HELMET FIT CHECK

1

EYES

Look up and see the brim of your helmet.

2

EARS

Straps form a “V” beneathe your earlobes.

3

MOUTH

Chin strap is snug when you open your mouth.

King County School Pool

WEAR YOUR HELMET TO PROTECT YOUR BRAIN!

KINGCOUNTY.GOV/METRO/SCHOOLPOOL

King County METRO

Moving forward together