



KEY POINTS

Participation in the Family Treatment Court (FTC) is completely voluntary. You cannot be forced into the program.

FTC is an intensive program and requires your commitment. You will be required to go to treatment and attend court regularly.

Your FTC team includes: your attorney, other parent's attorney if applicable, assistant attorney general (AAG), your DCYF social worker, treatment specialist, CASA and/or child's attorney, FTC program supervisor, family recovery support specialist, and the judge.

Note: Even as a member of the Family Treatment Court team, your attorney still represents you and makes sure your legal rights are protected.

Many services are available to you and include substance abuse treatment, counseling, assistance with parenting, childcare issues, and wraparound coordination.

King County Family Treatment Court

Seattle Location:
Courtroom 4D

Kent Location:
Courtroom 1L

January 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1 No FTC	2 No FTC	3	4
5	6	7	8 Peer Group 1pm (KNT)	9 Peer Group 1pm (SEA)	10	11
12	13	14	15 Peer Group 1pm (KNT)	16 Peer Group 1pm (SEA)	17	18
18	20	21	22 No FTC	23 No FTC	24	25
26	27	28	29 Peer Group 1pm (KNT)	30	31	

INT

PAR

PRO

COU

GRA

FTC

STR

COM

COM

PLA

Design

for i



December

SUN	M
2	3
9	1
16	1
23	2
30	3

November 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6 Peer Group 1pm (KNT)	7 Peer Group 1pm (SEA)	8	9
10	11	12	13 Peer Group 1pm (KNT)	14 Peer Group 1pm (SEA)	15	16
17	18	19	20 Peer Group 1pm (KNT)	21 Peer Group 1pm (SEA)	22	23
24	25	26	27 No FTC	28 No FTC	29	30

INTROD

The Family T...
alternative t...
safety and v...
parents acco...
sobriety, an

Parents volu...
participation...
children. In...
other week...
program. In...
Responses a...
that cases v...
parent is un...
involvement...
they may es

Each case h...
recommend...
attorney ge...
child's attor...
the judge.

Substance a...
support, an...
The court al

Family Trea...
supporting y...
provides inf...
as a particip

PARTICIPATION REQUIREMENTS

Will participating in Family Treatment Court help me get my children back?

Yes. Although getting your children back is up to you, Family Treatment Court can help you as you are going through the dependency process and can provide support that you won't get through the regular system. You will have an entire treatment team by your side.

What is the difference between Drug Court and Family Treatment Court?

There are many similarities between Drug Court and Family Treatment Court. The main difference, however, is that Drug Court focuses primarily on substance use disorder treatment and FTC does not use jail as a sanction.

In addition to treatment, the Family Treatment Court team looks at your parenting skills and abilities and helps you develop ways to ensure a safe and nurturing environment for your children.

Throughout the program, you and your team develop and follow a plan to address the issues that were presented on your initial dependency petition.

How often do I have to come to court?

During the first phase of FTC, you will come to court every week, then you will advance to coming every other week, then every month, then every 4-6 weeks, so the Family Treatment Court Judge can review how you are doing making progress toward your goals.

As you advance in the program, court hearings will take place less often. However, in certain circumstances, you may be asked to come in weekly.

How long is court? Should I expect to be there all day?

Family Treatment Court is in session on Wednesdays in Kent starting at 1:30pm and Thursdays in Seattle starting at 1:30pm. Court usually lasts about 2 hours but could be longer depending on the calendar. You will be expected to stay until the courtroom is dismissed.

If you have an urgent matter and need to leave, please notify the Family Treatment Court Program Specialist a day prior to court.

SUN	M
	1
7	8
14	1
21	2
28	2

September 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 No FTC	5 No FTC	6	7
8	9	10	11 Peer Group 1pm (KNT)	12 Peer Group 1pm (SEA)	13	14
15	16	17	18 Peer Group 1pm (KNT)	19 Peer Group 1pm (SEA)	20	21
22	23	24	25 Peer Group 1pm (KNT)	26 Peer Group 1pm (SEA)	27	28
29	30					

Do I have to...

Yes, you w
individual
may take p

What happen

Missing tre
your court
continually
plan, and

Are UAs (uri

Yes, UAs a
ensure cor
(unschedu
a week. G
program le

What are inc

Incentives
move thro
attendance
(negative
9 months,
level of the
recovery b
clothing, a

What are res

The Family
the court c
can includ
failing to c

What do I need to do in order to complete or graduate from the Family Treatment Court Program?

There are five phases in Family Treatment Court, each with its own set of requirements. In order to advance to the next phase, you have to complete all requirements for that phase. For example, 14 days of consecutive sober time is one of the requirements you need to move from Phase 2 to Phase 3. To graduate, you must complete the requirements of all five phases.

A requirement in the fourth phase is to complete all requirements of the DCYF Court Report. The Court Report is a very important document that is filed with the court. It summarizes what needs to happen in order to have your children returned to your custody and the dependency dismissed. Your DCYF social worker prepares the Court Report based on your initial meetings. Please make sure you talk to your Social Worker about what you are required to do.

See pages 11-13 for a Graduation Checklist and the requirements of each phase.

How long does it take to complete Family Treatment Court?

We hope that parents successfully complete the Family Treatment Court program in about 12 months. Most parents are expected to complete the program in 18 months; however, some parents will take longer than 18 months.

What if I relapse? Will I be asked to leave Family Treatment Court?

The Family Treatment Court team knows that relapse can happen in recovery. Relapse alone is not a reason to end a parent's participation in the program.

What is a Wraparound Team and Wraparound Meeting?

Your Wraparound Team consists of your FTC team, your family and any other people you choose to be part of your team. Through regular Wraparound meetings, you and your team develop a plan to support your progress and

SUN

4

11

18

25

July 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3 No FTC	4 No FTC	5	6
7	8	9	10 Peer Group 1pm (KNT)	11 Peer Group 1pm (SEA)	12	13
14	15	16	17 Peer Group 1pm (KNT)	18 Peer Group 1pm (SEA)	19	20
21	22	23	24 Peer Group 1pm (KNT)	25 Peer Group 1pm (SEA)	26	27
28	29	30	31 Peer Group 1pm (KNT)			

PROGRAM

As

Do not use

Sobriety is a lifestyle is what the people

Take pres

If any medication complied with

If a physician

You must be in treatment mood decision

You must be in immediate treatment

You must get a

Attend all

You may be... You must... and the... educational... treatment... treatment...

COURTROOM EXPECTATIONS

The courtroom can be intimidating, but it can also be a learning environment for everyone. Almost like treatment, it is an opportunity for you to listen to stories much like your own and observe other participants as they achieve success, struggle with relapse, and reunite with their children.

We would like you to be a part of this process. To ensure fewer distractions and a smoother court process, please be aware of the following expectations:

DO

- Arrive Early
- Sit Quietly
- Listen actively and pay attention to others
- If you are appearing remotely, you must keep your camera on the whole time.
- Turn off your cell phone and other electronic devices
- Dress for court
- Speak clearly and loud enough for the judge to hear you when it's your turn
- Stay until the Judge dismisses the courtroom
(if you have an urgent matter and need to leave, remember to notify the Program Specialist a day prior to court)

DON'T

- Talk during other parents' hearings
- Chew gum
- Leave early
- Sleep or read
- Be driving during court hearings
- Wear shorts or tank tops, or clothes that may be inappropriate
(if you have any doubts, don't wear it)

SUN

2

9

16

23

30

May 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Peer Group 1pm (KNT)	2 Peer Group 1pm (SEA)	3	4
5	6	7	8 Peer Group 1pm (KNT)	9 Peer Group 1pm (SEA)	10	11
12	13	14	15 Peer Group 1pm (KNT)	16 Peer Group 1pm (SEA)	17	18
19	20	21	22 No FTC	23 No FTC	24	25
26	27	28	29 Peer Group 1pm (KNT)	30 Peer Group 1pm (SEA)	31	

GRADUA

Remember
program w
expected t
the progr

- 120 day
- Children
or in
- Success
prog
- Consiste
com
- Housing
- Outstan
- Support
- Recover
- Comple
- Depend
- Graduat
a tim
the r

If a require

PHASES	Requirements for Phase Advancement
Phase 1	<ul style="list-style-type: none"> ⇒ Attend First, Second, and Third Review Hearings ⇒ Attend First Team Meeting ⇒ Attend Two FRSS Peer Groups ⇒ Take First UA ⇒ Complete Two-Week Calendar
Phase 2	<ul style="list-style-type: none"> ⇒ Attend weekly FTC Hearings ⇒ 14 days of consecutive sober time ⇒ Enrolled in the recommended level of treatment ⇒ Attends sober support meetings as recommended ⇒ Attends Family Time Team Meeting ⇒ Develop a Family Time Plan and share with the Judge ⇒ Attend Case Coordination Meeting ⇒ Check for outstanding warrants and pending charges ⇒ Call or Text Social Worker and Treatment Specialist ⇒ Call or Text Family Recovery Support Specialist ⇒ Reach out to someone in recovery
Phase 3	<ul style="list-style-type: none"> ⇒ Attend FTC Hearings every 2-4 weeks ⇒ 60 days of consecutive sober time ⇒ Attend Recovery Team Meeting ⇒ Attends treatment as recommended ⇒ Attends sober support meetings as recommended ⇒ Obtain a "Recovery Mentor" ⇒ Identify a primary sober support meeting ⇒ Set and attend three Recovery Capital meetings w/ FRSS and turn in one worksheet ⇒ In compliance with court ordered services and assessments ⇒ Submit FTC Recovery Maintenance Plan and review with team ⇒ Attend Family Time Team Meeting and share parenting growth ⇒ Engage in parenting opportunities ⇒ Have a plan where you and your kids are allowed to live and/or have family time or a plan to achieve this ⇒ Resolve any outstanding warrants

April

SUN	
7	
14	
21	
28	

March 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6 Peer Group 1pm (KNT)	7 Peer Group 1pm (SEA)	8	9
10	11	12	13 No FTC	14 No FTC	15	16
17	18	19	20 Peer Group 1pm (KNT)	21 Peer Group 1pm (SEA)	22	23
24 <hr/> 31	25	26	27 Peer Group 1pm (KNT)	28 Peer Group 1pm (SEA)	29	30

PHASES

Phase 4

Phase 5

Electives

PHASES	Elective Tasks (Not Required for Advancement)
Phase 1	<ul style="list-style-type: none"> ⇒ Share what you hope to gain while in FTC with the Judge ⇒ Attend Dependency 101 or Navigating Dependency 201 ⇒ Schedule appointment with treatment provider ⇒ Take Second UA ⇒ Brought Punch Card to Court
Phase 2	<ul style="list-style-type: none"> ⇒ Dependency 201 Attendance ⇒ Update routine/calendar ⇒ Call/Text Wraparound Coordinator ⇒ Call/Text CASA ⇒ Obtain a Sponsor/Recovery Mentor ⇒ Have a safe place to live and/or have family time or a plan to achieve this ⇒ Full compliance at each court hearing ⇒ Fill out and send in paperwork for your and/or children's birth certificates ⇒ Fill out and send in paperwork for your and/or children's social security cards ⇒ Fill out and send in paperwork for government issued photo ID ⇒ Resolve any outstanding warrants
Phase 3	<ul style="list-style-type: none"> ⇒ Offer support to another FTC parent ⇒ Volunteer for Service Work ⇒ Complete any outstanding Dependency 201 classes ⇒ Complete any outstanding Dependency 301 classes ⇒ Begin to develop your Future Life Plan ⇒ Complete a Wellness Recovery Action Plan (WRAP) ⇒ Prepare with a team member to discuss children and parent concerns at the Family Time Team meeting ⇒ Sober support "fun" activities ⇒ Establish vision care ⇒ Establish dental care ⇒ Establish a source for primary care for physical health needs

Febru

SUN	M
5	5
11	11
18	18
25	25

January 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3 Peer Group 1pm (KNT)	4 Peer Group 1pm (SEA)	5	6
7	8	9	10 Peer Group 1pm (KNT)	11 Peer Group 1pm (SEA)	12	13
14	15	16	17 No FTC	18 No FTC	19	20
21	22	23	24 Peer Group 1pm (KNT)	25 Peer Group 1pm (SEA)	26	27
28	29	30	31			

PHASES
Phase 4
Phase 5
Electives

STRUCTURED RECOVERY PLAN

When participants are struggling to engage in treatment, they can be placed on a Structured Recovery Plan (SRP). A SRP is a concrete set of tasks necessary to be compliant with your treatment plan and these tasks must be completed before the SRP review hearing is held. At this hearing it will be determined whether the parent participant should remain on the current plan or be moved to another plan. The goal of these plans is to engage the parent in the appropriate level of treatment as soon as possible to move their case forward.

Participants may be placed on a SRP anytime after their 6th court hearing where focused support around treatment may be helpful. The Structured Recovery Plan may be ended early if all tasks are completed or it may be extended, if new information is received during the plan period.



CONTACT INFO FOR FTC

Contact	Telephone Number
FTC Office Phone	206-477-2311
FTC Office Fax	206-432-3694
FTC Intake	206-477-2565
Kent FTC Treatment Specialist	206-477-4072
Seattle FTC Treatment Specialist	206-477-2313
Kent FTC Program Specialist	206-477-6801
Seattle FTC Program Specialist	206-477-7354
Kent Family Recovery Support Specialist	206-263-5610
Seattle Family Recovery Support Specialist	206-263-0387

COM

Alco
206-
Avai

24-
206-
1-86
Avai

Suic
988
Avai

Con
211

Con
www