handoffs to treatment and recovery supports services along the continuum of care

Field Based Engagement

- Engage individuals who are not actively seeking behavioral health treatment (participation is voluntary)
- **Rapid Response** time for Law Enforcement
 - Urban core programs are 30 to 45 minutes
 - Rural areas are one hour to one and a half hours
 - Brief screening to **build trust**, to move forward

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- There will be **no fixed time limit** for participation
- **Remove barriers** which prevent individuals from engaging multiple times
- **Outreach** – engage individuals as many times as needed or just one point of contact
- **Case management** – Individual agrees to services
 - program intake will support connection, no matter how long it takes and regardless of how many times the person needs to re-connect.
 - If an individual loses contact, program staff will engage that individual despite the amount of time which has passed.

Diversity Equity and Inclusion

- Ensure individuals who have been historically targeted have access to services in a manner that meets their needs
- Individuals have been disproportionately impacted by the criminal legal system have a seamless approach that will meet their needs

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RNP Approach

- Trauma-informed Approach and Trauma-Informed Care perspectives
- Addressing and understanding client's underlying psychological trauma
- Help remove self-sabotaging trauma responses and listen to clients
- Client Centered
- Client Directed
- Harm Reduction – abstinence is not a requirement for participation
- Engagement will continue as long as needed

Recovery Navigator Program inside King County looks different in different areas.

Recommendation:

- **ETS- REACH – *Central part of King County***– Seattle, White Center and Burien
- **Community Passageways** – parts of Seattle White Center and Burien, with a targeted and smaller award without intention of covering the whole area instead specific populations
 - Both REACH and Community Passageways uses the LEAD referral system and can be accessed with a specific phone number given directly to the Local Law Enforcement call the “Greenlight phone” or for non-immediate referrals you can contact leadreferrals@defender.org (Keep in mind at this time LEAD is only taking referrals that come in for diversion)
- **Peer Washington – *South part of King County*** covering SeaTac, Des Moines, Normandy Park, Tukwila, Renton, Federal Way, Auburn, Covington, Enumclaw, Kent, Maple Valley, Hobart, Black Diamond, Algona, Milton, Greater Maple Valley and unincorporated Southeast King County
 - Reach PEER WA RNP at referrals@recoverynavigatorprogram.org or by phoning 1-800-767-5604

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Questions / Comments / Ideas Discussion

Thank you

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