

MIDD Advisory Committee (AC) Meeting Notes March 23, 12:00-1:30 p.m.

Member/Non-members access meeting via Zoom

Attendance: Members/ Designees

| Seats | Members | Designees |
|---|-------------------------|-------------------------------------|
| 1-King County District Court | ⊠Hon. Matthew York | |
| 2-King County Department of Judicial Administration | ☐Barbara Miner | ⊠Christina Mason |
| 3-King County Regional Homelessness Authority | Vacant | |
| 4-King County Uniting for Youth | ⊠Jorene Reiber | ☐Paul Daniels |
| 5-King County Prosecuting Attorney's Office | ⊠Leesa Manion | □Carla Lee |
| 6-Department of Public Health | ☐ Dr. Faisal Khan | ⊠Brad Finegood |
| 7-King County Department of Public Defense | ☐Anita Khandelwal | ⊠Nathan Bays |
| 8-King County Superior Court | ☐ Hon. Ketu Shah | |
| 9-King County Department of Community and Human Services | ☐ Leo Flor | |
| 10-King County Council | □ Sarah Perry | ⊠Osman Salahuddin |
| 11-King County Department of Adult and Juvenile Detention | ⊠ Steve Larsen | |
| 12-the Executive | □Kelli Carroll | |
| 13-King County Sheriff's Office | ☐ Patti Cole-Tindall | ☐ Mark Ellerbrook |
| 14-King County Behavioral Health Advisory Board | ☐ Jasmeet Singh | ⊠Carolyn Graye |
| 15-Puget Sound Educational Services District | ⊠Minu Ranna Stewart | |
| 16-Community Health Council | □Claudia D'Allegri | |
| 17-Harborview Medical Center | ⊠Stacey Devenney | |
| 18-bona fide labor organization | Vacant | |
| 19-City of Seattle | ⊠Jeff Sakuma | |
| 20-provider of culturally specific mental health services in King County | Vacant | |
| 21-provider of sexual assault victim services in King County | □Laura Merchant | ⊠George Gonzalez |
| 22-domestic violence prevention services in King County | ⊠Trenecsia Wilson | □Carlin Yoophum □Alicia Glenwell |
| 23-agency providing mental health and chemical dependency services to youth | ☐ Anthony Austin | |
| 24-National Alliance on Mental Illness (NAMI) | ⊠Jeremiah Bainbridge | ☐(Katie Mahoney) |
| 25-provider of culturally specific chemical dependency services in King County | ☐Mario Paredes | |
| 26-organization with expertise in helping individuals with behavioral health needs in King County get jobs and live independent lives | ☐ Kailey Fiedler-Gohlke | □ Danielle Burt |
| 27-representative from the Sound Cities Association | ⊠ Brenda Fincher | ⊠ Paul Charbonneau |
| 28-City of Bellevue | ⊠Lynne Robinson | ⊠Helena Stephens |
| 29-provider of both mental health and chemical dependency services in King County | □Karen Brady | ⊠ Don Clayton |
| 30-King County Hospitals | ☐ Darcy Jaffe | ☐Brooke Evans |
| 31-philanthropic organization | ☑Jennifer Teunon | |

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| 32-organization with expertise in | ✓ Joshua Wallace | ⊠Cody West |
|--|------------------|-------------------|
| recovery | | |
| 33-managed care organizations | ☐Jessica Molberg | |
| operating in King County | | |
| 34-grassroots organization serving a | ☐ Fartun Mohamed | ☐Rowaida Mohammed |
| cultural population | | |
| 35-Unincorporated King County | □ Laura Smith | |
| 36-An individual representing behavioral | Vacant | |
| health consumer interests from the | 7 4 5 4 1 1 | |
| mental illness and drug dependency | | |
| advisory committee's consumers and | | |
| communities ad hoc work group | | |
| 37-An individual representing | Vacant | |
| community interests from the mental | | |
| illness and drug dependency advisory | | |
| committee's consumers and | | |
| communities ad hoc work group | | |

Attendance: Tyler Corwin, Heidi Rettinghouse, Scott Miller, Nikki Nguyen, Robin Pfohman, Denise Mote, Shanna Clinton, Steve Gustaveson, Erin Carosa, Nykki Canete, Chelsea Baylen, Lisa Floyd, Hali Willis, Deborah Stake, Albert Wang, Heather Venegas, Marc Seligson, Emmy McConnell

Notes by: Yuliya Shapiro

| Issues | Discussion | Action Items |
|--|---|--------------|
| Welcome | Co-chair Steve Larsen, Deputy Director for King County Department of Adult and Juvenile Detention, began the meeting by greeting everyone and providing an overview of how to use Zoom features and reviewing meeting logistics for members and other participants. Co-chair Laura Smith, Executive Director for the Empower Youth Network, also introduced herself to the committee. | |
| Review/Approve | Co-chair Larsen gave everyone a moment to review the February meeting | |
| Meeting Notes | notes. The meeting notes were approved by consensus. | |
| Equity Focus | George Gonzalez started the Equity Focus by sharing new equity-orient | |
| George Gonzalez, | employment recruitment efforts at the Harborview Abuse and Trauma | |
| provider of sexual assault victim | Center. The focus has been to examine job roles and remove criteria that wasn't needed to diversify the applicant pool, and to also encourage bi- | |
| services in King | lingual applicants and those with multicultural experiences to apply. The | |
| County | interview process includes diversity related questions that rank high in importance and includes pre and post interview meetings to help promote | |
| Trenecsia Wilson, domestic violence | a positive experience with the agency for future opportunities. This focus has increased the diversity of the team by 40%. | |
| prevention services | | |
| in King County | Trenecsia Wilson shared that she has been a part of the BSK grant review | |
| | process which has focused on equity by offering trainings at the beginning of the review process to further encourage an equity lens when making | |
| Steve Larsen, | considerations for funding. | |
| Deputy Director for | | |
| King County DAJD | Steve Larsen shared that in his department they have been focused on | |
| | promoting more equity within mid-level positions by making sure they are | |
| | promoting up and encouraging diversity in special duty assignments. He | |

| Public Comment | also shared that his department has increased their efforts on providing better language access to clients. In doing so, public defenders can now take devices (laptop, cellphones, pocket talk devices) when meeting with clients to allow for translation services in real time. Committee members were moved into breakout sessions to discuss the issues shared through the Equity Focus. No Public Comment. | |
|--|---|--|
| MIDD Financial Report Scott Miller, Business and Finance Officer IV, DCHS | Scott Miller shared the financial plan with December numbers for the 21-22 biennium. 2022 actual revenue collections exceeded the forecast by \$3.4M. The financial plan outlines new adopted, estimated, and projected revenues through 2028. The new revenue forecast for March adds \$3.9 million to the 23-24 biennial collections, contributing to the ending undesignated fund balance. | |
| | Robin Pfohman, MIDD Coordinator, shared that DCHS continues to discuss the undesignated fund balance. The focus is on identifying one-time funding opportunities and supporting existing initiatives, rather than committing to new obligations as we approach the end of MIDD 2. Funding recommendations will be presented to the committee in the next few months, and any new or amended expenditure authority will need to be approved by KC Council through the omnibus process. | |
| | Joshua Wallace offered a suggestion for the undesignated fund balance, stating a need for capital investment dollars in infrastructure to properly carry out service contracts. | |
| Trueblood 101 Shanna Clinton, Intensive Services Coordinator, BHRD, DCHS | Shanna Clinton, Intensive Services Coordinator, BHRD, DCHS presented a PowerPoint titled: Trueblood, Overview for MIDD Advisory Committee. The presentation outlined the Trueblood vs. DSHS case, and the intersection of the criminal legal system and behavioral health services that are responsive to the criminal legal system. | |
| | The case of Trueblood vs. DSHS was a class action lawsuit against the state where the Federal District Court ruled that individuals waiting in jail for a legal competency evaluation or restoration experienced unconstitutional delays, violating their rights to due process. Timelines for providing restoration and evaluation services were then implemented; however, the Department of Social and Health Services (DSHS) failed to meet these timelines, resulting in contempt fines. In criminal court, if a person's competency is questioned, DSHS will provide forensic mental health services to assist with competency evaluations and restoration. The goal is | |

to address behavioral health concerns in community settings rather than in jail.

The number of people and length of time waiting for restoration is increasing, which has outpaced DSHS strategies to improve the system. King County's proportion of those waiting for services is about 30%, consistent with the population compared to the state. Roughly 7,000 people have had competency raised in the last 10 years, and there is a 90% match rate of those who have had competency raised to those who have a record of receiving a behavioral health service in King County.

BHRD/DCHS involvement focuses on increasing non-Medicaid access to outpatient services for current and former Trueblood members, operating and evaluating diversion programs, having a MIDD initiative for competency boundary spanner in Seattle Municipal MH Court, using MIDD investments in LEAD to expand the target population to include a higher intensity MH population, and implementing a grant for permanent supportive housing for Trueblood class members.

In response to the Trueblood Settlement, DSHS has implemented crisis enhancements, funded capital for two new crisis diversion facilities, developed an outpatient track for those waiting for inpatient beds, and focused on outreach, case management, and housing navigations for those who cycle through the system. Greater system changes from the Governor's Mental Health Transformation Plan focused on funding local treatment to provide resources, allowing state mental health hospitals to be used for forensic cases.

Mayor Robinson asked: "How do the clients that we serve on the East side access this?"

Clinton responded: "The service teams go out all over the county. There is access to mobile crisis response and diversion programs, such as LINC. We could discuss more partnerships around permanent supportive housing on the East side."

Judge York commented: "When these things fall behind, it's a no-win situation. You have a person who deserves to be treated with dignity and have their due process run through when the person is of sound mind and body before they face these crimes, then on the other side of that many of these victims also want this addressed, in a timely manner. Washington needs more research on this. We're going to make sure we can treat everybody with dignity, but also with the proper accountability that they deserve."

Councilmember Perry asked: "I am wondering about the current legislative session and anything that you see that is helping any of this move forward.

Do you see anything sitting in the legislative session this time around that has any impact on our ability to respond to this?"

Clinton responded: "Senate Bill 5440 is directly related to this issue, to what restoration services look like and which cases inpatient restoration can be ordered. The programs that we directly administer, like LINC and LEAD, are funded by grants that transitioned to Healthcare Authority funding. These were not included in the Governor's budget as programs to sustain. We're one of six sites statewide that are currently under a Healthcare Authority contract, and without additional state funding this contract will run out, resulting in a capacity loss in some of our diversion programs. There was a request on the House side of the state budget to build that line item back in from last year's supplemental budget, but draft budgets from the Senate and House are not out yet."

Steve Gustaveson commented: "Senate Bill 5440 has gone through several iterations and now that it's in the House, we expect more, we just haven't seen them yet. Several departments in King County are keeping a close eye on it."

SI-05 Emerging Issues Briefing: Seattle Public Schools

Lisa Davidson, Prevention and Early Intervention Manager, Seattle Public Schools presented a PowerPoint titled: MIDD Emerging Issues Program. Seattle Public Schools (SPS) received \$300,000 from the MIDD Emerging Issues grant to coordinate and implement overdose prevention and response programming in SPS.

Lisa Davidson,

Prevention and Early Intervention Manager, Seattle Public Schools Between 2018-2020 King County saw a 167% increase in the number of fentanyl involved deaths. Twenty-five King County teens died of fatal overdose in 2022, and 53% of people ages 12+ obtained pain medication from social sources. Teens and young adults are the biggest misusers of Rx pain medications. Two student deaths and two campus overdoses have been recorded this year. The first was recorded in 2019, and it has been an annual occurrence since.

SPS' MIDD funded program was proposed to address the growing statistics. The program has two components: prevention and overdose response. Prevention involves updating opioid prevention classroom lessons for elementary, middle, and high school students, teacher and leader focus groups, harm reduction strategies - including having young people carry Naloxone and fentanyl test strips, and youth led health campaigns around opioids/fentanyl geared towards students, including campaigns tailored to BIPOC and LGBTQ+ students. Caregiver awareness and education for families, and increased partnerships with SUD agencies, is also a part of the prevention component.

The overdose response component will require every SPS campus to have Naloxone and trained staff available for an on-campus overdose. MIDD funding will be used to establish a Naloxone supply and a tracking system

allowing for a standardized response process. Funds will be used to develop an overdose response training embedded within annual all-staff trainings.

The SPS project is about establishing practices that will be used permanently and adapted over time, and replicated beyond Seattle, throughout King County and the state. Classroom lessons, public awareness materials, and training materials will be distributed across the state. This project will produce a cadre of overdose responders, increase knowledge/skills and perception of risk around substance use, decrease favorable attitudes towards substance use, reduce barriers/increase access to SUD services, and reduce youth access to substances.

George Gonzalez shared in the chat: "I also think there are some benefits of this program when looking at crime reduction:

https://www.sciencedirect.com/science/article/pii/S00FF30F031004734"

https://www.sciencedirect.com/science/article/pii/S0955395921004734"

Mayor Robinson commented: "Thank you for sharing. This is inspiring and impressive, and I'm particularly glad that you're sharing it with other school districts. The City of Bellevue previously collaborated on an opioid prevention program, and we found that in the Bellevue school district the easiest and first access to these kinds of medications was through unused medications from parents/grandparents, so we did a big education program on disposing of medications and wanted to share that thought."

Davidson responded: "We use postcards to outline safe storage, takebacks/disposal sites, and the importance of tracking, monitoring, and disposing. I would appreciate hearing any strategies on how to reach the larger support system of youth, beyond parents/direct guardians."

Co-chair Smith commented: "The Seattle Human Services Coalition could be a resource for helping to cross pollinate this information across multiple organizations at one time." Contact information for the Coalition was shared in the chat: Tree Willard — twillard@shscoalition.org

Brad Finegood commented: "It's important to meet youth where they are at and figure out how to approach them in conversation in a non-judgmental way, allowing for open conversations on the dangers of substances. It's important that we continue to invest in prevention, because we'll continue to see an impact in the criminal legal system, an increase in overdoses, and an increased demand for services that are challenging to keep up with if we don't."

Updates

N/A

| Agenda Items for April Meeting | N/A | |
|-----------------------------------|--|--|
| Adjourned | 1:24PM | |
| Next meeting | Thursday, April 27, 2023, 12:00-1:30PM | |