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Overdose Deaths Reached Record High as the Pandemic Spread

More than 100,000 Americans died from drug overdoses in the yearlong period ending in April, government researchers said.





A memorial service in Baltimore last year for a man who died of an overdose.

Overdose deaths have more than doubled since 2015. Andrew Mangam for The New York



Fentanyl: Primarily in Blue M-30s

Homeland Security Seizures (KOMO article May, 2021)

In the Pacific Northwest:

- In 2021: approximately 131 pounds was seized.
- In 2020: approximately 50 pounds was confiscated.
- In 2019: Just 4 pounds were seized by federal agents.

In Seattle:

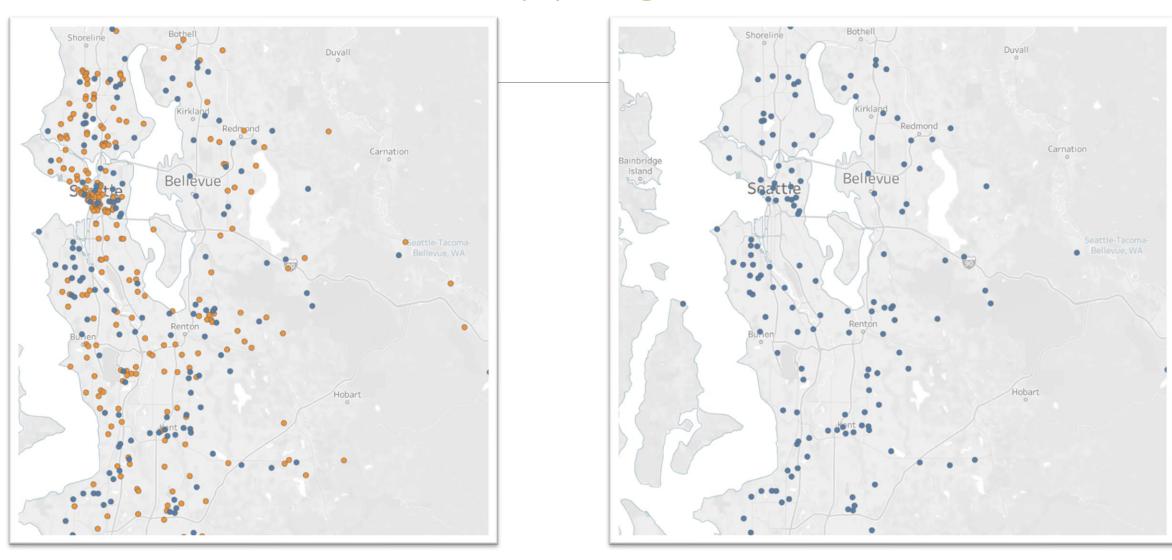
- In 2021: 115 pounds of fentanyl were seized.
- In 2020: 50 pounds were confiscated.
- In 2019: 3 pounds were pulled from Seattle streets.

External Data Dashboard

as of 11-29-21 kingcounty.gov/overdose

Combined Dashboard Decedent Characteristics Map Notes King County Fatal Overdose Dashboard Count Source: King County Medical Examiner's Office As of 11/29/2021 Drug & Alcohol Poisoning Deaths, King County (Note: Bar chart can be viewed in terms of counts or rates; each decedent with a toxicology-confirmed overdose death is represented once.) 2021 YTD Summary Drugs Involved 635 Probable OD (pendin... 577 Confirmed Drug Overdose or Alcohol Poisoning 600 Alcohol Only *Other drug (no opio... 58 Probable (unconfirmed) Overdose Deaths *Stimulant (no opioid) Possible (unconfirmed) Overdose 27 *Opioid and stimulant 312 319 322 336 *Opioid (no stimulant) # of Overdose Deaths YTD in 2021 that Involved: Opioid= Fentanyl, Heroin, Stimulant=Meth. and/or Opioids 445 Methamphetamine 303 Fentanyl *May also include sedating # of Overdose Deaths in 2020 that Involved: 2013 2014 2015 Opioids 373 171 Methamphetamine Fentanyl Opioid ✓ No Number of Fentanyl-Involved Deaths, 2017-2021 ✓ Yes Drugs Involved in Confirmed Overdose Deaths (Note: 2021 is incomplete; a decedent may be represented in multiple lines) 2018 2019 2020 2021 Stimulant 120 ✓ No 107 ✓ Yes 100 of Deaths Involving Drug Type Drug Type 250 Methamphetamine of Fentanyl OD Deaths Heroin 200 Fentanyl Rx Opioid Cocaine Benzo 100 50 2020 2017 \leftarrow Undo \rightarrow Redo \leftarrow Revert \bigcirc Refresh \bigcirc Pause

Overdose Mapping - 2020



Individuals Dying of Fentanyl Are Younger

	Fentanyl Involved	Non-Fentanyl Involved
Under 40	73%	34%
Over 40	27%	66%

All drug overdose deaths in KC

Age group	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
<20	4	5	7	4	4	4	4	3	6	5	4	13	23	21



Laced & Lethal Campaign

The Work

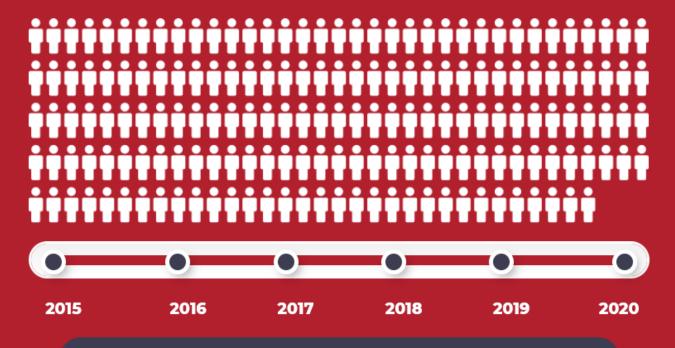
King County decided to fund a campaign to focus on youth fentanyl overdose prevention.

Released an RFP and selected Rescue Agency to conduct background research with youth at-risk for fentanyl overdose and develop a campaign centered on the needs of this population.



MORE PEOPLE DIE EVERY YEAR

Same dealers, but the drugs themselves have changed. Move the slider to see how fentanyl-related overdose deaths in King County have steadily increased year over year:



In 2020, 172 people died from a fentanyl-involved overdose in King County.

Key findings

These youth reported two key motivations for use:

- coping and
- sensation seeking.

High levels of trust for the people they bought or obtained drugs from. Had easy access to drugs through friends and internet.

Did not perceive themselves as at risk for fentanyl overdose.

Were open to messaging about increased deaths from fentanyl.



Order online to have naloxone mailed to any address. It even arrives in plain packaging to protect your privacy. This service is free for King County residents under the age of 18.

Naloxone access

- Youth could order naloxone online through a partnership between King County and Kelley-Ross Pharmacy.
- Also directed to stopoverdose and pharmacies to obtain it.

Laced & Lethal FY21 Performance Campaign Summary: Teen Audience



3/24/21 - 5/5/21 | 6/17/21-7/29/21 | 8/25/21 - 8/29/21

11,125,052

Impressions

301,834

Engagements

66,545

Flagship Video Completions

Landing Page

Avg. Session Duration: 34s

Sessions: **8,370**

Clicks on "Order Online" button for naloxone: **707**

Full Campaign Website

Avg. Session Duration: **50s**

Sessions: 6,503

Clicks on Resources to find Naloxone : 213 In FY21, Laced & Lethal ran two media activations targeted towards at-risk teens, aged 14-18, in King County.

Total Media Spend: \$57,000

Summary: The first batch of content educated teens on urgent harm reduction tactics, successfully driving consumption of key ad and landing page messaging. Content was effective at generating traffic to a unique landing page with naloxone info and resources. This signifies how the content was effectively resonating with and meeting teen's needs.

Laced & Lethal also ran "Meet Myles", a package of content that motivated teens to take overdose prevention measures through consumption of informational ad content and a comprehensive website. Content was highly effective at engaging teens through relevant channels like Snapchat and high performing mediums such as video. Social conversations showed gaps in understanding around the risk of overdose and one's susceptibility, signifying a further need for education.





members to educate their communities on the increasing risk of fentanyl-laced drugs and further efforts to lower the number of fatal overdoses in King County.

Please send any questions about the toolkit to LacedandLethal@kingcounty.gov

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Section 2: Support the Laced & Lethal Campaign

- Educate your community
- · Download and request campaign materials
- Share how to get naloxone

Section 3: Additional Resources



TALKING TO TEENS ABOUT FENTANYL

King County is facing an unprecedented rise in overdoses caused by fentanyl, an extremely deadly opioid that is often laced into pills and powders. This discussion guide is designed to help you talk with the teens around you about fentanyl in a way that empowers them to make safer choices.

MAKE IT A CONVERSATION

Telling teens not to do drugs is NOT the way to go here. The teens that are the most at risk may just tune this warning out if they feel like they're being judged for their drug use. Focus the conversation on scientific facts and life-saving tips. Listen instead of sharing your own opinion.

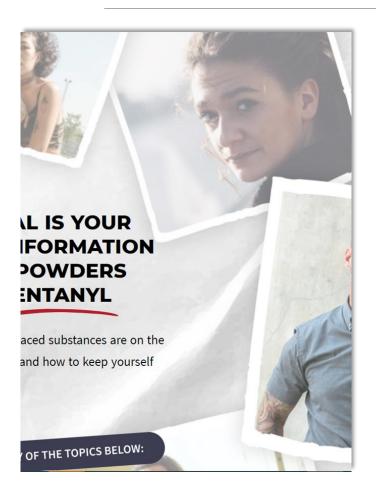
EXPLAIN THE REALITY

In just two years (2018-2020), King County saw a 164% increase in the number of fentanyl overdose deaths. Impress upon teens that fentanyl isn't a distant danger—it's hurting our

MIDD CD-07

- Opioid prevention and overdose campaigns targeting youth and young adults.
- Expansion of low barrier access to medications for opioid use disorder.
- Supports induction of Buprenorphine through Jail Health Services and linkage to long term maintenance.
- Outreach in shelters and encampments that provide induction and linkage to medications.
- Naloxone Distribution to behavioral health provider community and the general public via Kelley Ross pharmacy.
- Public Health surveillance of data and tracking trajectory of overdoses.
- FTE at the Robert Clewis Center/Syringe Exchange for client support and linkage to services.
- Additional strategies for 2022
- EMS Overdoes Prevention Initiative.
- Parent/Family Overdose Education Campaign.
- Mini Grants for Culturally Appropriate MOUD Education Campaigns.
- Naloxone Vending Machines and harm reduction supplies.

What else we are we doing about it



Expanded look at data

- Overlapping systems
- Professions

Targeted ESJ Overdose Prevention Outreach in Communities.

Outreach and Comms

- Social Media
- Blogs
- Youth providers
- Stigma reduction

Clinical Quality Improvement

Drug Alerts (Over 2500 subscribers)

Naloxone expansion

Innovations and expansion in treatment

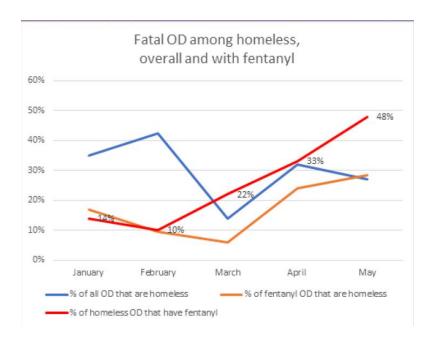
Expanded Harm Reduction

- Drug Checking
- Fentanyl Test Strips

Co-design programs with voice of people with lived/living experience (CEADU)

Changing Demographics and Reasons for use.

- Naïve / Experimental to Chronic Use



Contact

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