

# Mental Illness and Drug Dependency (MIDD) Advisory Committee (AC) Meeting Notes February 28, 2019, 12:15-1:45 p.m., Chinook Building, Room 121/123

Members/ Designees: Ann McGettigan, Judge Laura Inveen, Claudia D'Allegri, Dan Satterberg, Brigitte Folz, Dave Asher, Jeanne Kohl-Welles, Jeff Sakuma, Kailey Fiedler- Gohlke, Katherine Switz, Kelli Carroll, Kyra Zylstra, Laura Smith, Lea Ennis, Deputy Mayor Lynne Robinson (phone), Mario Paredes(phone), Merrill Cousin, Mike Heinisch, Denise Rothleutner, Mary Taylor, Ketu Shah, Cody West, Idabelle Fosse, Michele Meaker, Ingrid McDonald, Kelli Nomura, Chris Verschuyl, Kimberly Cisson, Ziying Hu

Other

Helena Stephens, Alex O'Reily, Jesse Benet, Laura Van Tosh, Jackie Moynahan, Kate Speltz

Attendees:

Notes by: Ziying Hu

Issues	Discussion	Action Items:
Welcome	Co-Chair Claudia D' Allegri welcomed all attendees and introductions around the table and via phone.	
Member/Staff Announcements	N/A	
Review and Approve Meeting Notes	Meeting notes were approved for December 13, 2018 meeting.	
Greetings from New Behavioral Health and Recovery Division Director	Kelli Nomura, interim Behavioral Health and Recovery Division (BHRD) director made brief self-introduction and provided professional relevant behavioral health system background from the provider side. Kelli Nomura acknowledged the importance of Integrated network between Medicaid and non-Medicaid, and showed appreciation of the MIDD Advisory Committee's dedication in serving the community.	
MIDD Steering Committee Report	Ann McGettigan provided brief summary on the Steering Committee meeting and said there will be more in-depth discussion about initiatives RR-01 and RR-03 (housing stability investment co-funding with MIDD funds) alter in the MIDD AC meeting.	
MIDD Financial Report	Barb Donohue provided a brief overview 2018 December MIDD financial report with the overall revenue \$1.6 million, which is higher than the adopted budget due to higher tax collection. Expenditures landed \$5.1 million lower than the current budget primarily due to \$2 million related to salary in the therapeutic court services and benefits, and \$2.8 million to be spent for MIDD related IT project in 2019 - 2020. Interfund transfer line held back \$1.5 million from funding Housing Community Development (HCD), and there are plans to re-appropriate this fund in 2019 – 2020. More details can be found on meeting material packet	
	Questions: Merril Cousin asked about the fact that projections show \$3 million estimated under spending on expenditures between the 2017 – 2018 and 2019 – 2020 biennium. Barb Donohue indicated there will be additional spending expected including \$2.5 million on SI-03, \$1 million for RR-03, \$2.3 million for Leads, \$1.5 million for MAT. Scott Miller indicated these program expansions will be a part of the overall under	

expenditures. Chris Verschuyl reminded everyone of the reserve shortfall with these program expansions in place.

Merril Cousin asked for clarifications to whether these newly expanded programs would be carrying forward instead of being a one-time funding opportunity. Chris Verschuyl indicated that the decisions on these program continuation would be determined on a biennium budget basis.

Ann McGettigan asked for clarification as to whether the overall under expenditures will result in zero sum situation from the reserve shortfall. Barb Donohue as answered that the 2017 -2018 shortfall reserve would be spent to support program implementation as mentioned. More details can be found on meeting material packet.

## Briefing: Geriatric Regional Assessment Team (GRAT) Changes ( PRI-04)

Co-Chair Judge Laura Inveen opened the conversation on Geriatric Regional Assessment Team (GRAT) changes (PRI-04) and sought expedited action for Request for Proposal (RFP) approval from February 28, 2019 MIDD AC meeting.

Traci Adair, representing Department of Community and Human Services (DCHS), Seniors Unit briefed the room on PRI-04. Veterans Senior and Human Services Levy (VSHSL) funding will be combining MIDD funding to deliver services through an amended RFP. Through this, applications are expected to open with eligibility among behavioral health service providers. The purpose for this funding opportunity is to fund preestablished GRAT teams to provide more intense outreach to assist seniors for system re-entry. In 2017, the long term contracted service provider chose not to continue the service which has impacted the service system across King County since then. However, King County sees the needs of this program based off community engagement feedback. Countywide access is one of the key aspects for the new RFP process, and services will be heavily focused on residential settings. This RFP process will also emphasize culturally appropriate services.

#### Questions:

Co-Chair Claudia D' Allegri asked for clarifications on the service discontinuation within the previous service provider. Traci Adair indicated there was a change in business direction within the agency. Interim BHRD director Kelli Nomura added that service discontinuation was also due to limited funding. MIDD funds coupled with VSHSL funding allocates more resources to deliver the service and allows an increase in service capacity.

Co-Chair Claudia D' Allegri inquired about the process in addressing cultural barriers among clients from a programmatic standpoint. Traci Adair indicated that the new RFP is designed to support the contracted service provider to be culturally connected. However, mental health services are delivered based on an individual's choice, and the service provider that will be selected is required to respond to the referred individuals preferences.

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Co-Chair Claudia D' Allegri indicated the importance of language access and wanted to ensure culturally appropriate services are included in the RFP. Traci Adair confirmed this expectation will be a part of the RFP. Mario Paredes also indicated that culturally competent services should be included in the RFP. Traci Adair continued to provide more in-depth information and changes on service eligibility. An individual whose age is 55 and older will be qualified where it was defined age of 60 and older in the previous RFP. GRAT contracts will also ensure easy transition between referral and non-referral individuals to make sure services are provided upon request. Traci Adair continued to identify each change for the RFP. More details can be found on meeting material packet. Brigitte Folz asked if the previous contracted community service provider was able to bill some services through Medicaid. Traci Adair indicated some of the services could be covered under Medicaid. **ACTION: Support** Consensus approval for GRAT RFP changes. **Revisions for GRAT Initiative PRI-04 Briefing: MIDD** Jackie Moynahan and Kate Speltz, representing DCHS Housing and **Housing Stability** Community Development Unit, presented in-depth information on RR-**Investments** 01: Housing Supportive Services and RR-03; Housing Capital and Rental. (Initiatives RR-01 and RR-03) Jackie Moynahan asked everyone to look at the handout Funding Cycle coordination Process to learn more about funding allocation process. Several funding sources including MIDD are combined together in the RFP. Jackie Moynahan provided a brief overview on the RFP application process. More details can be found on the handout. Jackie Moynahan asked everyone to look at the handout 2018 MIDD Activity: RR-01 and RR-03. MIDD RR-01: Housing Supportive Services funds permanent supportive housing. In 2018, MIDD funds awarded one project over a five year period with Catholic Housing Services, for the program The Wintonia. More details can be found on the handout. Mike Heinisch asked for an overview of *The Wintonia* services. Kate Speltz indicated MIDD funds were allocated to support the behavioral health support services among MIDD identified populations. Jackie Moynahan then presented RR-03, Housing Capital and Rental. In 2018, MIDD RR-03 capital funds were awarded to two projects with Pioneer Human Services and Transition Resources. Capital funds are onetime funding awards for the acquisition, new constructions, or preservation of affordable housing. MIDD funding are utilized upon project eligibility in adherence to MIDD requirements. A total of \$300,000 annually continues to support Valley Cities with rental assistance to support individuals who are transitioning from

homelessness and/or hospital/institutional settings into stabilized independent living. More details can be found on the handout.

### Questions/Comments:

Ann McGettigan provided a reminder that while there are significant capital needs for housing programs it is important that MIDD funds are used for service delivery for people with behavioral health needs as much as possible.

Merrill Cousin asked for demographic and project implementation timeline from Pioneer Human Services and Transitional Resources. Jackie Moynahan indicated Pioneer Human Services is expected to launch the program to the community in 2021 and similarly for Transitional Resources depending on funding timeline. In terms of demographics, Transitional Resources are focusing on populations who are below 30 percent Area Median Income (AMI). Pioneer Human Services is focusing on 60 percent AMI.

Co-Chair Claudia D' Allegri asked for updates through reports. Chris Verschuyl indicated that materials and information will be distributed to the members when there are updates.

Michelle Meaker asked if MIDD funds were utilized to fund any other projects beside the three projects under RR-01 and RR-03. Kate Spetlz added there were previous projects have already been awarded prior to 2018 are still running with MIDD funds.

Brigitte Folz commented that it would be beneficial to get more in-depth information including scope of services when presenting a new initiative in the future.

Deputy Mayor Lynn Robinson asked if there has been any research on impacts in providing high volume supporting housing services in one area, if so, what is considered high volume. Jackie Moynahan indicated the biggest project thus far is 100 housing units. There has been research on whether there is impact on serving supporting housing but not specifically on high volume of supports in one area.

## Briefing: State Legislation in Behavioral Health

Chris Verschuyl, representing DCHS BHRD, spoke about State Legislation in Behavioral Health. Chris Verschuyl asked everyone to look at the handout *Behavioral Health Policy Legislation Update for Partners*.

He provided overviews on several bills:

- HB 1331, SSB 5380, and the Opioid bill increase services for which King County has been advocating.
- HB 1393, SSB 5432, and on health integration legislation outlining removing the Behavioral Health Organization and

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	replacing it with Behavioral Health Administrative Service Organizations (BHASO) and Managed Care Organizations (MCO).  SHB 1394 SSB 5431. This bill requires HCA to assess community capacity to ensure a continuum of care of behavioral health clients.  SHB 1513 SSB 5444, a bill focusing on the Trueblood settlement agreement.  HB 1590, a bill to allow the local sales and use tax for affordable housing to be imposed by council's authority for mental health and housing supporting services.  SHB 1593 and SSB 5516, Behavioral Health innovation and integration campus within the UW school of medicine.  SHB 1876 and SSB 5903 as well as SHB 1907, bills that focus on children's mental health system.  SSB 5720, focusing on Involuntary treatment act.  More details can be found on the handout. Questions/Comments:  Co-Chair Claudia D' Allegri asked if King County will act as liaison between the Health Care Authority (HCA) structural changes and community service providers. Kelli Nomura indicated King County is actively focusing on framing the language in adherence to HCA contracts.  Ann McGettigan asked for clarification that there would be an additional 1/10 of 1% sales tax funding beyond MIDD if approved by the council. Chris Verschuyl confirmed this statement.  Mario Paredes asked about the HB 1393, SSB 5432, on health integration policy which is related to Co-Chair Claudia D' Allegri's clarification. Kelli Nomura indicated that King County is focusing on getting clear directions from HCA moving forward.  Chris Verschuyl shared that King County BHRD is interested in making sure that the non-Medicaid system is adequate for the transition period. Additionally, King County BHRD will continuously work to make sure	
	state funding is supporting capital investments for the behavioral health system.	
Public Comment	Laura Van-Tosh, a community member shared her opposition to bills 5720 and 5431, and focused on bill 5720, the involuntary treatment act. She expressed concerns about extended admission duration at Western State Hospital for involuntary treatment. She proposed that MIDD funds should emphasize in recovery based services instead of inpatient services.	
Adjourned	1:30 PM	
Next meeting	Thursday, March 28, 2019, 12:15-1:45 p.m., Chinook Room 121/123	

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