

# Supporting behavioral health and recovery

#### MIDD: Grounding In

MIDD Advisory Committee Meeting June 25, 2020

Presenter: Laura Smith, Advisory Committee Member

#### What is MIDD?

King County has committed to promoting the welfare of all its residents through MIDD, a countywide 0.1% sales tax generating about \$136 million per two-year biennium, specifically for programs and services for people living with or at risk of behavioral health conditions.

#### MIDD 2 Policy Goals

- 1. Divert individuals with behavioral health needs from costly interventions, such as jail, emergency rooms, and hospitals.
- 2. Reduce the number, length, and frequency of behavioral health crisis events.
- 3. Increase culturally appropriate, trauma informed behavioral health services.
- 4. Improve health and wellness of individuals living with behavioral health conditions.
- 5. Explicit linkage with, and furthering the work of, other King County and community initiatives.

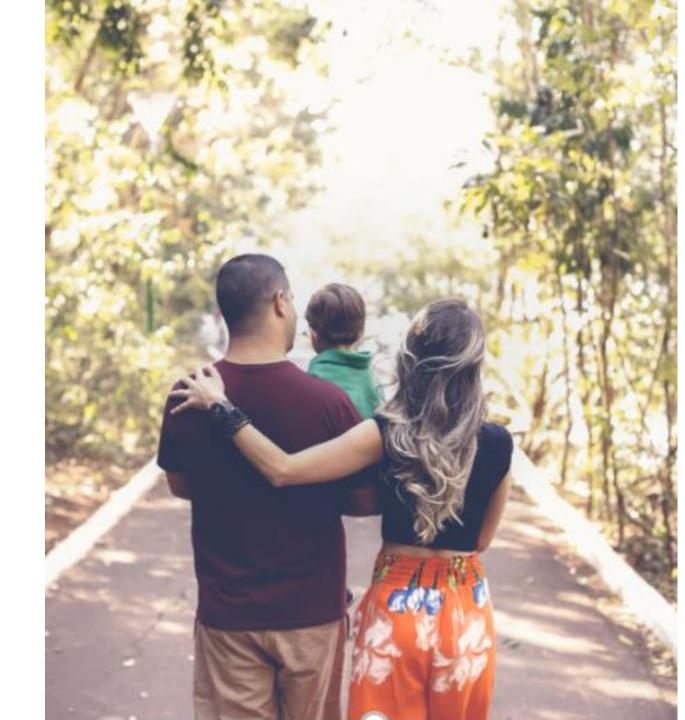
#### MIDD 2 Strategy Areas

- Prevention and Early Intervention
- Crisis Diversion
- Recovery and Reentry
- System Improvement
- Therapeutic Courts



#### MIDD Theory of Change

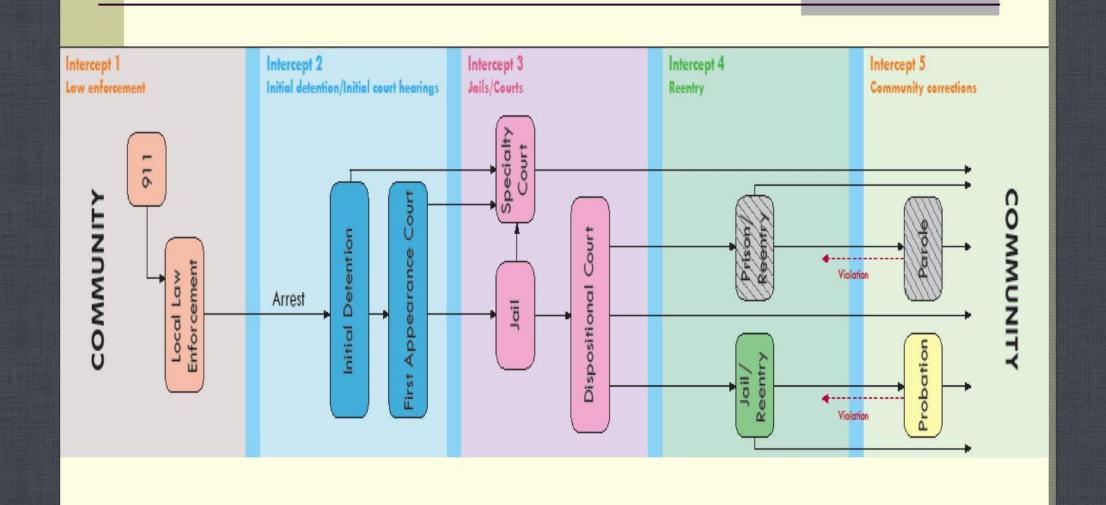
When people who are living with or who are at risk of behavioral health conditions utilize culturally relevant prevention and early intervention, crisis diversion, community reentry, treatment, and recovery services, and have stable housing and income, they will experience wellness and recovery, improve their quality of life, and reduce involvement with crisis, criminal justice and hospital systems.

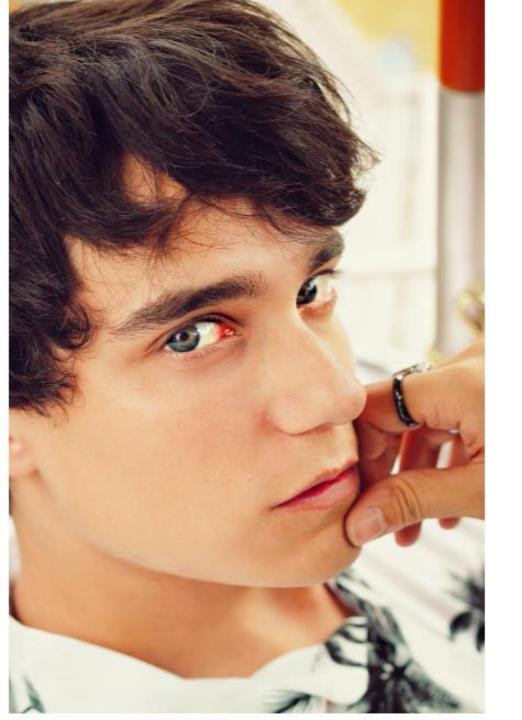


### Sequential Intercept Model

- MIDD initiatives were first developed using the Sequential Intercept Model as a framework
- It was used to determine what services needed to be provided for which people at what locations in order to help prevent incarceration, hospitalization and homelessness.
- These principles are foundational for MIDD and guide which initiatives are funded

### Sequential Intercept Model





#### MIDD Result

People living with, or at risk of behavioral health conditions, are healthy, have satisfying social relationships, and avoid criminal justice involvement.

### MIDD Advisory Committee

Purpose: To ensure that the implementation and evaluation of the strategies and programs funded by the MIDD sales tax revenue are transparent, accountable, collaborative and effective.

#### The advisory committee shall:

- Act as an advisory body to the county executive and council.
- Conduct reviews, provide comment on and make recommendations on the mental illness and drug dependency tax-funded initiatives, services, programs and policy goals
- Provide ongoing review, comments and recommendations on mental illness and drug dependency tax-funded programs until all sales tax revenues have been expended and the final evaluation of the mental illness and drug dependency programs and services has been submitted to the council.



## Questions?