King County Domestic Violence, Stalking, Sexual Assault, and Human Trafficking Guide for Survivors

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#### **Crisis and Information Lines**

24-hour Domestic Violence Hopeline 1 (877) 737-0242 dvhopeline.org

Provides 24/7 talk or online chat support to victims of domestic violence from any community, of any age or gender. Connects victims to free, confidential places for help in King County, Washington and other locations in Washington State

24-hour King County Sexual Assault Resource Center...1 (888) 998-6423 seattlesahelp.org

National Human Trafficking Hotline ......1-888-373-7888

www.humantraffickinghotline.org TTY: 711 or Text 233733

24/7 confidential talk, text, or chat support for victims of all types of human trafficking including sex trafficking.

24-hour Crisis Text Line... Text HOME to 741741

https://www.crisistextline.org/

Serves anyone, in any type of crisis, providing free, 24/7 support via text messaging.

24-hour Drug/Alcohol Help Line .....206-722-3700 1-800-562-1240

www.adhl.org

Substance abuse assessment, treatment, and mental health services.

24-hour Suicide Prevention Lifeline...1-800-273-8255

https://suicidepreventionlifeline.org

A nationwide hotline that provides confidential support for people in distress. Offers free prevention and crisis resources for individuals in crisis and their loves ones.

Crisis Connections ... 206-461-3222 / 1-866-4CRISIS

www.crisisclinic.org

TTY: 206-461-3219

Connects people in physical, emotional, and financial crisis to services that will help.

Mental Health Crisis Line... Call 988

King County Community Line... Call or Text 211 or 206-461-3200

1-800-621-INFO (4636) TTY: 206-461-3610

Provides 24/7 domestic violence shelter availability as well as referral and information to many other local resources including food. Available in Spanish.

#### **Language Information**

Peace in the Home Helpline at 1 (888)-847-7205

(**English**) If something in your relationship is bothering you and you wat to speak to someone or get information in your language, call the **Peace in the Home Helpline**. The call is free and the program is for non-English speakers.

(**Spanish**) Si hay algo en su relación que la está molestando y desea hablar con alguien o recibir información en español, llame a la <u>Línea de Ayuda Paz en el Hogar</u> por el 1-888-847-7205. La llamada es gratis y el programa está destinado a hablantes que no hablan inglés. Si lo desea, también puede visitar la página.

#### **Jail Information**

#### WA VINE Jail Service 1 (877)846-3492

A 24-hour automated service that lets victims and other concerned citizens track the custody status of inmates in Washington State Jails and the Washington Department of Corrections. Call **1 (877)846-3492** or www.vinelink.com

#### **King County Jail Inmate Lookup Service**

ingress.kingcounty.gov/Public/JILS/default.aspx

Information on inmates housed in the King County Jail (Seattle and Kent).

#### South Correctional Entity (SCORE)

#### Resources

#### What Resources Are Available?

Finding trusted emotional and mental health support may be an important part of the healing process. If you or someone you know is experiencing physical or sexual abuse, stalking, or trafficking, there are many resources listed in this guide that are available both nationally and locally throughout King County

Advocates are professionals trained to support individuals and families affected by domestic and/or sexual violence. Advocates can provide support, referrals, and assistance in navigating the criminal justice system, inform you of your rights and choices while you go through the criminal justice processes, and provide resources and support.

If you are looking for an advocate or are working with an advocate, it is important to know the difference between Community-based Advocates and System-based Advocates, as both have different roles and offer different levels of support.

Some advocates work within the criminal justice system, while others work for non-profit organizations. The difference between "System-based Advocates" (those working with police, courts, and prosecutor's offices) and "Community-based Advocates", differ in the services and levels of confidentiality they provide. System-based Advocates do not keep information about your case confidential. If you are unsure which type of advocate you are working with, just ask them.

#### Crime Victims Compensation 1-800-762-3716

www.lni.wa.gov/claims/crime-victim-claims/apply-for-crime-victim-benefits

Provides victims of crime financial reimbursement for expenses related to medical or mental health treatment, medication, partial wage loss, funeral expenses, and expenses not covered by insurance.

#### Resource WA VINE Protective Order Service --1(877) 242-4055

A free, 24-hour service for getting information on your Protection Order and registering to be notified when your Order has been served, is about to expire, or if the person causing you harm tries to purchase a firearm or seeks release of their firearms from the police. Call 1(877) 242-4055 or www.registervpo.com

### National Runaway Safeline ... 1-800-786-2929 www.1800runaway.org

National hotline that helps youth who have run away or are considering running away and their families. Links people to support and resources via phone, chat, or email.

#### Rape, Abuse & Incest National Network (RAINN) .....1-800-656-HOPE

www.rainn.org In Spanish 1-800-656-4673

Offers support specialists throughout the country for information on local services, help reporting to the police and counseling support.

#### Teen Link ...... Call or Text 1-866-Teenlink (833-6546)

teenlink.org

Connect with a trained teen volunteer who will be available to listen and talk with a young person about life's struggles. All calls are confidential.

### **Washington State Sexual Assault Forensic Exam** www.wasafe.org

A comprehensive list of medical providers by county specifically trained to provide medical care to **sexual** assault victims.

#### Abused Deaf Women's Advocacy Services (ADWAS)....1-855-812-1001

http://www.adwas.org/ or email hotline@adwas.org

Services to victims of domestic violence and/or sexual violence who are deaf, deaf/blind, or hard of hearing. Services include shelter, 24-hour crisis line, safety planning, therapy, support groups, legal/medical/child advocacy. Call their hotline, send them an email or visit their website for live chat.

#### API Chaya ...1-877 922-4292

www.apichaya.org or 206-325-0325

Full range of culturally informed services for Asian and Pacific Islander communities for domestic violence, sexual assault, and human trafficking. Staff are bilingual in Tagalog, Vietnamese, Korean, Gujarati, Hindi, Punjabi, Urdu, and Japanese.

#### Asian Counseling and Referral Services ... 206-695-7600

www.acrs.org

Counseling and social services for Asian Americans and Pacific Islanders. Staff are bilingual in a variety of languages. Sliding scale fees apply to some services.

#### Atlantic Street Center ... 206-945-3358

www.atlanticstreetcenter.org

General domestic violence advocacy, legal advocacy, support groups, safety planning, short-term individual therapy, short-term group therapy.

#### Chinese Information & Services Center ... 206-447-9944

www.cisc-seattle.org

A multi-service center including advocacy, safety planning and counseling for domestic violence victims and their children. Staff are bilingual in Cambodian, Chinese (Mandarin and Cantonese), Fujianese, Taiwanese, and Tioshanese.

#### Consejo Counseling and Referral Services ... 206-461-4880

www.consejocounseling.org \*206-753-7006, \*\*206-461-3222

Crisis Lines (\*After Hours and \*\*Weekend)

Counseling, safety planning, support groups, legal/medical advocacy and transitional housing for the Latinx/Hispanic community who have been the victim of domestic violence and/or sexual violence. Staff is bilingual in Spanish.

#### Domestic Abuse Women's Network (DAWN) ... 425-656-7867

www.dawnrising.org 1-877-465-7234 (Toll Free) or 425-656-7867 (Español)

Serves South King County

24-hour crisis line, confidential emergency shelter, safety planning, legal advocacy, transitional housing, and support groups for victims of domestic violence and their children.

#### 

www.vashondoveproject.org

Provides community and legal advocacy, 24-hour crisis line, and support groups for Vashon Island domestic violence survivors.

#### 

www.genderjusticeleague.org

Safe House program provides direct services to transgender, non-binary and gender diverse communities experiencing domestic violence, sexual assault, and/or exploitation in the sex trade.

#### Jewish Family Service Project DVORA...... 206-461-3240

www.ifsseattle.org

Counseling, safety planning, legal advocacy and support groups for Jewish communities with controlling or violent partners and their children. Staff speak Hebrew, Russian, Yiddish, and Vietnamese.

#### LifeWire ...425-746-1940

www.lifewire.org

Serves East King County 24-hour crisis line, confidential emergency shelter, safety planning, legal advocacy, transitional housing, and support groups for victims of domestic violence and their children. All services are free

Mother Nation ......206-722-2321

#### www.mothernation.org

Native American organization providing culturally informed healing services, advocacy, mentorship, and homeless prevention for survivors of domestic violence and/or sexual violence.

#### www.multicommunities

African American-led agency for domestic violence victims and their family. Uses a wraparound approach to advocacy, including connection to faith community leader, support groups, and safety planning.

#### New Beginnings...206-522-9472

www.newbegin.org

24-hour crisis line, confidential emergency shelter, safety planning, legal advocacy, transitional housing, and support groups for victims of domestic violence and their children.

#### Northwest Family Life ... 206-363-9601

www.northwestfamilylife.org

Christian-based advocacy services and groups for adults and children affected by domestic violence.

#### Pacific Islander Community Association of WA (PICA-WA)... 206-686-5221

#### www.picawa.org

Serves as a cultural home and advocates to further the wellness of the Pacific Islander communities in Washington State. This includes access to housing, transportation, food, social belonging, employment and education.

### Refugee Women's Alliance (ReWA) ... 206-721-0243 www.rewa.org

A multi-service center including domestic violence advocacy services for refugee and immigrant women. Services include counseling, support groups, safety planning and legal advocacy. Staff is bilingual in Amharic, Arabic, Chinese (Mandarin and Cantonese), French, Ilocano, Lao, Oromo, Romanian, Russian, Somali, Thai, Tigrigna, Ukranian, and Vietnamese.

### Salvation Army Domestic Violence Program ... 206-447-9944 www.salvationarmy.org

Domestic violence and sex trafficking advocacy services; safety planning, legal and community advocacy, and housing assistance.

### Seattle Counseling Service ...206-323-1768 www.seattlecounseling.org

Ongoing support groups and resources for lesbian, gay, bisexual, and transgender communities who are currently in or have been in a violent intimate relationship. Staff are bilingual in Spanish.

#### Seattle Indian Health Board ...206-324-9360 ext.1500

#### www.sihb.org

Support groups, safety planning, and advocacy services for Native American and Alaska Native victims of domestic violence, sexual assault and/or trafficking.

Solid Ground......1-800-621-4636

www.solid-ground.org

Provides confidential domestic violence shelter services, emergency housing and housing resources.

#### Somali Family Safety Task Force......206-760-1181

www.somalifamilysafetytaskforce.org

somcss@yahoo.com

Serves refugee women and their families with programs to combat and prevent gender-based violence and other programs.

#### The NW Network Bi, Trans, Lesbian, Gay Survivors of Abuse .... 206-568-7777

www.nwnetwork.org TTY/msg: 206-517-9670

Counseling, support groups, safety planning and legal advocacy for lesbian, bisexual, gay and trans people who are currently in or have left a physically and/or emotionally abusive relationship or sexual assault.

#### YWCA Seattle/King County Domestic Violence Specialized Services ... 425-264-1400 ext.4

www.ywca.org

Support groups, advocacy-based counseling, safety planning, legal advocacy, and transitional housing. Services are free and confidential.

#### **Children/Youth Resources**

neighborcare.org/clinics/youth-clinic-at-45th-street

Provides free or low cost medical and mental health services for youth and young adults who are experiencing homelessness, have experienced it within the last 12 months, or do not have a stable, safe place to live.

#### **Children's Justice Center of King County** www.cjckc.org

Coordinates with the multidisciplinary team involved in child abuse cases to ensure a collaborative response to victims and their families.

#### Department of Children, Youth and Families (DCYF)/ Child Protective Services (CPS) ...1-800-562-

5624

#### www.dcyf.wa.gov

A government agency that investigates reports of child abuse and neglect. They will work with both parents or legal caregivers to safely care for their child. CPS can also go to court to remove a child from the parents' care if necessary, to protect the child.

Provides a wide range of outpatient and inpatient mental health services for people of all ages, including infants, children, and youth.

Nexus Youth and Families (Auburn/ South King County)......253-939-2202 www.nexus4kids.org

Outpatient counseling program offering a variety of mental health, prevention and intervention services for children, youth and families experiencing emotional and behavioral problems.

Sound Mental Health Children's DV Response Team ............ 206-302-2300 or 206-444-7909

Seattle (with New Beginnings) 206-522-9472

www.sound.health

Offers supportive and individualized emotional and mental health services to children and youth of all ages, from birth to young adulthood.

#### www.kingcounty.gov/courts/superior-court/juvenile/step-up.aspx

Individual and group counseling for youth ages 13-17, who assault their family members. Also provides support groups for the parent/victim.

#### The NW Network of Bi, Trans, Lesbian and Gay Survivors of Abuse .....206-568-7777

www.nwnetwork.org/youthsupports

TTY/msq: 206-517-9670

Provides age appropriate counseling, support groups, safety planning and legal advocacy for lesbian, bisexual, gay and trans people ages 13-24 years old who are currently in or have left a physically and/or emotionally abusive relationship or are survivors of sexual assault.

WA End Harm.....1-800-609-8764

Department of Children, Youth and Families report line to report abuse for children and vulnerable adults.

#### Youth Eastside Services (YES) serves East King County 425-747-4937 www.youtheastsideservices.org

Individual and group counseling for teens who are victims of dating/ relationship violence or sexual assault. Individual, family, and group counseling for youth experiencing problems at home, in school or in the community. Serves youth ages 6 - 20.

YWCA Children's Domestic Violence Services (Seattle and King County)... 206-491-2541 www.ywcaworks.org

Free 10-week program for children who have experienced and/or witnessed domestic violence.

#### **Support Services for Sexual Assault Victims**

Abused Deaf Women's Advocacy Services (ADWAS) ...... TTY 1-888-236-1355

www.adwas.org \*If you do not have a TTY, dial 711 relay service

Services to victims of domestic violence and/or sexual assault who are deaf, deaf/blind, or hard of hearing. Services include safe homes, 24-hour crisis line, safety planning, therapy, support groups, legal/medical/child advocacy.

#### Harborview Abuse and Trauma Center ...... 206-744-1600 www.uwhatc.org

Crisis intervention, advocacy, counseling and support for sexually assaulted adults, children, and their families.

#### King County Sexual Assault Resource Center(KCSARC) ........ 425-226-5062

www.kcsarc.org

or 1-888-99-VOICE (86423)

Information and support for victims of sexual assault, including confidential advocacy and a 24-hour crisis line available to answer medical, legal, or other questions.

#### **Sexual Assault Resource Connector Tool**

SeattleSAHelp.org

SeattleAyuda.org (Spanish)

Online tool that can help survivors connect with sexual assault resources based on their answers to a series of guestions about the help or information they are seeking.

www.svlawcenter.org

Legal information and direct representation for protecting the privacy, safety, and civil rights of sexual assault survivors.

#### **Sexual Assault Medical Exams**

Kirkland Emergency Dept

Redmond Emergency Dept. 425-899-1111

www.evergreenhealthcare.org

SANE Nurse Examiners on-call 24/7 at Kirkland and Redmond Emergency Departments to preform sexual assault medical exams or "rape kits". Assists survivors of sexual assault, domestic violence, elder abuse specialized medical care, referral, and support.

Harborview Medical Center (Seattle) ...... 206-744-3000

www.uwmedicine.org/locations/emergency-department-harborview

Provides free sexual assault medical exams, or "rape kits" for sexual assault victims of all ages and genders.

**MultiCare** 

Auburn Medical Center ......253-833-7711

www.multicare.org/auburn-emergency-department

Covington Medical Center...... 253-372-7400

www.multicare.org/covington-emergency-department

Provides 24/7 sexual assault medical exams by a qualified SANE nurse.

Overlake Medical Center (Bellevue/Eastside) ....... 425-688-5000

www.overlakehospital.org

Provides free sexual assault medical exams for adult patients 18+ years old.

Seattle Children's Hospital ...... 206-987-2000

www.seattlechildrens.org

Provides free sexual assault medical exams for patients up to 21 years old.

St. Anne Hospital Serves Burien/West Seattle .... 206-244-9970

www.chifranciscian.org

Provides sexual assault medical exams 24/7 for victims of all ages.

St. Elizabeth Hospital Emergency Department Serves South King County/Enumclaw ... 360-802-8800

SANE Nurse Examiners on-call 24/7 for sexual assault medical exams.

St. Francis Hosp. Emergency Department....... 253-835-8100

Serves South King County/ Federal Way SANE Nurse Examiners on-call 24/7 for sexual assault medical exams.

www.swedish.org

Provides fee sexual assault medical exams for adults and children 13+ years old.

UW Medical Center Montlake Campus ...... 206-598-3300

www.uwmedicine.org/locations/uw-medical-center

Provides free sexual assault medical exams for adults and children 13+ years old.

Valley Medical Center Emergency Department .......425-228-3450

www.valleymed.org/emergency

Provides free sexual assault medical exams for adult and children 15+ years old.

Virginia Mason Medical Center ...... 206-583-6433

www.virginiamason.org

Provides free sexual assault medical exams for adults 18+ years old.

#### **Strangulation Forensic Nurse Examinations**

Forensic Nurse Exams are **FREE**, with no cost to victims, regardless of whether they reported to the police. Strangulation FNE are covered by Crime Victims Compensation (CVC). To get a strangulation forensic nurse examination in King County, you can go to any of the following emergency departments and let ER staff know you were strangled:

**Seattle:** After hours and weekends:

Virginia Mason Medical Center UW Medical Center, Montlake Campus Swedish First Hill

Harborview

East King County: Evergreen Medical Center

#### **South King County:**

Multicare, Auburn Multicare, Covington St. Anne's, Burien St. Elizabeth, Enumclaw St. Francis, Federal Way

#### **Support Services for Victims of Trafficking**

Provides full range of culturally informed programs, confidential hotline, support groups, safety planning, advocacy, and referral. Staff is bilingual in Tagalog, Vietnamese, Korean, Gujarati, Hindi, Punjabi, Urdu, and Japanese.

Offers women's only programs, drop-in day center, art program, free meals, free mobile medical van with access to a full range of women's health needs.

ConnectUP.....www.connectupwa.org

Provides services to commercially sexually exploited children and youth (CSEC), to those at risk, and to the individuals and families who provide care for these children. The pilot program can connect children and families to advocacy services, case consults and coaching for caregivers and social workers, in home therapy and crisis response services, short and long-term placement options and family finding services, among others. They offer a contact section on their website.

Cowlitz Tribal Pathways to Healing Program ... 206-466-5131

www.cowlitz.org/index.php/resources/health-and-human-services/29-pathways-to-healing-program

Serves Native American or Alaska Native (you do not need to be enrolled) victims of domestic violence or sexual assault in South King County/ Tukwila. Services honor traditional values and beliefs that promote safety and wellbeing.

International Rescue Committee (IRC) ...... 206-623-2105 www.rescue.org/united-states/seattle-wa

Provides solutions that improve the health, safety, education, financial wellbeing, and empowerment for people affected by crisis including labor and sex trafficking.

King Co CSEC Task Force......www.kingcountycsec.org/advocates

Regularly updated King County CSEC Contact and Advocate list. Includes CSEC government and community agencies, support groups, parent and caregiver support. Click on the Advocate Contact List.

Provides healing support groups, yoga practice, hotline, and advocacy services for victims of sex trafficking and prostitution.

REST ......Call or Text 206-451-REST (7378) www.restsurvivors.org

24/7 hotline for victims of sex trafficking and those involved in the sex trade. Drop-in day center, emergency shelter and residential program for people 18+, community and legal advocacy.

#### Washington Trafficking Help.....<u>www.watraffickinghelp.org</u>

"The goal of WATraffickingHelp.org is to be the central source of information regarding services and resources available to aid human trafficking survivors in the state of Washington." This website offers an extensive list of resources that you can search through by type or location.

YMCA Social Impact Center.....206-461-3222 www.seattleymca.org/social-impact-center/youth-young-adults Offers wraparound services including shelter, counseling, employment training, educational support, and more to young people ages 0-24.

#### YouthCare Bridge Collaborative.....1-855-400-CSEC (2732)

Monday-Friday 9am-5pm, option to leave a secure voicemail

Connect with advocates: communityadvocate@youthcare.org

www.youthcare.org/homeless-youth-services

A multi-agency partnership across King County focused on providing case management, support, and resources to youth and young adults experiencing labor trafficking, sex trafficking, or sexual violence.

Provides case management and supportive services to victims of gender based violence, including trafficking and sexually exploited adults.

#### **Stalking Resources**

**Coercive Control.org** 

www.cdar.uky.edu/coercivecontrol/index.html

Provides research-based tips & tools for victims of stalking, including the Stalking and Harassment Assessment & Risk Profile (SHARP).

**King County Stalking Protection Order Website** 

www.stalkingpo.org

For victims of stranger and acquaintance stalking, but offers helpful information on identifying stalking, assessing risk, safety

considerations and planning for all victims of stalking

**Stalking Prevention Awareness Resource Center** 

www.stalkingawareness.org

A program of the National Center for Victims of Crime that provides comprehensive information and resources on stalking.

#### **Technology Safety Resources**

Clinic to End Tech Abuse (CETA)

www.ceta.tech.cornell.edu/resources

Provides a collection of step-by-step how-to guides to help discover and address tech-related risks for victims of intimate partner violence and support workers alike. Their advocacy is limited to New York City, but the step-by-step guides are available to all.

Cyber Civil Rights Initiative ......1-844-CCRI (2274) www.cybercivilrights.org

Stops online abuse that threaten civil rights and liberties. May assist with victims of unwanted pornography and recorded sexual assault.

New Beginnings......206-737-0242 (24-hour Help Line) www.newbegin.org/find-help/staying-safe/technology-safety

Offers a monthly Technology Enabled Coercive Control Clinic. You can now call (206) 779-4864 between 12pm-2pm on the 1st and 3rd Tuesday of each month to make a same day appointment for tech-safety assistance, either with New Beginnings or with a different domestic violence agency in King County. The first step to meet with an advocate is by calling the 24-hour Help Line.

**The Safety Net Project** 

www.techsafety.org/resources

Develops resources and information on the use of technology for victims of domestic violence, sexual assault, stalking and trafficking.

#### **Legal Resources**

Eastside Legal Assistance Program (ELAP) ......425-747-7274 www.elap.org

Provides family law, self-help divorce and domestic violence clinics to low-income persons who qualify. Serves East King County/Bellevue.

### King County Bar Association – Lawyer Referral and Information Service ........... 206-267-7010 www.kcba.org

Evaluates need for legal assistance and refers to an attorney or community resources.

#### **King County Family Law Facilitator**

 Seattle Cases
 206-477-2553

 Kent Cases
 206-477-2781

www.kingcounty.gov/courts/superior-court/family/facilitator.aspx

Provides forms for filing a divorce, legal separation, child support modification, family law motion, restraining order or contempt motion. Facilitators cannot give legal advice.

#### 

Free 30-minute meeting with an attorney. Domestic Violence clinics available. Legal representation not offered. Available in several locations. Call for appointment, Monday - Thursday, 9 a.m. - Noon.

#### 

Checks for eligibility for assistance with civil legal issues. Provides a cross-cultural domestic violence legal clinic and some limited representation for low-income victims of domestic violence. Accepts referrals from domestic violence advocates and social workers only – individuals cannot refer themselves.

#### **Protection Order Advocacy Program**

www.protectionorder.org, LegalAtoms.com

Advocacy assistance with Protection Order petitions and hearings in King County. Protection Order advocates cannot give legal advice.

#### Sexual Violence Law Center ..... (844) 999-7857

#### www.svlawcenter.org

Legal information and representation for protecting the privacy, safety, and civil rights of sexual assault survivors.

#### WashingtonLawHelp.org

www.washingtonlawhelp.org

Website offering a guide to free civil legal services for low-income persons and seniors in WA, including protection from abuse, family law, housing, and immigration. Available in 25 languages.

#### **Immigration Resources**

Colectiva Legal del Pueblo......206-931-1514

www.colectivalegal.org

Provides immigration-related legal advice, information, representation and education to low-income Washington State residents. U-Visa and T-Visa information available.

#### **Northwest Immigrant Rights Project 206-587-4009**

www.nwirp.org or 1-800-445-5771

Provides immigration-related legal advice, information, representation, and education to low-income Washington State residents. U-Visa and T-Visa information available.

#### Peace in the Home Helpline......1-888-847-7205

Connects callers to an advocate that speaks their language.

Dial the number, wait until you hear your language, select that language. Languages: Amharic, Chinese, Japanese, Khmer, Lao, Russian, Romanian, Somali, Spanish, Tagalog, Thai, Tigrigna, Ukrainian, and Vietnamese.

U-Visa Information King County......206-263-3199

King County Sheriff

Email: KCSOUvisa@kingcounty.gov

www.kingcounty.gov/depts/sheriff/services/u-visa.aspx

Information available in the following languages; Cambodian, Chinese, Korean, Lau, Russian, Spanish, and

Vietnamese.

U-Visa Information City of Seattle......206.233.5141

Seattle Police Department

www.seattle.gov/police/need-help/uvisa

#### WashingtonLawHelp.org

www.washingtonlawhelp.org/resource/victims-of-crimes-and-u-visas#a

Frequently asked questions and other information regarding U-Visas, the application process, qualifying crimes and eligibility.

#### **Washington State Department of Commerce**

www.commerce.wa.gov/serving-communities/crime-victims-advocacy/safety-and-access-for-immigrantvictims

Offers helpful resources in several languages, links to find a certifying agency, and information on free or lowcost legal service providers.

#### **Shelter/Housing Information**

King County Coordinated Entry for All system..... Dial 211

Many shelter and housing programs require a referral through the Coordinated Entry system.

Broadview Emergency Shelter ......206-299-2500 www.solid-ground.org

Semi-confidential shelter and transitional housing for women with children. Safety planning, legal advocacy, support groups, and transitional housing, for victims of domestic violence.

Friends of Youth ...... 425-869-6490 (Young Adult)

www.friendsofyouth.org/shelters.aspx 206-236-5437 (Minors)

Provides many shelter and transitional housing options for children and youth ages 7-24 years old.

Mary's Place ......206-245-1026

www.marysplaceseattle.org

Provides safe shelter and services that support women, children, and families on their journey out of homelessness.

Social Impact Center, Arcadia......253-275-1634 and 253-350-0836

www.seattleymca.org/social-impact-center/youth-young-adults/housing-options-shelter/arcadia

Auburn, Washington

During the day, Arcadia is a drop-in resource center for young people ages 12-24. During the night, Arcadia transitions to an emergency shelter for ages 18-24.

#### **Domestic Violence Batterer Intervention**

Department of Social and Health Services (DSHS) DV Intervention Treatment https://www.dshs.wa.gov/sites/default/files/ESA/csd/documents/dv/DVIT%20Programs%20by%20CITY.pdf

If your abuser wants help for their abusive behavior, or if they has been court ordered to attend a Domestic Violence Intervention Treatment program, see website above for an agency in your area. Services are not free but may offer a sliding fee scale

#### What Is Domestic Violence?

Domestic Violence (DV) is a pattern of harmful, hurtful behaviors that one person in a relationship chooses to use on another to gain power and control. People who experience DV can be married, dating, living together, ex-partners, have children in common, relatives by blood or marriage. People of any gender, age, race, culture, or income may experience DV. Without intervention or help, DV can get worse and can even be life-threatening, especially if you have been strangled or firearms are present or threatened.

#### Some behaviors are especially dangerous:

- Threatening to kill you or themselves, especially if the abuser has access to weapons;
- Strangulation (putting their hands around your throat);
- Stalking after a break-up (including stalking you through electronic devices); and/or
- Controlling most or all your activities.

Domestic violence is **NOT** about getting angry and losing control...It is **NOT** mutual...and it is **NOT** typically just one incident. Domestic violence or abuse can take many forms and is sometimes a criminal offense.

#### Some forms of DV are:

**Emotional or Verbal**. Insults, blaming, put downs, name-calling, mind games, threats; making you feel humiliated; guilty, bad about yourself, shameful, "crazy".

**Controlling/Intimidating (Coercive Control)**. Isolating you from family and friends; controlling your money; keeping you from getting a job or going to school; controlling or monitoring what you do and where you go; destroying your things; threatening to hurt or take your children or pets; threatening immigration status; driving recklessly; or displaying weapons.

**Physical**. Any hurtful, intimidating, or offensive touching or contact. It can involve grabbing, pushing, kicking, shoving, or hitting, and could turn into more serious injuries or death.

**Sexual**. Insulting comments, unwanted touching forced or coerced sex, distributing intimate images of you online without your permission.

**Technology Enabled Coercive Control**. Using technology to control, threaten, isolate, or intimidate you. Demanding your passwords; requiring you to unfriend people; stealing your online identity; constant texting and demanding immediate response; pretending to be you or harassing you online; changing log-in information to lock you from accessing funds; sharing intimate images of you online without your consent.

#### **Does Domestic Violence Impact My Children?**

Children are very resilient. We know that children are often aware when there is fear or violence in their homes or have a loved one impacted by violence. Even if they do not see it (e.g., they are in bed or in another room), or appear to be doing okay, each child may react differently to the violence at home. Here are some common reactions:

**Emotional**. Children often feel guilty for not being able to stop the violence. They may be confused by their feelings for each parent. They may be scared, anxious, nervous, embarrassed, angry, depressed, or even feel suicidal about what is happening. Notice if the child's behavior changes.

Physical. Children may get stomach aches, headaches, or other symptoms because of emotional stress.

**Behavioral**. Some children may act out aggressively; copy what they see and hear; have trouble sleeping; or wet the bed. Others may become withdrawn or try to take care of the family. Many children get into fights at school; have trouble concentrating; get poor grades or are identified by teachers for behavioral issues or truancy; abuse drugs and alcohol; or run away

Counseling and support services can help children and are available through community agencies (see the "Resources" section at the beginning of this guide for more info). You can help your child by checking in with them, listening to them, and letting them know it's not their fault.

#### What Can I Do to Be Safe?

Planning for your safety and your children's safety is important. It may be helpful to discuss a safety plan with a Domestic Violence Advocate. Advocates are available for ongoing support or for short-term assistance and can be found at community-based agencies and in many police and prosecution agencies (see the "Resources" section for a list of agencies.

#### Planning for safety:

- Recognize the signs of abuse.
- Reach out for support from a trusted friend, family member or a community-based advocate.
- Plan how to get out of the house and how to call 9-1-1 during an incident of abuse.
- Develop a plan with your children.
- Teach your children how to call 9-1-1.
- Have a safe place to go where the abuser cannot find or get to you.
- Make several copies of important documents and hide them or give them to someone you trust.
- Have important phone numbers written down in case your phone is damaged or taken.
- Pack and hide important items in an overnight bag for you and your children (clothes, documents, medication, phone numbers).
- Put aside money and spare keys.
- Consider getting a Domestic Violence Protection Order
- If there are guns in your home, consider removing them and/or the bullets or consider filing for an Extreme Risk Protection Order to keep guns away from your abuser.
- Use a phone or computer that cannot be tracked by the abuser.

#### **KEEP EVIDENCE**

- If you want to report unwanted contact or abuse, save messages for the police when you make a report.
- Keep a log of abusive behavior.

#### **DURING AN INCIDENT**

- Call or text 9-1-1 for help! When calling from a cell phone, say your location first.
- · Get out if you can. Bring important documents and information you will need while you are away.
- · Avoid spaces with only one exit.
- Let the 9-1-1 dispatcher and police know if there are guns in the home. If you are concerned about the guns in the home, you can ask the officer to remove them temporarily for safety.

#### IN YOUR HOME

- Change locks, secure doors, and windows, change passwords on accounts.
- Plan to have someone stay with you.
- Change your phone number and passwords and turn off location options on all digital accounts and devices.
- Tell trusted friends, family, and neighbors.
- Check your phone and car for location sharing devices such as 'find my phone' or a GPS device.
- If you have been choked or strangled, within the last 48 hrs., a medical exam is encouraged to assess for serious medical issues, for free

#### AT THE WORKPLACE, SCHOOL, AND PUBLIC PLACES

- Inform your work, daycare, school, trusted family, friends, and neighbors (see "Your Rights in The Workplace").
   Give them copies of Protection/No Contact Orders.
- Change your daily routine.
- Plan for unexpected contact with the abuser.

#### What is Sexual Assault?

Sexual assault happens when a person is forced, coerced, and/or manipulated into any unwanted sexual activity. Sexual assault is a general term that includes a wide range of harm which may or may not involve force, specifically sexual contact or behavior that happens without explicit consent.

Usually, sexual assault is about manipulation, exploitation, and holding power and control over another person.

Sexual assault affects people from all races, incomes, cultures, genders, and sexual orientations. Communities who are oppressed or marginalized may experience additional forms of oppression (e.g. racism, homophobia) as well as greater rates of sexual assault.

#### WHAT DO I DO IF MY CHILD HAS BEEN SEXUALLY ABUSED OR ASSAULTED?

- Stay calm. While fear, sadness and anger are normal reactions, they can frighten your child.
- Reach out to a sexual assault resource service provider such as the King County Sexual Assault
  Resource Center 24-hour Resource Line at 1 (888) 99VOICE. Advocates are available to give you and
  your child support and resources to determine the next steps
- If your child has been sexually assaulted, within 120 hours (5 days), they should be seen right away by a Sexual Assault Nurse Examiner (SANE Nurse) or a trained emergency room doctor
- If the police have not been notified, you may call 9-1-1. A statement will be taken from you about the situation. If the incident requires more investigation, the information is provided to a detective who will set up a time for your child to be interviewed by a specially trained forensic interviewer.
- Generally, the police notify the Department of Children, Youth and Families (DCYF) of reports of child sexual abuse, physical abuse and neglect if they are not already involved. If the incident does not meet criteria, DCYF/CPS will just document the incident.
- If the incident meets criteria, the case will either be investigated or referred to a Family Assessment Response worker for assessment and services

#### WHAT IF I THINK I WAS DRUGGED AND SEXUALLY ASSAULTED?

- You should be seen right away by a SANE nurse or a trained emergency room doctor for an exam as soon as possible. Drugs leave the body VERY quickly (often within the first few urine samples). Special test must be done to screen for these drugs.
- Ask the hospital or clinic to take a urine and possibly a blood sample for drug testing by the police agency's crime lab.
- Save any other materials that might contain evidence of the drug(s) you may have been given, such as the glass that held your drink.
- If you feel comfortable, provide as much information as possible to the police. Police can help you decide what tests you might need and where to receive medical attention.

#### The abuse is not your fault. Help is available.

#### WHAT ARE MY MEDICAL CARE CHOICES AFTER A SEXUAL ASSAULT?

- You can get general medical care with or without a Sexual Assault Medical Exam.
- A non-acute medical exam is encouraged for children, youth, and adults where there is concern of sexual abuse or rape that has occurred more than five days prior. The primary purpose of these exams is to provide reassurance when a survivor has questions or concerns.
- You do not have to decide which type of care you want before you go to a hospital. Staff at the
  hospital can help you make the decision that works best for you. However, the only people that can
  collect evidence are qualified FNEs.

#### WHAT DOES GENERAL MEDICAL CARE OFFER AFTER A SEXUAL ASSAULT?

- A physical exam to locate any injuries especially if you have been choked or strangled;
- Test for Sexually Transmitted Infections (STIs);
- · Medication to prevent HIV and other STIs;
- · Emergency birth control to prevent pregnancy; and
- Drug testing is only done as part of a Sexual Assault Medical Exam. If you think you were drugged...TELL your doctor.

#### WHAT IS A SEXUAL ASSAULT MEDICAL EXAM?

Not all hospitals provide Sexual Assault Medical Exams or Sexual Assault Rape Kits (SAK). If you want evidence collection, as well as medical care, you must go to a hospital with trained staff

- A SAK or "rape kit" keeps evidence while you decide if you want to report to police.
- You do not need to report a crime to have an exam, but the process gives you a chance to safely store evidence in case you decide to report later.
- Exams are free, and as a crime victim you may be able to receive financial assistance.
- You may bring a friend or family member with you.
- Evidence is best when collected within 120 hours (five days) of the assault.

#### Track Your Sexual Assault Medical Exam www.wa.track-kit.us

To track where your sexual assault kit is in the process, enter the tracking number provided at the hospital. If you do not have this number or have misplaced the information, call the hospital where you received medical care.

#### **Strangulation Information**

#### WHAT IS STRANGULATION?

Strangulation is physical force applied externally that restricts either air or blood to or from the brain. It is an ultimate form of **power and control**, is a felony offense and may be an attempted homicide. Over half of strangulation victims do not have visible external injuries. There can be a delayed onset of symptoms after a strangulation, and during a strangulation unconsciousness may occur within seconds and death within minutes. **Choking** is when the airway is internally blocked by a foreign object.

#### SIGNS AND SYMPTOMS OF STRANGULATION

- Neck Pain
- Sore throat
- Vision changes (spots, tunnel vision, flashing lights)
- Neck swelling
- Nausea or vomiting
- Urination or defecation
- Mental status changes
- Red eyes or spots (petechiae)
- Voice changes
- Unsteady
- Possible loss or lapse of memory or consciousness
- Droopy eyelid (Ptosis)
- Droopy face
- Hearing changes
- Light headedness
- Difficulty breathing
- Jaw Pain
- Difficulty Swallowing

#### STRANGULATION FORENSIC NURSE EXAMS

Available for those who have been choked, strangled, or suffocated, regardless of whether they reported it to the police. Strangulation exams are important because serious medical complications *can* occur, including a stroke, even with **no visible injuries.** 

**Strangulation Forensic Nurse Exams are FREE** and covered by Crime Victims Compensation (CVC) and have **no cost to victims**. A strangulation Forensic Nurse Examiner (FNE) provides medical treatment, information and support, assess safety, collects and preserves medical findings and forensic evidence. The

ambulance is free, as well as the FNE and treatment. (Note: Ambulance reimbursement is done separately under CVC). These exams are only offered in participating hospitals.

**If you present within 5 days** of the assault, you will be seen in the emergency room in a visit between the doctor, social worker and FNE. The FNE provides exam and evidence collection.

**If you report strangulation within the last 7 days**, you will be seen and evaluated in the emergency department by a doctor and social workers.

The act of strangulation significantly increases the chance of a future homicide in family abuse cases, including domestic violence, child abuse and elder abuse.

#### What is Human Trafficking?

#### Federal Law Defines Human Trafficking As:

- The recruitment, transportation, harboring, provision, or obtaining of a person for labor or services using force, fraud or coercion, for the purposes of subjecting that person to involuntary servitude, peonage, debt bondage or slavery.
- Sex trafficking where commercial sex act(s), such as prostitution is forced, coerced or when the person
  performing such an act is under 18 years old;

#### What is Commercial Sexual Exploitation of Children?

Commercial Sexual Exploitation of Children (CSEC) is another term for the sex trafficking of children. It includes a range of crimes and activities involving the sexual abuse or exploitation of a child for the financial benefit of any person or in exchange for anything of value (including financial and non-financial benefits) given or received by any person.

#### **Common Myths About Human Trafficking**

There is a lot of incorrect information and misunderstandings about who and what human trafficking looks like. Survivors of trafficking have a wide variety of experiences which may make it difficult to identify if you are being trafficked. **Common myths** include:

- Human Trafficking only happens to people outside of the United States;
- Sex trafficking is the only form of trafficking;
- Human trafficking and sex work/ prostitution are the same thing;
- Trafficking only happens by large crime syndicates or coordinated international crime rings;
- It's always or usually a violent crime such as "smuggling" or abducting a person against their will;
- All victims and survivors want to be "rescued"; and
- All human trafficking involves the movement across state or international boarders.

#### What are the Warning Signs of Trafficking?

According to Polaris someone might be in a labor trafficking or exploitation situation if they:

- Feel pressured by their employer to stay in a job or situation they want to leave;
- Owe money to an employer or recruiter and/or not being paid what they were promised or are owed;
- Do not have control of their passport or other identity documents;
- Are living and working in isolated conditions, largely cut off from others or support systems;
- Appear to be monitored by another person when talking or interacting with others;
- Are being threatened by their boss with deportation or other harm;
- Are working in dangerous conditions, without proper safety gear, training, adequate breaks and other protections; and/or
- Are living in dangerous, overcrowded or poor conditions provided by an employer.

According to Polaris, someone may be in a sex trafficking situation if:

- You want to stop participating in selling or trading sex but feel scared or unable to leave;
- You disclose that you were not fully willing to engage in selling sex but someone pressured you into it;
- You live where you work or are taken by guards between home and workplace;
- You are children who live with, are supported by, or dependent on a family member with a substance abuse problem or who is abusive in other ways;
- You have a pimp or manager in the sex trade;
- You work in a job where it may be common to be pressured into doing sex acts for money, such as a strip club, illegal cantina, go-go bar, or illegal massage business; and/or
- You have an older, or controlling parent, guardian, romantic partner or "sponsor" who will not allow you to meet or speak with the person alone or monitors your movements, spending and/or communications.

#### What Resources are Available for Immigrants who have been Trafficked?

U and T Visas provide immigration protection for victims and qualifying family members who are immigrants involved in qualifying crimes, including human trafficking. Victims who are helpful to law enforcement in the detention, investigation or prosecution of criminal activity may qualify for a U-Visa or a T-Visa. These visas are not automatic and can only be granted if the required paperwork is sent from the law enforcement agency where the crime occurred or from another certifying agency.

A certifying agency for completing the form I-918B can be any federal, state, tribal, territorial, or local law enforcement agency, prosecutor, judge, or other authority with the authority to:

- Detect, investigate, and prosecute qualifying crimes.
- Or, convicts or sentences the perpetrator of the qualifying crime(s). Certifying agencies can also be agencies with criminal investigative jurisdiction, such as:
- child and adult protective services
- the Equal Employment Opportunity Commission,
- and federal and state Departments of Labor.

Both visas can be valid up to four years, and in some cases may be extended. **To Get More Information or To Submit a U-Visa or T-Visa Certification Request Please Contact:** 

Zoraida Arias, U-Visa/T-Visa Program Manager King County Sheriff's Office—Legal Unit 516 3rd Ave #W116Seattle, WA 98104

Phone: 206-263-3199 E-mail: KCSOUvisa@kingcounty.gov

**Criminal cases** that have been filed in the **King County Prosecuting Attorney's Office may be** certified by the Prosecuting Attorney's Office if victim cooperation and participation in the prosecution of the qualifying crime can be confirmed.

#### What are my Legal Options?

#### THE CRIMINAL LEGAL SYSTEM

Step 1: Make a report to the police. As an adult, it is your choice if this is the best decision for you.

If you are under the age of 18, you can also decide to make a report, however, due to WA State
mandatory reporting laws, there may be times a report is made for you by certain professionals. Some
examples of mandatory reporters are social services counselors, advocates, licensed childcare
providers, and school professionals.

Step 2: After a report to the police has been made, the details are sent to the prosecutor's office, who may file criminal charges against the person causing harm.<sup>1</sup>

From there, the investigation may continue, and it is up to the prosecutor's office to decide whether to move forward with a case in court. During the decision-making process, the prosecutor is evaluating: if the crime occurred; what forms of evidence exist; what can be charged under the state's criminal laws; and whether or not the crime can be proven beyond a reasonable doubt.

To access our glossary (Legal-Speak Explained), or to find more information on the Criminal Justice Process, please visit <u>The criminal justice process - King County, Washington</u>. We have videos, frequently asked questions, an interactive infographic and a printable version of the Criminal Justice Process.

**Mandatory Arrest**: Washington State has a mandatory arrest law related to domestic violence incidents that sometimes require police to make an arrest. This law applies when there is evidence of physical harm to a person or destruction of property at the crime scene.

**Bail**: If the person who caused harm is arrested, he/she is usually held without bail until the first court appearance (usually 24-48 hours after the arrest). **You have the right to provide input at any hearing where bail or release is being considered.** Contact the WA VINE inmate lookup service to be notified of the offender's release.

**Access to Weapons**: If you have concerns about your offender's access to guns you can notify your advocate or the police to request the guns be removed. As a victim of a crime, you have specific rights and access to financial help based on <u>RCW 7.69.030</u>.

#### THE CIVIL LEGAL SYSTEM

The civil legal system is designed to offer those who have been harmed safety options, other resources, and assistance for the harm they have experienced. The victim is the person that begins this type of legal action, and they do not need to have made a police report to do so. The standard of proof in the civil legal system is "preponderance of evidence," which means "more likely than not." Some examples of civil cases that a victim of DV, stalking, sexual assault, and/or sex trafficking may be involved with are:

- · Protection orders,
- Family law (e.g. custody or divorce); and/or
- Sexual harassment in the workplace or by a landlord, or personal injury.

Depending on where the assault took place or who the abuser is, the victim may also be involved in campus judicial process, a correctional facility's administrative investigation process, or the military justice system.

#### What to Expect Once I am Involved in the Legal System

#### Who might contact me?

#### **System-Based Advocate**

In the criminal justice system, victims of domestic violence, stalking, sexual assault and/or trafficking have the option to work with an advocate. A system-based advocate is a professional who works within a Prosecutor's Office or police department to provide emotional support and inform you throughout the legal process. Your advocate can go with you during interviews, keep you informed about your case, and provide you with counseling and community resources. Information you share is **not confidential**. If your phone number or address changes, it is important to let your advocate and the prosecutor know so they update you about your case.

**Detective -** The police report may be given to a detective for review. The detective may want to follow up with you to complete the investigation before sending the report to the prosecutor's office.

**Prosecutor** - The prosecutor is the attorney for the City or County, and they may need to talk to you before deciding if they will file charges.

**Defense Attorney** The person causing harm has the right to have an attorney. The defense attorney might contact you. You have the right to have a prosecutor, advocate, or a support person with you if the defense attorney or investigator wants to discuss the case with you.

#### Will charges be filed?

The prosecutor may or may not file charges against the person causing you harm. If the prosecutor does not file charges, you will be informed of this decision. **While your input is important, only the prosecutor decides whether to file charges**\*. If charges are not filed and you feel you need protection, you can file a petition for a Civil Protection Order.

#### If charges are filed...

You have the right to give input and receive updates. Communicate with your system-based advocate or the prosecutor for this information.

#### Will there be a trial?

After charges are filed, the defense attorney and prosecutor decide if the case will go to trial or they agree on another way to resolve the case. The advocate or prosecutor can keep you informed of these discussions. Many cases are resolved without a trial. If your case is set for trial, it may not happen right away. Keep in contact with your advocate and prosecutor during this time so they can update you on what may be happening. You may receive a subpoena, which is a legal document ordering attendance in court. It lists a name and telephone number you can call for more information about time and location. Failure to appear can result in legal action.

#### What happens if the defendant pleads guilty or is found guilty?

If the person causing harm pleads guilty or is found guilty, they will be sentenced. You have the right to be present and to be heard at the sentencing hearing. Your wishes and concerns are important to the prosecutor and the judge. Your advocate can help you with any statement you may want to make at the sentencing hearing about how the crime has impacted you and what you would like to see happen.

Some common sentencing options in domestic violence cases are: domestic violence batterer's intervention or an individualized treatment plan, probation, alcohol or drug counseling, restitution for medical expenses or damaged property, jail time, no possession of firearms, community service, parenting classes, fines and a No Contact Order.

\* If the police decide there is not have enough evidence to make an arrest or to initiate a criminal proceeding by citation or otherwise, you have the right as a victim of domestic violence to initiate a criminal proceeding (see <a href="RCW 10.99.030(6)(a">RCW 10.99.030(6)(a)</a> and <a href="CrRLJ 2.1(5)(C">CRLJ 2.1(5)(C)</a> for more information).

#### What is a No Contact Order?

If the person causing harm is arrested for, or charged with a domestic violence, stalking, sexual assault, or trafficking crime, a No Contact Order may be issued by a judge on your behalf to stop the abuser from contacting you.

When issuing a No Contact Order, the judge considers the input of the prosecutor and the victim, safety issues, and the defendant's (the person causing harm) criminal history, as well as history of abuse.

This type of order does not require you to fill out a petition, because it is part of a criminal action. PLEASE BE AWARE: The judge may issue a No Contact Order whether you request one or not. Contact your advocate to discuss your wishes.

#### If a No Contact Order is issued:

You will be sent a copy. If you are unsure if a No Contact Order was issued, or you have not received your copy, please contact your advocate or the prosecutor.

In most domestic violence cases, the offender will not be allowed to have guns, other dangerous weapons or concealed pistol license, and will be required to turn in all guns to police as soon as possible, or if they do not have any, confirm there are no guns to turn in to the police.

The offender can be charged with an additional crime if they obtain, access, purchase or possess guns while a No Contact Order and/or Order to Surrender Firearms is in place.

Violations of a No Contact Order are considered a new and separate crime. It is the offender's responsibility to follow the No Contact Order. Even if you invite contact, the offender could be arrested and charged with additional crimes. To report a violation of No Contact Order, call 9-1-1 right away.

#### **Civil Protection Orders**

As a victim of domestic and/or sexual violence, stalking or harassment, you are able to file for a Civil Protection Order. To file for a protection order, there does not need to be an arrest, police report or criminal charge, and it is free to file. There is a filing fee associated with anti-harassment protection orders. If needed, you can complete a fee waiver to submit when filing.

# Protection Orders Can

- Tell the person causing harm (the respondent), to stop harassing and/ or contacting the person seeking protection (petitioner).
- The restrained person may be ordered to have no contact and to "stay away" from the petitioner.
   This also includes contact over the internet/cyberstalking.
- Some orders exclude the
  restrained person from petitioner's
  residence (even if shared), school,
  business, or place of employment,
  or from coming to the school or
  daycare of minor children.
- Some orders may order treatment or counseling.
- Some award temporary custody of children under 18 years to one parent, create temporary visitation, and stop one parent from interfering with custody.
- Remove firearms, access to, or ability to purchase firearms from the restrained person.

# Protection Orders Cannot

- · Order child support;
- Order maintenance income (alimony);
- Grant ownership of property to either person;
- Establish permanent child custody or "ownership" of family home; nor
- · Guarantee your safety.



A protection order works best if it is part of a full personal safety plan.



# Is a Protection Order a safe next step?

Deciding if a protection order is the right next step is a very important and individual decision. While many people find that the order may be a good tool for preventing future harm, it may not work well in every case. Below are some key questions to ask yourself:

- 1. What would be the **short-term and long-term benefits** of getting a protection order?
- 2. What might be some **negatives** of getting a protection order?
- 3. Do the benefits outweigh the negatives of getting an order?
- 4. What might happen if you do not file the order?
- 5. Will filing for a protection order put you in more danger in the short term and in the long term if you did NOT file the order?
- 6. Does the person causing you harm have access to firearms, have they ever threatened you with a firearm, or threatened to harm themselves or someone you care about with a fire arm? Please reach out to our Firearms Team for more information.

#### Which Civil Protection Order is Right for me? Do you meet the criteria for a Domestic Violence **Protection Order?** To qualify does your Current or former Intimate Partner, situation include including dating relationships **Domestic Violence** Family or Household Member committed by: Suffering physical harm, bodily injury, Do you meet the assault, or sexual assault definition of "Domestic Threat or fear of physical harm Violence" including: Unlawful Harassment or Stalking Coercive Control NO YES Why do you need an order? Consider filing for To prevent gun an Extreme Risk violence **Protection Order** Consider filing for a **Domestic Violence Protection Order.** To protect a Consider filing for a **Vulnerable Adult Vulnerable Adult Protection Order** Consider filing for I have been a Sexual Assault sexually assaulted Order Scan to learn more: Consider filing for I have been a Stalking stalked **Protection Order** Consider filing for I have been an Anti-Harassment

harassed

Order



Domestic Violence committed by a current or former intimate partner including dating relationship, or a family/household member. "Domestic Violence" includes:

- Threat, fear of, or actual physical harm
- Unlawful Harassment or Stalking
- ✓ Coercive Control

Relationship requirements:

- Restrained person and protected person are:
  - current or former intimate partners (including brief dating relationships),
  - or a family or household member.
- Qualifying petitioners include individuals who are:
  - · Age 15 or older
  - Filing on behalf of a minor child, where you are the parent or legal guardian, or custodian.



## Sexual Assault Protection Order

Nonconsensual Sexual conduct and/or penetration committed against the petitioner by the restrained person.

- A single incident is sufficient to qualify.
- 🗸 No relationship is required.
  - Age 15 or older on behalf of himself or herself.
  - A minor child, where the petitioner is the parent or legal guardian, or custodian.
  - A vulnerable adult where the petitioner demonstrates as an interested person in the adult's wellbeing and the adult cannot file the petition because of age, disability, health, or inaccessibility
- Not intended for petitioners who have current or former intimate partner relationships, dating relationships, or are family/household members, but petitioner can choose this type of order if desired, speak with an advocate to discuss options.



### Stalking Protection Order

Stalking committed against the petitioner by the restrained person, includes criminal acts in RCW 9A.46.110 or "cyber harassment" in 9A.90.120. Stalking is a pattern of behavior directed at a specific person that would cause a reasonable person to fear. "Stalking" includes:

- Repeated unwanted behaviors that cause fear.
- Acts serve no legitimate purpose. Qualifying Relationship and Age requirements:
- No relationship is required
- Age 15 or older on behalf of himself or herself
- Age 15 or older on behalf of other family/household member who is a minor
- A minor child, where the petitioner is the parent or legal guardian, or custodian.
- ✓ Not necessarily intended for petitioners who have current or former intimate partner relationships, dating relationships, or are family/household members, but petitioner can choose this type of order if desired, speak with an advocate to discuss options.



#### Anti Harassment Order

Unlawful harassment committed against the petitioner by the respondent.
"Unlawful Harassment" includes a pattern of behavior directed at a specific person that seriously alarms, annoys, harasses, and serves no legitimate purpose and would cause a reasonable person substantial distress.

- 🗸 No relationship is required.
- Not necessarily intended for petitioners who have current or former intimate partner relationships, dating relationships, or are family/household members, but petitioner can choose this type of order if desired, speak with an advocate to discuss options.
- May include a single act violence or threat of violence as outlined in RCW 9A.36.080 or includes the presence of a firearm.



#### Vulnerable Adult Protection Order

Petitioner or person on whose behalf order sought is a vulnerable adult and has been abandoned, abused, financially exploited, or neglected, or is threatened with abandonment, abuse, financial exploitation, or neglect."Vulnerable Adult" includes:

- Someone over 60 years old without functional, mental, or physical ability to care for themself.
- Someone 18 years or older and is incapacitated has a developmental disability, is living in a licensed facility or at home care.
- 🗸 No relationship is required.



#### Extreme Risk Protection Order

Respondent poses a significant danger of causing personal injury to self or others by having in their custody or control, purchasing, possessing, accessing, receiving, or attempting to purchase or receive, a firearm.

- An intimate partner of the respondent, family or household member of the respondent,
- A law enforcement officer or agency can petition the court.

Removes the firearm and CPL and ability to purchase firearm from the respondent only. No additional protections.

#### **Other Orders**



#### Family Law Restraining Order

A Restraining Order must be attached to a family law case. For example, a restraining order can be request in an open dissolution or divorce case, a legal separation, or part of a parenting plan. For more information about filing a family law case, please visit the King County Family Law Facilitators office or visit www.washingtonlawhelp.org

If you do not have an open family law case, please refer to the above Civil Protection Orders to determine which order might best meet your needs.



#### Criminal No Contact Orders

A Criminal No Contact Order may be requested in a criminal case by a prosecutor (attorney representing the city, county, or state) and ordered by a judge. Criminal No Contact Orders are possible in the following cases:

✓ Domestic Violence ✓ Sexual Assault ✓ Stalking ✓ Harassment ✓ Trafficking

For more information about criminal no contact orders, or information about how to motion to lift a criminal no contact order please contact the orders originating jurisdiction to request their procedures.

### Filing a Protection Order

For more information on this filing process visit www.kingcounty.gov/ProtectionOrders



# Is a Protection Order right for me?



Works best with a **Safety Plan.** Use our online safety planning tool.



#### Consult with an advocate.

Making the decision to file a protection order can be difficult - working with an advocate may help you identify your options.



Identify which of the 6 protection orders may best meet your needs. Use our online tool



# File completed Forms with Court Clerk



File in person at any <u>King County</u>
<u>Superior Court</u> or <u>King County</u>
<u>District Court Clerks</u> office.



File online with King County
Superior Court if you choose not to file in Superior Court, follow that court's instructions.



# Complete Protection Order Forms



**Complete** your protection order forms online, or



**Pick up the forms in-person** at <u>King</u>
<u>County Clerks</u> office locations, or print them through <u>WA Courts</u>
website.



**Consult** with a Protection Order Advocate, Community Advocate, or Attorney for help.



Collect and attach any **supporting evidence** if available, i.e., police reports, text messages, photos, etc.



# Go to "Ex Parte" Hearing for Temporary Orders



Once you have filed your forms with the Clerks office you will go to an **ex-parte court** either virtually or in-person to have a judge review your petition and **approve or deny your order.** 



Temporary Order is either **granted or denied**, 2 week return hearing scheduled.



Paperwork is Processed If your order is granted your order will be filed with the clerks office, and then sent to Law Enforcement for **service and entry** in the WACIC database system



### Attend Return Hearing





Join the virtual **Return hearing** by finding your case on the 8:30 am virtual calendar online at <u>King</u>
<u>County Superior Court</u>



In order to obtain your full protection order, the respondent must be served 5 court days in advance of your hearing. Law Enforcement or other third party may administer service.

#### **Contested Hearing**

occurs when the opposing party (restrained person) has been:



- Served on time with proof of service on file
- Opposing party is present and is arguing against entry of the order, and
- ✓ All parties are ready

The Judge will swear both parties into the record, both parties will have an opportunity to give testimony, and the judge will then make their finding and either grant or deny the full protection order.

#### **Uncontested Hearing**

occurs when the opposing party (restrained person)

has been served on time, is not present, or agrees.
If the court finds that harm occurred based on the statement from the petitioner the judge will grant the protection order.

# Hearing Continued and Reissuance of Temporary Order

occurs when the Protection Order was not served, or if parties are not ready to begin or had time to respond to the petition. The law encourages the protection order process to be streamlined. please talk with advocate if you are experiencing delays.

# Modify, Terminate, or Renew Protection Order

# Modify or Terminate a Protection Order

Any existing protection order can be modified (by both parties) or terminated (moving party/ petitioner). Respondents may only motion to modify 1 time per 12 month period.

# Renew a Protection Order

Any active protection order can be extended before it ends by filing a **Motion to Renew**. It is advised to begin the process at least one month before the order ends.

#### Reconsideration or Revision of an Order

Any party can file for a motion of reconsideration or a motion of revision if filed within 10 court days of a decision.

For more information on this filing process visit www.kingcounty.gov/ProtectionOrders

#### What about guns?

- Guns in homes where domestic violence is happening can be a deadly combination for survivors, their children, family members, police and the person being abusive (suicide risks).
- If guns are in your home and you do not feel safe, you can ask the police to temporarily remove the guns for safety.
- In most domestic violence cases (civil and criminal), there will be an order that prohibits the offender from owning, possessing or purchasing guns and that requires them to be turned into law enforcement. Additional crimes may be charged if these orders are not followed.
- In situations where guns were removed by or given to the police, you can request that the police tell you when the guns are going to be returned. Police will hold the guns for 72 hours from the time of notification. You will need to provide a case or incident number to the police (see <a href="RCW 9.41.340-.345">RCW 9.41.340-.345</a>).
- If you seek a Domestic Violence Protection Order (DVPO), you must register your order in order to receive notification if the restrained person asks for the return of their guns or attempts to purchase one from a federal firearms licensed dealer.

#### **Regional Domestic Violence Firearms Enforcement Unit**

The mission of the Regional Domestic Violence Firearms
Enforcement Unit is to reduce gun violence and increase victim and
community safety through regional collaboration and enforcement of
gun laws. Find out more about this program at
<a href="https://www.kingcounty.gov/depts/prosecutor/ellies-place/rdvfeu.aspx">www.kingcounty.gov/depts/prosecutor/ellies-place/rdvfeu.aspx</a>
or Email:<a href="mailto:SeaKingFirearms@kingcounty.gov">SeaKingFirearms@kingcounty.gov</a>

#### Lock It Up

Lock It Up promotes gun safety by increasing safe gun storage. Learn more here: <a href="www.kingcounty.gov/depts/health/violence-injury-prevention/violence-prevention/gun-violence/LOCK-IT-UP.aspx">www.kingcounty.gov/depts/health/violence-injury-prevention/violence-prevention/gun-violence/LOCK-IT-UP.aspx</a>
Brochures are available in multiple languages.

#### Rights of Crime Victims and Witnesses (RCW 7.69.030)

Washington State law is required to make sure crime victims or survivors of a crime, and a witness to a crime, have the following rights:

- Victims of violent or sex crimes, receive a written statement of the rights of crime victims listed in <u>RCW</u> 7.69.030 reporting a crime, as well as local crime victim/witness program information if such a program exists;
- 2. To be informed of the final outcome of the case;
- 3. To be notified of changes in court dates that you have been subpoenaed or required to attend;
- 4. Toget available protection from harm and threats of harm due to cooperation with police and prosecution efforts;
- 5. To get any witness fees you are entitled;
- 6. When possible, to have a safe waiting area during court hearings;
- 7. To have any stolen or other personal property used as evidence returned to you as soon as possible after the case is over;
- 8. To have someone help with your employer if necessary when you are required to be in court;
- 9. To have access to medical assistance right away and not be held by the police for an unreasonable amount of time, making it difficult to get medical attention. An employee from the police department may, if needed, go to the hospital to question the person more about the criminal incident. For victims of domestic violence, sexual assault, or stalking (or their family members), to be allowed reasonable leave from their job to take care of legal issues, receive medical treatment, or obtain other necessary services;
- 10. For victims of violence and sex crimes, there is a crime victim advocate or support person present at any court or police related interviews, for emotional support;
- 11. To be present in court during trial or after your testimony has been given and no further testimony is required;
- 12. To be informed of the date, time, and location of the trial, and the sentencing hearing for felony cases if requested;
- 13. To submit and retain a victim impact statement or report to the court;

- 14. To present a statement, personally or by an attorney, at the sentencing hearing for felony convictions; and
- 15. To have restitution ordered by the court in all felony cases, if appropriate.

#### Rights of Child Victims and Witnesses (RCW 7.69A.030)

In addition to the rights for all crime victims and witnesses, Washington law requires reasonable efforts be made to make sure the following rights for child victims and witnesses under the age of 18:

- 1. To have all proceedings explained in language easily understood by the child;
- 2. When possible, for child victims of sex or violent crimes or child abuse, to have a crime victim advocate, or any other support person of the victim's choosing, at any court-related interviews.
- 3. When possible, to be provided a secure waiting area during court proceedings and to have an advocate or support person stay with the child prior to and during any court proceedings or process;
- 4. To not have the names, addresses, or photographs of the child victim or witness disclosed to any agency outside the criminal justice system without permission;
- 5. To allow an advocate to make recommendations to the prosecuting attorney about the child's ability to cooperate with prosecution and the potential effect of the proceedings on the child;
- 6. To allow an advocate to inform the court about the child's ability to understand the nature of the legal proceedings;
- 7. To be provided information and referrals to social service agencies to assist the child and/or the child's family with the emotional impact of the crime and the legal proceedings;
- 8. To allow an advocate to be present in court to provide emotional support to the child during testimony;
- 9. To inform the court about the need to have other supportive persons present during the child's testimony;
- 10. To allow police to work with other trained professional personnel such as child protection services, victim advocates or prosecutorial staff trained to interview child victims; and
- 11. Child victims of violent or sex crimes or child abuse, to receive a written statement of the rights of child victims as listed in <a href="RCW 7.69A.030">RCW 7.69A.030</a> as well as local crime victim/witness program information, if such a program exists.

#### **Sexual Assault Victim Rights**

As a survivor of sexual assault, you have these rights under RCW 70.125.110

- (1) In addition to all other rights provided in law, a sexual assault survivor has the right to:
- (a) Receive a medical forensic examination at no cost;
- (b) Receive written notice of the right under (a) of this subsection and that he or she may be eligible for other benefits under the crime victim compensation program, through a form developed by the office of crime victims advocacy, from the medical facility providing the survivor medical treatment relating to the sexual assault;
- (c) Receive a referral to an accredited community sexual assault program or, in the case of a survivor who is a minor, receive a connection to services in accordance with the county child sexual abuse investigation protocol under RCW 26.44.180, which may include a referral to a children's advocacy center, when presenting at a medical facility for medical treatment relating to the assault and also when reporting the assault to a law enforcement officer;
- (d) Consult with a sexual assault survivor's advocate throughout the investigatory process and prosecution of the survivor's case, including during: Any medical evidentiary examination at a medical facility; any interview by law enforcement officers, prosecuting attorneys, or defense attorneys; and court proceedings, except while providing testimony in a criminal trial, in which case the advocate may be present in the courtroom. Medical facilities, law enforcement officers, prosecuting attorneys, defense attorneys, courts and other applicable criminal justice agencies, including correctional facilities, are responsible for providing advocates access to facilities where necessary to fulfill the requirements under this subsection. The right in this subsection applies regardless of whether a survivor has waived the right in a previous examination or interview;

- (e) Be informed, upon the request of a survivor, of when the forensic analysis of his or her sexual assault kit and other related physical evidence will be or was completed, the results of the forensic analysis, and whether the analysis yielded a DNA profile and match, provided that the disclosure is made at an appropriate time so as to not impede or compromise an ongoing investigation;
- (f) Receive notice prior to the destruction or disposal of his or her sexual assault kit;
- (g) Receive a copy of the police report related to the investigation without charge;
- (h) Review his or her statement before law enforcement refers a case to the prosecuting attorney;
- (i) Receive timely notifications from the law enforcement agency and prosecuting attorney as to the status of the investigation and any related prosecution of the survivor's case;
- (j) Be informed by the law enforcement agency and prosecuting attorney as to the expected and appropriate time frames for receiving responses to the survivor's inquiries regarding the status of the investigation and any related prosecution of the survivor's case; and further, receive responses to the survivor's inquiries in a manner consistent with those time frames;
- (k) Access interpreter services where necessary to facilitate communication throughout the investigatory process and prosecution of the survivor's case; and
- (I) Where the sexual assault survivor is a minor, have:
- (i) The prosecutor consider and discuss the survivor's requests for remote video testimony under RCW 9A.44.150 when appropriate; and
- (ii) The court consider requests from the prosecutor for safeguarding the survivor's feelings of security and safety in the courtroom in order to facilitate the survivor's testimony and participation in the criminal justice process.
- (2) A sexual assault survivor retains all the rights of this section regardless of whether the survivor agrees to participate in the criminal justice system and regardless of whether the survivor agrees to receive a forensic examination to collect evidence.
- (3) If a survivor is denied any right enumerated in subsection (1) of this section, he or she may seek an order directing compliance by the relevant party or parties by filing a petition in the superior court in the county in which the sexual assault occurred and providing notice of such petition to the relevant party or parties. Compliance with the right is the sole remedy available to the survivor. The court shall expedite consideration of a petition filed under this subsection.
- (4) Nothing contained in this section may be construed to provide grounds for error in favor of a criminal defendant in a criminal proceeding. Except in the circumstances as provided in subsection (3) of this section, this section does not grant a new cause of action or remedy against the state, its political subdivisions, law enforcement agencies, or prosecuting attorneys. The failure of a person to make a reasonable effort to protect or adhere to the rights enumerated in this section may not result in civil liability against that person. This section does not limit other civil remedies or defenses of the sexual assault survivor or the offender.
- (5) For the purposes of this section:
- (a) "Law enforcement officer" means a general authority Washington peace officer, as defined in RCW 10.93.020, or any person employed by a private police agency at a public school as described in RCW 28A.150.010 or an institution of higher education, as defined in RCW 28B.10.016.
- (b) "Sexual assault survivor" means any person who is a victim, as defined in RCW 7.69.020, of sexual assault. However, if a victim is incapacitated, deceased, or a minor, sexual assault survivor also includes any lawful representative of the victim, including a parent, guardian, spouse, or other designated representative, unless the person is an alleged perpetrator or suspect.
  - (c) "Sexual assault survivor's advocate" means any person who is defined in RCW 5.60.060 as a sexual assault advocate, or a crime victim advocate.

#### **More Information on Victims Rights**

RCW 10.99.030 (7): Victims of Domestic Violence, you may ask the city or county prosecuting attorney to file a criminal complaint.

You also have the right to file a petition in Superior, District or Municipal court requesting a protection order from domestic violence, which could include any of the following:

(a) An order restraining your abuser from further acts of abuse;

- (b) An order directing your abuser to leave your household;
- (c) An order preventing your abuser from entering a residence, school, business or place of employment;
- (d) An order awarding you or the other parent custody of, or visitation with, your minor children in your custody; and
- (e) An order restraining your abuser from contacting, molesting, or interfering with minor children in your custody; and
- (f) An order requiring your abuser to turn in any guns and concealed pistol license for the duration of the civil order.

#### **RCW 59.18.575: Victim Protection in Rental Housing**

Victims of DV, sexual assault, stalking and/or human trafficking may terminate their rental agreements. To terminate a rental agreement, the tenant must:

- 1. Be a victim of domestic violence, stalking, sexual assault or sex trafficking (or have a household member who is a victim of one of these crimes);
- 2. Have a valid protection order or have reported the violence the police, and the police provided the victim with a written, signed record of the report; and
- 3. The request to terminate your lease must be made within 90 days of the violent incident.

#### **Get Information or File a Housing Discrimination Complaint:**

**King County Office of Civil Rights** (unincorporated King County) **206-263-2446** 

www.kingcounty.gov/elected/executive/equity-social-justice/civil-rights.aspx

Seattle Office of Civil Rights (Seattle and King County) 206-684-4500

www.seattle.gov/civilrights

RCW 49.76.030: Domestic Violence Leave (Stalking and Sexual Assault) – Victims and Family Members

#### An employee may take reasonable leave from work to:

- 1. Get legal assistance or help for the employee or employee's family members including preparing for, or participating in, any civil or criminal legal proceeding related to domestic violence, sexual assault, or stalking;
- 2. Seek treatment for physical or mental injuries caused by domestic violence, sexual assault, or stalking, either for the employee or family members;
- 3. Obtain, or assist a family member in getting, services from a domestic violence shelter, rape crisis center, or other social services program for healing from domestic violence, sexual assault, or stalking;
- 4. Obtain, or assist a family member in obtaining, mental health counseling related to an incident of domestic violence, sexual assault, or stalking; or
- 5. Participate in safety planning, relocate, or take other actions to increase the safety of the employee or the employee's family members from future domestic violence, sexual assault, or stalking.