**PARENTING IN RECOVERY TEAM MEETING AGENDA**

Goals of this meeting:

* Gain an understanding of how using impacted parenting
* Talk about how recovery is crucial to healthy parenting
* Set individualized action steps to move forward in parenting in recovery

1- Parenting in Recovery Process

* Define parenting in sobriety vs. parenting in recovery
* Review the stages of change as it related to parenting readiness (use grid)
* How did you move in these stages? What changed for you?
* Impact to Parenting Behaviors (use both charts)
* How to include kids in your recovery process?

2- Recovery and Parenting

* FRSS will share about how parenting for them changed once in recovery.
* Team offers observations on growth/strength in parenting and recovery needs.

3- Relapse Prevention Plan w/parenting component (To be completed/updated by end of meeting)

* Who are your professional supports?
* Who are your natural supports?
* Who are the family’s natural supports? Who do particular family members need as part of the support network?
* What roles do these supports play in your recovery and parenting needs?

4-What are three steps you can take before your next meeting to move your parenting in recovery forward?  Include how your team can support you.  Set a due date and identify who can follow up with you on these action steps, if helpful.

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In attendance: